



ARKANSAS DEPARTMENT OF HEALTH APPROVED DOULA TRAINING PROGRAMS CRITERIA

Doula training organizations seeking to be considered for approval by the Arkansas Department of Health for Community-Based Doula Certification must provide a minimum of 16 total hours of didactic training and birth experiences which include all of the following topics:

- Lactation support—4 hours
- Childbirth education—4 hours
- Foundations on anatomy of pregnancy and childbirth—4 hours
- Nonmedical comfort measures, prenatal support, and labor support techniques—4 hours
- Developing a community resource list
- Attending three (3) birth experiences with three (3) unique families (minimum of five (5) hours per family)

Organizations seeking to be added to the approved list may complete the ADH Training Organization Attestation form. Forms will be accepted November 1 through November 30 each year. Approval or Denial will be provided by December 20 each year.