



ARKANSAS DEPARTMENT OF HEALTH

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Viral Respiratory Diseases Weekly Report **2025-2026**

Week Ending Saturday 02/07/2026

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The Arkansas Department of Health (ADH) produces a Weekly Viral Respiratory Diseases Report for clinicians. The report provides information on Influenza, COVID-19 and Respiratory Syncytial Virus (RSV) activity in the state, the report also shows links to view and compare national activities. Arkansas also shares a dashboard of influenza-like-illness hospitalizations and influenza related deaths on ADH website. ADH receives reports of only a fraction of flu cases since it only requires reports of flu hospitalizations, deaths, and outbreaks. Therefore, it is important to understand that the information in the weekly update does not reflect the overall disease burden. It is presumed that there are many more people affected than the report shows. Clinicians and policymakers may find the report helpful in terms of communicating to colleagues and patients about the status of viral respiratory diseases in the state and nationwide.

Report Key Points for Week 5:

- Arkansas reported “High” or 9 out of 13 for the Influenza-Like-Illness (ILI) activity level indicator determined by data reported to ILINet.
- Outpatient visits for ILI reported through ILINet from the Sentinel Providers were at 4.4%.
- The average school absenteeism rate last week was 7.3% among public schools.
- This flu season, 26 influenza outbreaks have been reported from nursing homes or other congregate setting institutions.

Resources where you can view other Arkansas and national data, report flu:

You can report flu year-round and view the Influenza-Like-Illness Dashboard and Viral Respiratory Disease Weekly Report during the influenza season at:

<http://www.healthy.arkansas.gov/programs-services/topics/influenza>.

You can also access the reporting website directly at:

<https://FluReport.ADH.Arkansas.gov>.

CDC - Seasonal influenza (Flu) - Weekly Report:

<https://www.cdc.gov/fluview/index.html>

CDC - FluView interactive:

<https://www.cdc.gov/fluview/overview/fluview-interactive.html>

NHSN Hospital Respiratory Data (HRD) Dashboard

<https://www.cdc.gov/nhsn/psc/hospital-respiratory-dashboard.html>

CDC - Viral Respiratory Diseases Summary:

https://www.cdc.gov/respiratory-viruses/data/activity-levels.html#cdc_data_surveillance_section_1-summary

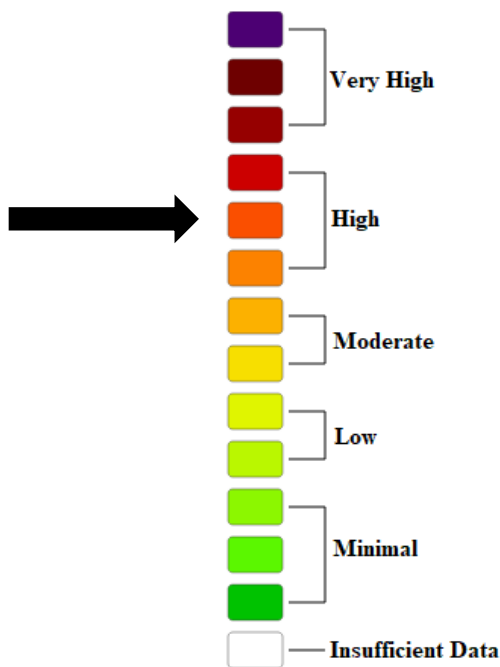
CDC - Other respiratory viruses: visit the national respiratory and enteric virus surveillance system (NREVSS):

<https://www.cdc.gov/surveillance/nrevss/index.html>

World Health Organization (WHO): For additional national and international influenza and other respiratory diseases information:

