# The Arkansas Department of Health Hot Spring County Because Your Health Matters



# **Making Your County Healthier**

The Arkansas Department of Health (ADH) is a centralized public health system with four main Centers and the Public Health Laboratory that work with 94 local health units to provide clinical preventive services, administer public health programs, and issue licenses and certificates. Everything at ADH is done because we believe that communities can be healthier and safer, and people can live longer.

## **Clinical Preventive Health Services**

- Immunizations
- Women's health services
- Women, Infants and Children (WIC) nutrition program
- Testing and support for tuberculosis and sexually transmitted diseases, including HIV

## **Public Health Programs**

- Infectious disease investigations
- Statewide trauma system
- Local emergency preparedness planning
- Tobacco prevention and cessation programs
- Statewide prescription drug monitoring program
- Hometown Health Improvement
- Chronic disease prevention and management

## **Licensing and Certification**

- Vital records (birth, death, marriage)
- Restaurant inspections
- Tests for drinking water
- Hospital and Emergency Medical Services (EMS) Licensing

# **Services Information**

# Budget and Employees, Fiscal Year 2018<sup>a</sup>

Health Department Budgeted Annual Salary/Fringe	\$306,986
Health Department Employees	5

#### **Environmental Services, Fiscal Year 2017**

Food Establishment Inspections	310
Onsite Wastewater System Inspections	85
Swimming Pool Inspections	19

# Local Health Unit Visits, Fiscal Year 2017

BreastCare	5
Family Planning	749
General Medical	35
HIV/STD	251
Immunizations	438
Maternity	N/A <sup>D</sup>
Tuberculosis	118
Women, Infants, and Children (WIC)	1,365

#### Women, Infants, and Children (WIC), Fiscal Year 2017

Number of Vendors	3
Payments to WIC Vendors	\$449,014
WIC Clients Served Annually	1,243

<sup>&</sup>lt;sup>a</sup>Includes County employees only. <sup>b</sup>Maternity services are not available.



# **Hot Spring County**

33,440			State %
00, 0	N/A	22	1.1%
27,741	83.0%	34	73.4%
3,770	11.3%	34	15.4%
1,093	3.3%	36	7.0%
est.			
Number	Percent	Rank	State %
\$42,589	N/A	11	\$42,336
5,685	17.0%	9	18.8%
1,712	24.0%	11	26.8%
2,546	35.7%	40	35.4%
3,682	14.2%	25	14.5%
613	5.0%	17	6.4%
Number	Rate	Rank	State Rate
1,401	760.7	73	512.6
671	325.8	73	222.8
171	104.4	59	69,5
50	26.3	58	20.9
37	105.3	69	78.5
,	50 37	50 26.3 37 105.3	50 26.3 58

\*When low numbers result in unstable injury or death rates, rates are not displayed. Rank was calculated for those counties where rates were available. Rates are per 100,000 population. Injury related discharges are 5-year averages. 5-year average indicates the average number of annual deaths for the most recent 5 years of available data.

Health Indicators <sup>†</sup>	Description	Number	Percent	Rank	State %
Current adult smokers	Adults (18 +) reporting being current smokers.	5,296	20.1%	23	24.9%
Current youth smokers	Students grades 6-12 reporting being current smokers.	179	6.5%	36	5.6%
Low Birth-Weight Babies	Live births where the infant weighed less than 2,500 grams (5 lbs., 8 oz.), 5-year average.	32	9.2%	49	8.8%
Life Expectancy	The average expected life time (in years) from birth.	74.2 yrs.	N/A	52	76.0 yrs.
Natural Teeth	Adults 65+ who have had all their natural teeth extracted.	4,042	15.3%	16	23.0%
Water Systems with Fluoridation	Public water systems containing enough fluoride to protect teeth.	7	77.8%	16	49.7%
		Number	Rate	Rank	State Rate
Infant Mortality, 2012-2016	Measures the number of deaths among children less than one year of age .	12	6.9	38	7.1
Teen births	Births to mothers aged 15 to 19 years, 5-year average.	38	41.5	29	39.5

†5-year average is shown for low birth-weight babies and teen births and indicates the number of births on average each year for the most recent 5 years of available data; Infant mortality number is the total number of deaths over the most recent 5 years available and infant mortality rate is an estimate of the number of infant deaths for every 1,000 live births; Teen birth rates are per 1,000 female population ages 15-19 years.

Major Health Risk Factors	Description	Number	Percent	Rank	State Rate
Food Insecurity	The population who did not have access to a reliable source of food during the past year.	5,890	17.7%	34	18.4%
Physical Inactivity	Adults (Age 18+) reporting no leisure-time physical activity.	8,662	32.8%	30	32.5%
Obesity (adults)	Adults (Age 18+) reporting being obese (BMI >= 30.0)	8,575	32.4%	8	35.7%
Overweight (adults)	Adults (Age 18+) reporting being overweight (BMI >=25.0 - 29.9).	8,837	33.4%	33	32.5%
Obesity (youth)	Students grades K-10 with a BMI >= 95th percentile for age and sex.	1,242	23.0%	32	22.0%
Overweight (youth)	Students grades K-10 with a BMI >=85th percentile to <95th percentile for age and sex.	991	18.3%	54	17.0%
Low Health literacy	Adults with basic or below basic health literacy skills.	9,438	36.1%	26	37.1%
Substance Abuse (youth)	Students grades 6-12 reporting using drugs in the past 30 days.	287	10.4%	46	9.9%

#### For more information contact:

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Hours: 8:00 a.m. - 4:30 p.m.

Mon. - Fri.



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