Arkansas Department of Health

Arkansas State Board of Nursing
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POSITION STATEMENT
08-1
Expedited Partner Therapy

Expedited Partner Therapy (EPT) is "the practice of treating the sex partners of persons with sexually transmitted diseases (STDs) without an intervening medical evaluation or professional prevention counseling" (Centers for Disease Control, 2006).

The Arkansas State Board of Nursing has determined that it is within the scope of practice of the advanced practice registered nurse (APRN) with prescriptive authority to prescribe EPT to their patients' heterosexual partner(s) with suspected gonorrhea and/or chlamydia. The prescription shall be in the partner's name.

Adopted May 15, 2008
Revised June 14, 2012