<https://www.who.int/tools/flunet>

Weekly Arkansas ILI Intensity Level Reported by Sentinel Providers

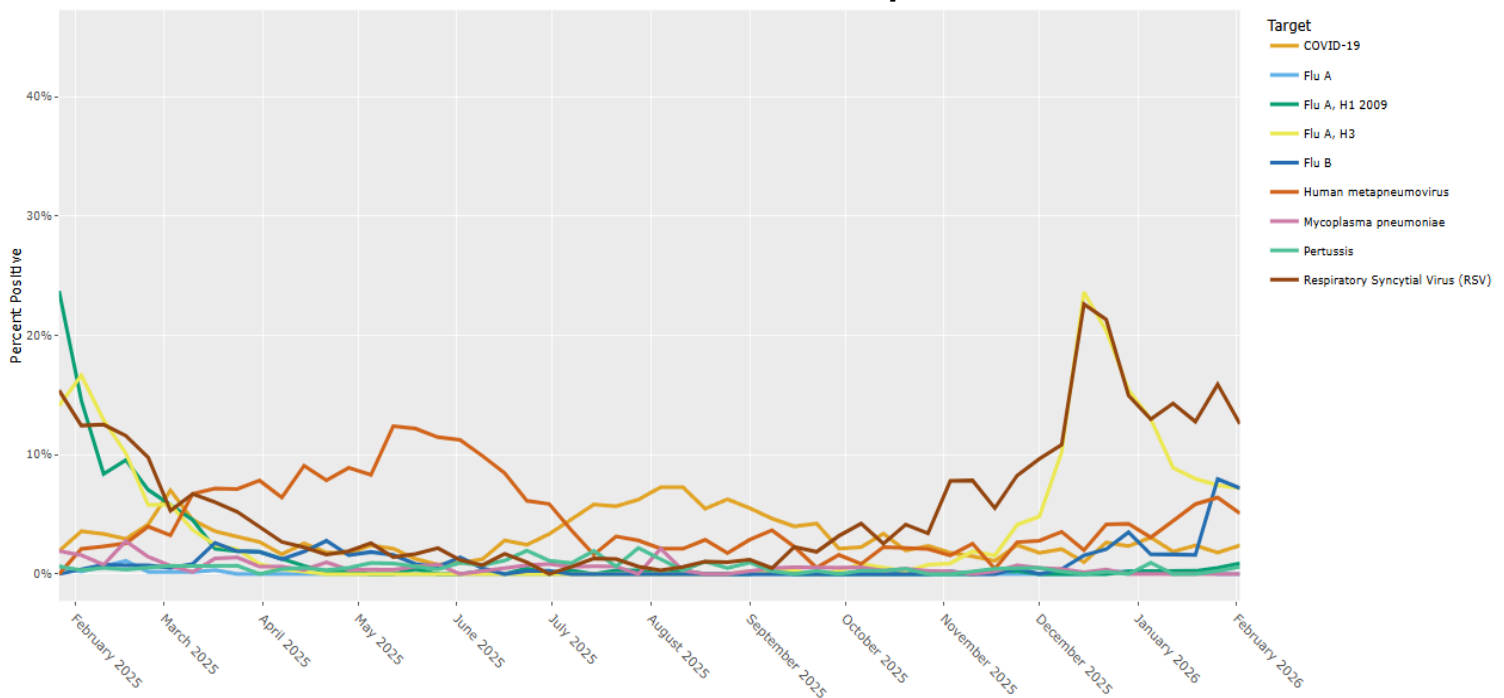


Lab Confirmed Influenza Cases

Reported flu cases reflect only a portion of the actual numbers of flu cases in the state.

