

MESSAGE THERAPY TECHNICAL ADVISORY COMMITTEE
Quarterly meeting
Monday, June 16, 2025
5800 West Tenth Street, Room 906
Little Rock, AR 9:04 a.m.
MINUTES

Members present: Wendy Scott, Kristy Strother, Krista Moore,
Deborah Thompson, Glen Fleming
Presiding - Krista Moore
Called to order at 9:04 a.m.

Call to Order - Moore

Roll Call - Moore

Approval of minutes

Motion to approve by Strother, second by Scott, approved.

Administrative Hearings

Under separate cover

Act 990s

1. Motion to approve by Scott, second by Fleming, approved.

Continuing Education Applications

(Old)

1. Intro to Infant Massage - motion by Fleming to not approve,
seconded by Scott -- failed. Can be re-submitted. Needs hand-
written letter from company that owns the copyrighted material.

2. Intro to Foot Reflexology - Kelli to take off/get rid of,
because it is the exact same as the amended class of (New) 1.
Beginning Reflexology for Foot and Hand.

Continuing Education Applications (Continued)

(New)

1. Beginning Reflexology for Foot and Hand - motion by Moore to
table, seconded by Strother -- tabled. Needs to add more details
and description on entire course, course content, and timeline.

2. Hand Reflexology - motion by Moore, seconded by Scott --
passed.

3. Foot Reflexology - motion by Moore, seconded by Fleming --
passed.

4. Using Essential Oils in Your Massage - motion by Strother,
seconded by Fleming -- passed.

5. Oncology Massage Part 3: Certification - motion by Moore, seconded Scott -- passed under the condition the word certification is changed to completion.
6. Awkward Positions: Chair Massage, Side-lying, Desktop Massage - motion by Scott, seconded by Fleming -- passed.
7. Anatomy of the Spider: Sex Trafficking and How Illicit Massage Business' Work - motion by Strother, seconded by Fleming -- passed. Could potentially come back to make class longer than 6 hours, since there is a lot of material.
8. Level 1 Ashiatsu Routine - motion by Moore to table, seconded by Fleming -- tabled. Must be reworked as a 9 credit hour class with a complete, detailed timeline, unless more in-person training is submitted to make it to the 18 credit hours.
9. Career Pathways for the L.M.T. - motion by Scott, seconded by Strother -- passed. The word Navigating is being added back to the title, making it Navigating Career Pathways for the L.M.T. (One opposed)
10. Full Body Techniques - motion by Scott, seconded by Fleming -- passed.
11. Compress, Reset, Restore - motion by Fleming, seconded by Moore -- passed. Class is being amended to 10 credit hours, instead of 8 credit hours.
12. Intro to Massage Cupping and tender points - motion by Moore for pending approval, seconded by Fleming -- pending approval. Needs to revise timeline by adding detail, and needs to be emailed to Ms. Adcock, to then be emailed to all Board members. Will be approved upon completion of this.
13. Advanced Perspectives of Therapy - motion by Fleming, seconded by Moore -- passed.

Legal Update

Craig Smith - The Department has been going through the Acts from this session that will affect massage therapy and a draft of the proposed amendment to the rules for massage therapy has been completed. A special meeting will need to be scheduled shortly, on Teams, in order for the Board to review and approve the rules, so they can proceed with the rule promulgation process and be presented to the State Board of Health, in July.

Public Comments

Question by Glen Fleming - When a class is submitted, does it have to go through regular mail, or can it be digital? Answer by

Kelli Kersey - They have to physically mail in 2 copies.

Comment by Krista Moore - Everything must be sent to Kelli Kersey and received by 2 weeks prior, for them to be on the agenda.

Meeting adjourned - 12:36 p.m.