

WE SPEAK!

STRENGTH

FUN

HOPE

JOY

LOVE

FAMILY

HAPPINESS

HEALTH

FUTURE

ADVENTURE

KNOWLEDGE

FRIENDSHIP

My Reason to Write.

POEM • ESSAY • LYRICS

Describe the ways you can live tobacco- and nicotine-free.

Make your voice heard loud and clear. Challenge friends to join the conversation!

What inspires you to be nicotine- and tobacco-free? Share your words of power.

Entries must be submitted by mail, email, or to the website by 5 p.m. on Friday, April 10, 2020 to the following:

Mail: Laura Taylor
Arkansas Children's Hospital
1 Children's Way, Slot 669
Little Rock, AR 72202

Email: taylorlb@archildrens.org

Website: projectpreventar.org

ESSAY ENTRIES

Grades 2-3: 200-300 Words
Grades 4-6: 300-450 Words
Grades 7-8: 450-750 Words
1st, 2nd & 3rd Place Awards

LYRICS/POETRY ENTRIES

Grades 2-3: 100-150 Words (two verses & a chorus/lyrics)
Grades 4-6: 100-150 Words (two verses & a chorus/lyrics)
Grades 7-8: 100-150 Words (two verses & a chorus/lyrics)
1st, 2nd & 3rd Place Awards

HOW TO ENTER

Beginning **January 6, 2020**, students may submit their entries at projectpreventar.org. Entries must be received **before Friday, April 10, at 5 p.m.** Learn more at projectpreventar.org.