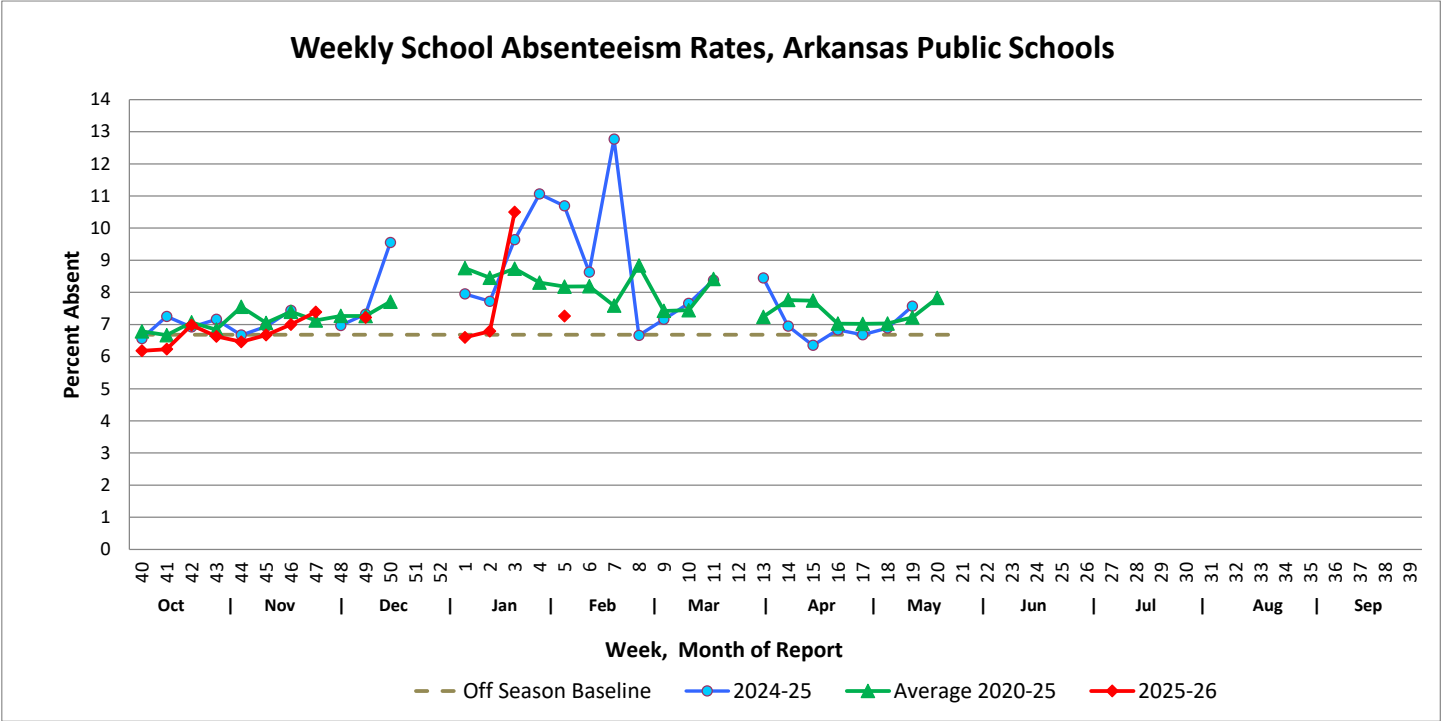
Tests	Week 5	Cumulative Cases Since 09/28/2025
Flu A+	463	5,992
Flu B+	227	1,600
Flu A and B	6	71
Flu B/Victoria	1	1
Flu B/ Yamagata	0	0
Flu A, H1N1+	6	26
Flu A, H3+	27	214
Flu A, H5+	0	0
Total	729	7,904

Respiratory Diseases Test Positivity Trend in Children seen at Arkansas Children's Hospitals

