

MASSAGE THERAPY TECHNICAL ADVISORY COMMITTEE

Quarterly meeting

Monday, December 16, 2024

5800 West Tenth Street, Room 906

Little Rock, AR 9:05 a.m.

MINUTES

Members present: Wendy Scott, Malcolm Keener, Kristy Strother, Krista Moore, Kirby Ellis, Deborah Thompson  
Presiding - Wendy Scott, Krista Moore  
Called to order at 9:05 a.m.

Call to order Scott

Roll Call - Scott

Vote for officers

Kirby Ellis and Krista Moore were each nominated for chair. eventual vote was tied 3-3.  
Then a new motion for chair - Krista Moore - motion by Wendy Scott, second by Kirby Ellis -- vote was unanimous to approve  
for vice-chair, Kirby Ellis - motion by Kristy Strother, second by Krista Moore -- vote was unanimous to approve  
Krista Moore elected chair, Kirby Ellis elected vice-chair

Approval of minutes

motion to approve by Ellis, second by Scott, approved.

Administrative Hearings

Under separate cover

Program Update

Kelli Kersey

CLIPS - still has issues. Renewals are put on the back burner for now. Schools are working well. Parts that are finished are working well. Currently talking to a different company to try to finish up the program.

There is no update on background checks for students.

Ellis would like an accurate count of licensees.

## Legal Update

Craig Smith and Chuck Thompson

Welcome to three new members. Reviewed the duties of committee members for the new members. Legal orientation -- power point presentation for new members, rules, rule-making process, hearings, procedures of committee.

Emphasis placed on what is considered a meeting. Clarification on what is considered committee business, and speaking on issues as a committee member versus as a personal/individual practitioner.

Question/discussion on breast cupping

In Arkansas need to follow the rules for cupping rules for breasts. Discussion on machine cupping. Language in rules does not limit machine cupping, non-heated. The law is permissive, only limitation on cupping is it has to comply with the rules on massage of the breast. The rules do not define what the breast area is.

Committee may want to consider a promulgation of rules on what constitutes the breast tissue.

May also want to discuss best practices. Opinion was offered that safe procedure is there needs to be a special written consent for any procedure specific to the breast site, including cupping.

## Continuing Education Applications

(Old)

1. The Healing Is In the Sound - motion by Scott to approve, second by Ellis -- approved.
2. Them Bones - CE Refresher Course - motion to table by Moore, second by Scott to table until next meeting. Need validation for substantiation of hours of course and substantiation of course content. Tabled.
3. Self Care and Body Mechanics for Massage Therapy - motion to approve by Moore, second by Scott -- approved pending receipt of massage certification to Department of Health.
4. Edema, Lymphedema, - changed from 4 to 6 hour class. Motion to change by Strother, second by Scott. approved.

Continuing Education Applications (continued)

(New)

1. Cupping Part 1 - motion to approve by Ellis, second by Scott -- approved (one opposed)
2. Cupping Part 2- motion to approve, second by Scott - approved (one opposed)
3. Intro to Infant Massage - motion to table by Ellis, seconded, pending complete application packet including transcript, license, course content, diploma, syllabus, timeline. Tabled
4. Intro to Foot Reflexology - motion to table by Strother, second by Moore, due to incomplete packet. Tabled
5. Trauma Informed Massage - motion to table by Ellis, second by Moore, need more information on trauma informed training, mental and first aid training, clarification of description of hands-on techniques to be performed. Tabled.
6. Reiki 1 and 2 - motion to table by Ellis, second by Scott, name change to include 'massage' and 'hands-on' in the title, and need explanation of purpose of the class. Tabled.
7. Reiki 3 The Master Class -- motion to table by Moore, second by Scott, need explanation of the purpose of the class, and need name change to include 'massage' and 'hands-on' in title, and if it is intended to teach Reiki to others, Reiki without hands-on component is not considered massage. Tabled.
8. Stretch Hold Repeat - motion by Moore, second by Scott to deny -- Denied. Need to rework class.
9. Stretching for Longevity -- motion by Ellis, second by moore to deny -- Denied. Need to rework class.
10. Spa Therapies for Your Client - motion and second to approve. Approved.  
Presentation by Kirby Clark Ellis on FSMTB Annual Meeting Recap (with attachment)

Meeting adjourned-3:30 p.m. Next meeting 3-17-2025

