



## Child Health Advisory Committee

### Minutes

August 15, 2024 · 9:00 a.m. – 11:00 a.m. · Zoom Only

Call to order: 9:05 a.m.

Zoom: Ashten Black, Shannon Borchert, Patrick Casey, Jerri Clark, Carole Garner, Lucas Harder, Gabriella Hicks, Cheria McDonald, Carmel Perry, Josh Phelps, Camille Richoux, Ray Samaniego, Bala Simon, Jennifer Wessel, Tammie Works  
Absent: Mitch Mathis, Nathan Morris, Dave Oberembt, Elaine Prewitt

Staff: Shanetta Agnew, Shy Whitley-Smith

Guests: Sarah Brisco, Amy Davidson, Kenya Eddings, Pamela Hutchins, Taylor James, Jennifer Morrow, Lisa Mundy, Dave Oberembt, Stephen Reynolds, Gwendolen Robinson, Ariel Rogers, Tommie Rogers, Kulsoom Shaikh, Dietrich Smith, Brett Stone

Review of July minutes: S. Borchert moved to accept the minutes; R. Samaniego seconded. Motion passed.

Act 1220 & Coordinated School Health Reports: reports are changed from the July meeting. S. Borchert moved to accept the reports, L. Harder seconded. Motion passed.

Summer Professional Development-

- May 7, 2024, Arkansas River Education Service Coop, School Wellness Committee Workshop. Shanetta A. and Shy Whitley-S. presented health improvement plans, AR App and wellness committee guidelines. Approximately 12-13 were in attendance, attendees included counselors, social workers, and wellness chairs were in attendance. *Hosted by CHPS Rosemary Withers*
- June 4, 2024, Great Rivers Education Service Coop, School Wellness Committee Workshop. Shanetta A. and Shy Whitley-S. presented health improvement plans, AR App, wellness committee guidelines, and AR health standards updates. 20 attendees and their job positions included: counselor, teacher, nurse, and paraprofessionals. *Hosted by CHNS Reanetta Caffey and CHPS Rosemary Withers*
- June 12, 2024, Improving School Wellness Virtual Workshop (Crowley's Ridge, Ozarks, and Northwest Coops) 51 school professionals were in attendance. *Hosted by CHPS Taylor James, Meggi Augustosky, and Sarah Brisco*
- July 15, 2024, SW Region Virtual Wellness Workshop. *Hosted by CHPS Pamela Hutchins*
- Currently there are 828 SHI submissions/responses reported online.

Coordinated School Health Advisor Report (Lisa Mundy & Ariel Rogers):

2024 Coordinated School Health Conference was held in Little Rock at the Airport Holiday Inn June 19-20. This conference was held in coordination with SHAPE-Arkansas, the Arkansas School Nurses



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Association, and Arkansas Children’s Hospital. Approximately 368 was the total attendance for the conference; 36 vendors and 332 attendees.

### Old Business

Brett Stone, Ph.D. Survey Procedures & Research; presented an update on his research study aimed to help inform CHAC members on the perception of physical education (PE) and physical activity (PA) policy recommendations.

### Research questions

- Primary question:
  - What is the perceived purpose of physical education, and does it differ between public health and physical education professionals?
- Secondary questions:
  - Does current physical education achieve that perceived purpose? Are PE teachers trained to achieve that perceived purpose?

### Methods

- Survey: 20 questions, 10-15 minutes to complete
- Survey will be emailed to all CHAC members
- CHAC members are requested to complete the survey and forward to their constituents
- Reminder notices will be sent periodically
- Survey period is proposed 35 days (to cover the time between scheduled CHAC meetings).

B. Stone, shared with the group that the survey he initiated received a high response rate from CHAC members and he informed CHAC that he will propose to the IRB an extension of 90 days to give staff in public school’s time to complete the survey and propose permission to approach each organization of which CHAC members represent. The survey will be re-submitted the week of September 16-20, 2024.

Stephen Reynolds, DESE legal “Nutrition and Physical Activity” (revised rules) presented on modifications included: formatting and organizational changes of Act 723 of 2003. [Bill Drafting Template \(state.ar.us\)](#) In Section 3.08.2, substantive language was added. DESE will be going before the State Board of Education for release for public comment at the September 12 board meeting.



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J. Clark informed of a compiled list of resources that schools can use to incorporate breastfeeding education related to the nutritional benefits and health classes.

K. Eddings inquired clarity on who receives the breastfeeding education? A. Rogers shared it is for all 9-12 grade students and they receive half credit of health. (e.g. semester of health, and then one semester of physical education). J. Clark, provided the group with the Arkansas Code 6-16-1007 <https://advance.lexis.com/documentpage/?pdmfid=1000516&crid=1e0c23f8-fc43-419d-a243-63060dd9dbe5&config=00JAA2ZiM2VhNS0wNTVILTQ3NzUtYjQzYy0yYWZmODJiODRmMDYKAFBvZENhdGFsb2FxiYCNsel0pllggpYkw9PK&pddocfullpath=%2Fshared%2Fdocument%2Fstatutes-legislation%2Furn%3AcontentItem%3A68BV-DJF0-R03K-0377-00008-00&pdcontentcomponentid=234170&pdteaserkey=sr0&pditab=allpods&ecomp=6s65kkk&earg=sr0&prid=7c052fc6-a96b-4dc0-a318-e3551d443442>

