

# Stroke Transitions of Care Transitions of Care Toolkit



## Q & A

### What is transitions of care?

- The movement of a patient from one setting of care to another or home (Transitions of Care, 2018).

### Why is transitions of care processes important?

- With every transition, there is potential for miscommunication and an increased risk for adverse outcomes. A systemic process that involves patient/caregiver and multidisciplinary team, reduces this risk.
- A lot of information is provided during the hospitalization and discharge process. A patient is not always ready to engage during those times and often returns home without adequate knowledge of diagnosis, medical treatment provided during stay, what to do once home, etc.

### Who needs a Stroke Transitions of Care process?

- Any facility that admits and discharges stroke patients.
- What is involved in a transitions of care process?
- Multi-disciplinary team, patient/ caregiver begins discharge coordination at the time of admission.
- Education throughout the entire hospital stay.
- Follow up with appropriate physician.
- Follow-up telephone call or visit consisting of patient status, addressing patient's needs, and data collection.

Link to TOC Toolkit:

<https://www.healthy.arkansas.gov/programs-services/topics/stroke-resources>

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## Facts

- 3.8 million 30-day readmissions with a 14 percent readmissions rate at an average cost of \$15,200 each was reported in 2018 (Weiss & Jiang, 2021).
- An early, discharge preparation process has shown significant decrease in hospital stays, readmission risks, and mortality risks (Bajorek & McElroy, 2020).
- With a routine transitions of care process, patient complications are discovered earlier and provide multiple opportunities to address needs.

### Stroke Transitions of Care Toolkit

- Provides hospitals with the ADH post-discharge recommendations for transitions of care.
- Provides an organized process for data collection pertaining to stroke patients by providing tool, tips, and resources for organizing the process.