MASSAGE THERAPY TECHNICAL ADVISORY COMMITTEE Quarterly meeting Monday, June 17,2024 5800 West Tenth Street, Eighth Floor Little Rock, AR 9:00 a.m.

MINUTES

Members present: Wendy Scott, presiding; Krista Moore; Leigh Ann Warriner; Julie Eckert, Kristy Strothers, Glen Fleming

Call to order -Scott

Roll Call - Scott

Approval of minutes
motion to approve-Moore, second-Fleming, minutes
approved as written. motion to approve Lim hearing
transcript - Warriner, second - Strothers. hearing
transcript approved.

Continuing Education Applications

- 1. Incorporating Manual Limphatic Drainage Into Your Daily Massage
- Motion to approve with additional information submitted -Warriner, second Moore. Approved.
- 2. Manual Lymphatic Drainage 101
- Motion to approve Moore, second- Strothers. Approved.
- 3. Posture This A CloserLook at Upper/Lower Body Postural Imbalance
- Motion to approve-Moore, second- Strothers. Approved.
- 4. Self Care Part 1 (renamed)
- Motion to table Moore. Second Warriner.
- pending -approve massage therapy part of class, need to remove yoga portion from class, change hours 9 to 7.
- 5. How to Massage Series for the Beginner Motion to table Warriner, second Moore Who is class geared toward, massage therapists should already have learned this information, not enough education to support the course. Tabled

(Continuing education - continued)

- 6. How To Massage Series The Gentle PSOAS Release Motion to table Warriner, second- Moore Need additional education to support the course. Tabled.
- 7. Heart Breakers and Trash Takers -Vascular Issues Motion to approve- Moore, second-Fleming. Approved. 8. Manual Lymphatic Drainage- Massaging Congested Waters

Motion to approve -Moore, second-Fleming. Approved.

9. Oncology Massage - Massaging the Survivor

Motion to approve - Fleming, second- Moore. Approved

10. Reiki Level 1

Motion to approve - Ekert, second- Fleming. Approved (2 opposed)

11. Reiki Level 2

Motion to approve - Eckert, second-Fleming. Approved.

12. Reiki Level 3

Motion to approve - Eckert, second- Fleming. Approved.

13. Reiki Master

Motion to approve - Eckert, second - Fleming. Approved. 14. Uncomfortable Subjects - Child abuse reporting,

registered sex offenders, going to court, MTTAC

hearing, and human trafficking

Motion to approve for 7 hours - Eckert, second-Moore. Approved with Change.

Pre-Licensure Petitions

1. applicant 1 - Motion to approve-Moore, second-Eckert. Approved.

2. applicant 2 - Motion to approve - Moore, second-Warriner. Approved.

Legal Update

Craig Smith

Completed public comment period for massage therapy rules. Will publish on website. Will now go to public health committee, then to ALC subcommittee on rules, then to the full legislative council, then submit rules to secretary of state, then rules can go into effect, estimate about September/October.

Legislative session coming up in 2025. Will talk about this more before it begins.

(Legal Update- continued)

Question by Warriner - on possible changing of state rule on required state hours to make it in line with federal rules in order to be eligible for financial aid.

Cannot do this through Board of Health or as member of MTTAC, this should be industry driven. Reminder that opinions by MTTAC members can only be presented as licensed professionals in the industry.

Question by Eckert - on licensed ministers performing something called 'touch for health'. MTTAC has no authority over ministers/clergy. If someone is engaging in massage therapy without a license, need to go through the established complaint process. Stretch labs do not touch so do not fall under the scope of massage therapy.

<u>UAMS Online Training, and Emailing LMTs</u> Julie Eckert

Presented a motion to approve CE hours for already existing UAMS training (which is free) for 3 hours on mandatory reporting. Training to be credited and reported in the massage therapist's next reporting cycle. Second - Warriner. Approved.

Motion by Eckert to request Deppartment of Health send a notification to licensed massage therapists about updated law and that all massage therapists who complete UAMS course will have 3 hours credited to them in next renenwal cycle.

Craig Smith - legal may be able to get information out with different legal wording and without a motion.

<u>Continuing Education Hours for attendance at MTTAC</u> meetings

Eckert - submitted a request to approve 3 hours of CE for attendance (either in-person or virtual) at quarterly MTTAC meetings, not to exceed 6 hours during a two-year renewal period (3 hours per year). Chuck - this needs to be studied from an administrative standpoint, and how this could be efficiently administered. Will revisit this issue at next meeting.

There was a question about readministering new jurisprudence test when there are new rules.

Program Update

Kelli Kersey

Still cannot renew online through CLIPS. There is no second background check with paper application.

Public Comment

Kirby Clark Ellis - AMTA Arkansas Chapter held state meeting in April. There was a massage therapy awareness day at State Capitol in April. Working on another in October. Reminder of quarterly meetings. Reminder of Sunday night meeting before MTTAC meeting.

Sybil Davis - comments about state test. needs update on the thinking of Department of Health's lack of vote on this subject.

Thompson - responded that the vote is a past issue. Eckert - still has copy of confidential exam in safekeeping. All the work has been done on the test.

Davis - some testing is needed for future therapist, she is not against MPLEX.

Thompson - reminder that public comment is not a back and forth between commenter and legal and/or MTTAC, it is only a time for someone to to submit a comment.

Davis - state could have a state test, it is in the law. Suggestion that future appointments be made to MTTAC of people who are for the industry.

Adjourned at 10:45 a.m. Next meeting - September 16, 2024