

MASSAGE THERAPY TECHNICAL ADVISORY COMMITTEE

Quarterly meeting

Monday, September 16, 2024

5800 West Tenth Street, Room 906

Little Rock, AR 9:00 a.m.

MINUTES

Members present: Wendy Scott, Leigh Ann Warriner, Glen Fleming, Julie Eckert, Kristy Strother, Krista Moore
Presiding - Wendy Scott
Called to order at 9:13 a.m.

Call to order

Roll call

Approval of minutes

motion to approve by Moore, seconded by Strother,
approved.

Administrative Hearings

Under separate cover

Continuing Education Applications

1. Self care part 1 (renamed) - withdrawn
2. How to massage series for the beginner - motion and second to approve -- approved
3. How to massage series - PSOAS release - motion by Moore, seconded by Eckert to approve -- approved
4. Edema, Lipidema, Lymphedema - motion by Strother, second by Moore to approve - approved
5. Oncology Massage part 2 - motion by Moore, second by Warriner to approve (add Arkansas Dept of Health) approved
6. Heal it and Feel it - motion by Eckert, second by Moore to approve -- approved
7. The total five senses - approval pending receipt of diploma and transcript from massage school, motion by Warriner, second by Moore
8. Spa Experience part 2 - approval pending receipt of diploma and transcript, motion by Warriner, second by Moore
9. Understanding the diagnostic frozen shoulder - approval pending modification to 9 hours of learning - motion by Moore, second by Fleming

(Continuing Education applications -- continued)

10. Ashiatsu barefoot massage I -motion to approve by Strother, second by Warriner - approved, will send additional information about CEUs and experience
11. Ashiatsu barefoot massage II - motion by Strother, second by Fleming pending need to show CEUs and experience, will send additional information about CEUs and experience
12. Massage and Scoliosis - motion to approve by Moore, second by Fleming
13. The healing is in the sound - motion to table by Strother, second by Warriner, pending receipt of additional information on diploma, transcript, license, experience, CE courses - Tabled.
14. Them Bones - motion to table by Strother, second by Warriner, pending receipt of additional information on diploma, transcript, license, experience, CE courses - Tabled.

Motion presented by Julie Eckert

Motion to approve 2 hours of CE for in-person attendance at a regularly scheduled MTTAC meeting, not to exceed 6 hours of CE during a 2-year renewal period. certificate to show attendance. second by Strother - passed.

Reiki Discussion

Leigh Ann Warriner

Discussion of Reiki and relationship to massage if someone is practicing Reiki and doesn't have a massage therapy license. Reiki not covered under massage therapy laws, only in rules and regulations. Reiki is a spiritual healing art, not massage. The practice is not massage therapy, according to state law. Massage involves touching with force, Reiki does not fall within massage therapy. There is not a license for Reiki, anyone can teach, practice it and charge for it. Massage therapists can be Reiki practitioners. There may be a typo in the rules and regs -- 5 hours v. 5 %.

Program Update

Kelli Kersey

CLIPS is working great, but there are parts still not working. online renewals -- issue with developer. Trying to hire a new company.

Legal Update

Craig Smith

The rules are posted on the new website. Waiting to see what changes come next year.

Public Comment

Kirby - national convention held in Tampa, FL. state education convention will be Oct 26-28 in Springdale. Always a Sunday night networking event before the MTTAC meeting.

There is an AMTA government relations webinar Nov. 12. Donna McGriff - Has taught non-hands on modalities at various times in the past. No CEUs for Reiki were approved. Personal comments in support of Reiki.

Meeting adjourned-3:30 p.m. Next meeting December 16,2024