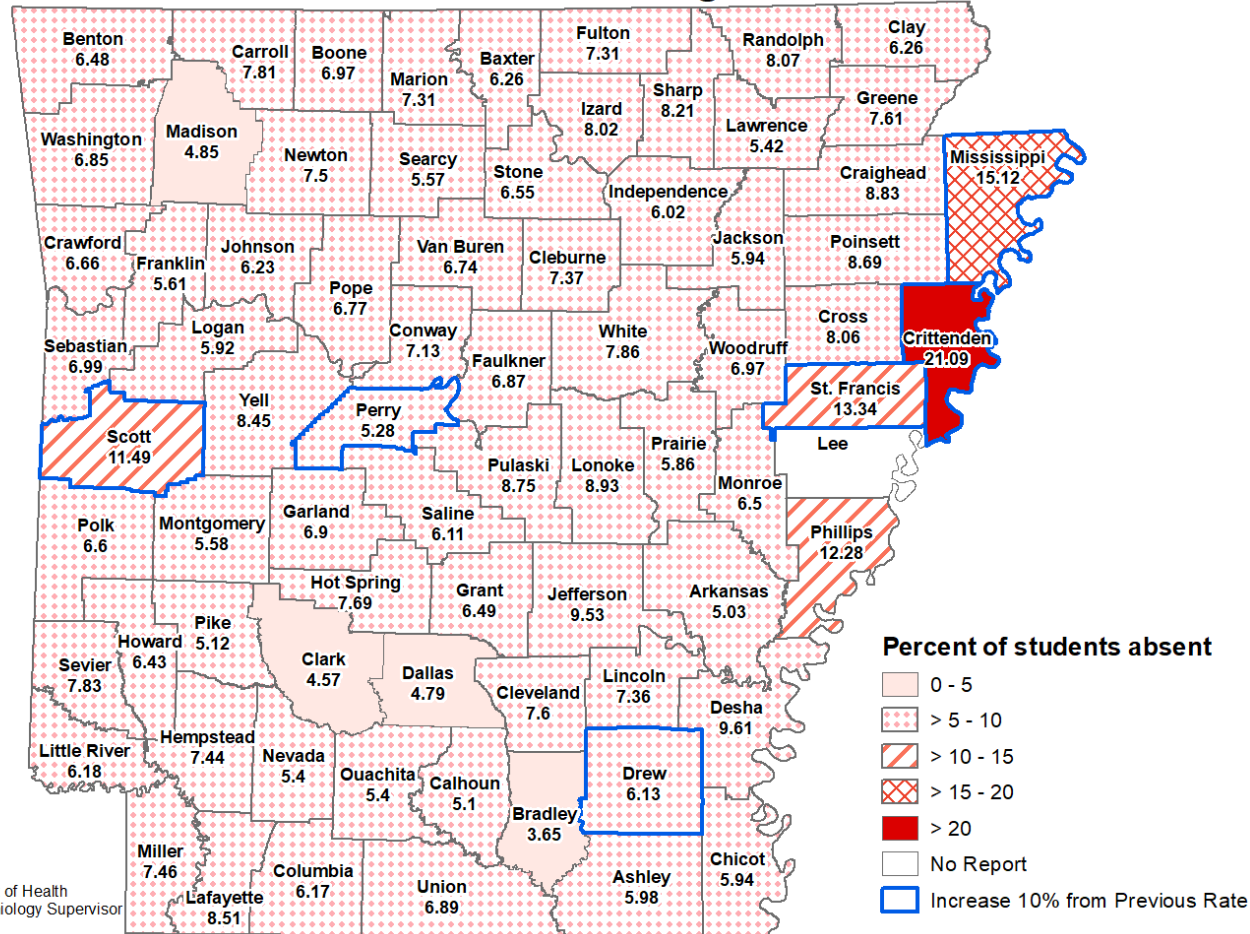


The figure above shows the trends over time in percent positivity for certain respiratory diseases in children seen at Arkansas Children's Hospital located in Little Rock and Arkansas Children's Northwest in Springdale as well as the Arkansas Children's clinics located around the state. Percent positivity is defined as the total number of positive tests for a particular respiratory disease divided by the total number of tests done for that same disease multiplied by 100.

Schools Report



School Absenteeism Rate per County, Arkansas 2025-2026 Percent Absent for Week Ending 2/7/2026



Date: February 11, 2026
Source: Arkansas Department of Health
Author: Haytham Safi, Epidemiology Supervisor

Weather is still casing most of the schools absenteeism in east Arkansas

Weekly Influenza Claims Paid by Medicaid and BCBS of Arkansas

