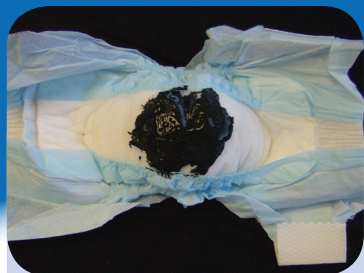


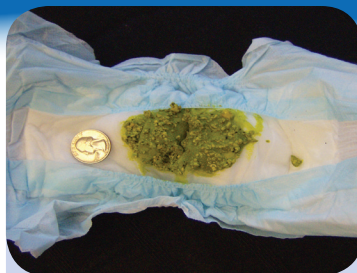
# Breastfed Baby Diaper Count



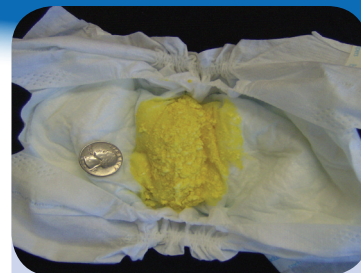
**DAY 1 - DAY 2**  
Black Sticky



Brown



Green or Yellow



**DAY 5**  
Yellow Seedy

## DAY 1 - DAY 2

The number of wet diapers and poop diapers will vary.



## DAY 3

Wet Diapers   
Poop Diapers 



## DAY 4

Wet Diapers   
Poop Diapers 



## DAY 5

Wet Diapers   
Poop Diapers 



## DAY 6

Wet Diapers   
Poop Diapers 

## DAY 7

Wet Diapers   
Poop Diapers 

## DAY 8 - DAY 28

Wet Diapers   
Poop Diapers 

### GOAL

Will Vary

3 or more

3 or more

4 or more

3 or more

6 or more

3 or more

6 or more

3 or more

6 or more



3 or more

6 or more

3 or more

## First 4 Weeks of Life

Use this record when you change your baby's diaper.

- 1.) Make a "✓" on **wet diaper** () each time your baby has a wet diaper.
- 2.) Make a "✓" on the **poop diaper** () each time your baby has a poop diaper.

The poop should change color from black to yellow by day 5.

**Only count stools that are bigger than a quarter.**

A tissue put inside the disposable diaper will show you when the diaper is really wet.

**Get your baby a weight check by day 5.**

What goes in must come out!  
Breastfeed at least 6 times on day 1.  
Breastfeed at least 8 times on days 2 to 28.

Call your breastfeeding helper if your baby has less than the goal on the record.

**Arkansas WIC Breastfeeding Helpline**  
**1-800-445-6175**



**BreastMilk**  
100% Natural Ingredients



# Breastfed Baby Diaper Count Day 9 to Day 28

**Goal (objetivo) for Day 9 to Day 28**  
is **6 or more wet diapers (6 o más pañales mojados)** and  
**3 or more poop diapers (3 o más pañales con caca).**



## DAY 9

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 

## DAY 10

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 


## DAY 11

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 



## DAY 12

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 



## DAY 13

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 

## DAY 14

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 

## DAY 15

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 

## DAY 16

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 



## DAY 17

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 



## DAY 18

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 



## DAY 19

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 



## DAY 20

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 



## DAY 21

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 



## DAY 22

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 



## DAY 23

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 



## DAY 24

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 



## DAY 25

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 


## DAY 26

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 

## DAY 27

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 

## DAY 28

Wet Diapers (pañales mojados)   
Poop Diapers (pañales con caca) 