L. Harder moved to accept the revisions of the CHAC bylaws; R. Samaniego seconded. Motion passed by two-thirds vote.

- 10<sup>th</sup> organization's name needs to be changed to Division of Agriculture of the University of Arkansas vs University of Arkansas Division of Agriculture Cooperative Extension Service
- 11<sup>th</sup> organization's name needs to be changed to Office of Health Disparities Elimination vs Office of Minority Health and Health Disparities, Arkansas Department of Health

S. Borchert gave an update on the FY23 and FY24 CHAC recommendations. July 25, 2024.

S. Borchert presented at the ADH State Board of Health Meeting. There were a lot of questions regarding the mental health section. Additional questions were asked referencing the size of a building and number of students (such as schools use buildings versus facilities and space). Those recommendations have been tabled until further clarification and the other recommendations will move forward in the approval process. The revised FY23 and FY24 documents will be shared with CHAC members.

### New Business

Approval of recommendation letter in support of Dr. Judith Weber's NIH P01 application

The project's previous submission was to evaluate the Healthy Active Arkansas initiative and its impact on obesity and that was not accepted. Therefore, the direction of the program is changing to evaluate the policies and recommendations developed by the Child Health Advisory Committee and their potential impact on childhood BMI rates.



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She is requesting CHAC members to offer any guidance and feedback to the following aims.

- 1) Determine the exposure “dose” of CHAC-recommended nutrition and physical activity policies and programs delivered at the school level (SPPs).
- 2) Assess barriers and facilitators to the implementation of CHAC-recommended policies and programs in schools (SPPs).
- 3) Test the association between the implemented dose of CHAC nutrition and physical activity policies and programs delivered in the schools and BMI trajectories at the school level in Arkansas.

The project will look at the difference between the original recommendations that were adopted as rules and in all the subsequent years of recommendations. A title and description of CHAC will be included.

S. Borchert moved to second the approval of the letter of support of Dr. Weber’s NIH P01 project.  
C. McDonald seconded. Motion passed.

FY25 subcommittees presented draft of recommendations.

- Nutrition Environment & Services: Strongly encouraging school districts to provide lactose, free or reduced lactose milk to all the students that have lactose intolerance. In talking to some school districts, the group has found that some are using a milk substitute like oat milk rather than using lactose free milk, because of product availability.
- Family Engagement: Has reviewed the School Health Index (SHI) to identify which questions are assessing family and community engagement and then discuss what’s priority within in our working organizations and pull the PTA family and community engagement pieces. As well as the School Health Association and the School Boards Association on Family and community engagement. One of the drafted recommendations is “that school family engagement nights include information regarding the transition of children to adult health care.”
- Health Services: Has received some guidance on gun safety and a submission for clarification has been completed. The group also discussed incorporating mental health recommendations within their proposal.



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#### Member & Non-Member Updates/Announcements

USDA Makes Record-Breaking \$14.3 Million Investment in Farm to School Grants  
Grants will increase local foods in school meals and improve nutrition security for children  
[Patrick Leahy Farm to School grants](#)

Nettleton Public Schools – \$44,115 Jonesboro, AR Grant Type: Turnkey - Edible Gardens Nettleton Public Schools will expand school gardens in two of its elementary schools—STEAM Elementary and STEAM Intermediate. Both schools currently operate school gardens and are in the beginning stages of offering food from the gardens in school meals and snacks. The project funding will also help increase the variety and quantity of foods that Nettleton Public Schools will be able to grow and provide in its meal offerings. Funds will be used to construct greenhouses, purchase necessary supplies, perform maintenance on STEAM Intermediate’s hydroponics stations, and pay a stipend for a Summer Farm Camp teacher. Nettleton Public Schools has identified Lost Creek Flower as a community partner to provide agricultural assistance. The Nettleton Public Schools district leadership, Food Service department, and Agriculture department are also fully in support of the farm to school program.

Jennifer Morrow, with Bentonville Schools will be replacing Paula Rawls as the CHAC member representative of the Arkansas Association for Supervision and Curriculum.

A. Davidson, shared with the committee that the School Based Health Center (SBHC), will be celebrating 15 years of being grant funded. In October all the SBHC coordinators will convene for a fall training in Mount Magazine.

J. Clark informed the committee that CDC recently released a 10-year trend report for the Youth Risk Behavior Surveillance Survey (YRBSS). Furthermore, they received notice they have been awarded another 5-year funding cycle for the state of Arkansas. [Youth Risk Behavior Survey Data Summary & Trends Report: 2013-2023 \(cdc.gov\)](#)

FY25 CHAC Committee Breakout Sessions were conducted for 40-50 minutes.

Adjourn: 11:00 am.



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Join Zoom Meeting:

<https://us02web.zoom.us/j/83582295337?pwd=Uk1JZGxSUmdqYS9YeTF4TXNHdXJVQT09>

Meeting ID: 835 8229 5337 Passcode: 229369

One tap mobile: +1 646 931 3860 US, +1 301 715 8592 US (Washington DC)

Next Meeting: Thursday, August 8, 2024, from 9:00 – 10:00 am.

*State Board of Health meetings are held quarterly on the 4<sup>th</sup> Thursday of each month. Next meeting is September 12, 2024.*

*State Board of Education meetings are held monthly on the 2<sup>nd</sup> Thursday of each month. Next meeting is September 26, 2024.*