

Arkansas Pregnancy Risk Assessment Monitoring System (PRAMS) Survey

2022 Surveillance Report

A Survey to Improve the Health of Babies and Mothers in Arkansas



**Arkansas Department of Health
Survey Section, Vital Records and Health Statistics Branch
Division of Health Data and Analytics**

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Table of Contents

	Page
List of Tables by General Topic	i
Introduction	1
Maternal Demographics	2

BEFORE PREGNANCY

Preconception Health and Insurance

Table 1. Pre-pregnancy BMI	3
Table 2. Preconception Health.....	3
Table 3. Multivitamin, Prenatal Vitamin, Folic Acid Use	4
Table 4. Pre-pregnancy Health Care Visit	4
Table 5. Advice on Pre-pregnancy Health.....	5
Table 6. Advice on Pre-pregnancy Health Preparation.....	5
Table 7. Pre-pregnancy Type of Health Insurance	6
Table 8. Prenatal Care Insurance	6
Table 9. Current Type of Health Insurance	7
Table 10. Desire for Pregnancy	7
Table 11. Trying to Get Pregnant.....	7
Table 12. Trying to Keep from Getting Pregnant.....	8
Table 13. Reasons for Not Using Contraceptives.....	8
Table 14. Type of Birth Control Used.....	9

DURING PREGNANCY

Prenatal Care

Table 15. Prenatal Care in First Trimester	10
Table 16. Health Care Worker Advice During Prenatal Visits	10
Table 17. Prenatal Visit Discussion	11
Table 18. HIV Testing	11
Table 19. Reason for No HIV Testing	12
Table 20. Offered a Flu Shot 12 Months before Delivery	12
Table 21. Had Flu Shot 12 Months before Delivery	12
Table 22. Had Tdap shot or Vaccination Before Recent Pregnancy	13
Table 23. Dental Cleaning	13
Table 24. Dental Care During Pregnancy	13
Table 25. Home Visitor Assistance with Preparation.....	14
Table 26. Type of Home Visitor.....	14
Table 27. Health conditions during recent pregnancy.....	14
Table 28. Told to Visit Different Doctor due to Gestational Diabetes	15
Table 29. Gestational Diabetes Assistance	15

Pregnancy and Smoking

Table 30. Smoke Cigarettes in the Past 2 Years	15
Table 31. Average Number of Cigarettes Smoked Per Day (3 Months Before)	16
Table 32. Average Number of Cigarettes Smoked Per Day (Last 3 Months)	16
Table 33. Prevalence of smoking before/during/after	17
Table 34. Quit Smoke Activities	18
Table 35. Quit Smoke Time Period.....	18
Table 36. Difficulties with Quit Smoke.....	19
Table 37. Average Number of Cigarettes Smoked Per Day (Currently)	19
Table 38. Smoking Status (Last 3 Months of Pregnancy).....	20
Table 39. Smoking Status After Delivery (Women Who Quit).....	20
Table 40. Number of Smokers in Home (During Most Recent Pregnancy)	20
Table 41. Home Smoking Rules During Most Recent Pregnancy.....	21
Table 42. Number of Smokers in Home (Currently)	21
Table 43. Current Home Smoking Rules	21
Table 44. Types of Nicotine Products Used in the Past 2 Years.....	22
Table 45. How Often E-cigarettes Used (3 Months Before Pregnancy).....	22
Table 46. How Often E-cigarettes Used (Last 3 Months of Pregnancy).....	22

Pregnancy and Alcohol Use

Table 47. Alcohol Use in the Past 2 Years	23
Table 48. Number of Alcoholic Drinks (3 Months Before)	23

Pregnancy and Abuse

Table 49. Abuse in the 12 Months Before Pregnancy.....	23
Table 50. Abuse during Most Recent Pregnancy	24
Table 51. Type of Abuse during Most Recent Pregnancy	24

AFTER PREGNANCY

Infant Hospital Stay

Table 52. Length of Infant Stay in Hospital After Delivery.....	25
Table 53. Infant Alive	25
Table 54. Infant With Mom.....	25

Breastfeeding

Table 55. Mother Received Information on Breastfeeding	26
Table 56. Mothers who ever Breastfeed	26
Table 57. Reason for Not Breastfeeding	26
Table 58. Mothers Who Currently Breastfeed.....	27

Hospital Experiences

Table 59. Hospital's Actions	27
------------------------------------	----

Sleep Position

Table 60. Infant Sleep Position	28
---------------------------------------	----

Table 61. How Often Infant Sleeps Alone	28
Table 62. Does Infant Sleep in a Room with Mother	28
Table 63. Infant Sleeping Style.....	29
Table 64. Health Care Work Talk on Sleep Position.....	29

Home Visitor Assistance

Table 65. Received Home Visit After Delivery	29
Table 66. Home Visitor Discussion.....	30

Postpartum Contraceptive Use

Table 67. Postpartum Birth Control.....	30
Table 68. Reason for Not Using Birth Control.....	31
Table 69. Type of Birth Control	31

Mothers' Postpartum Health

Table 70. Percentage of Mothers Who Have Had Postpartum Checkup.....	32
Table 71. Content of Postpartum Checkup.....	32
Table 72. Testing for Diabetes since Birth of Baby	33
Table 73. If Mother Informed that She Had Diabetes	33
Table 74. If Mother Informed that She Had Prediabetes, Borderline Diabetes	33
Table 75. Mother feeling Hopeless, Depressed	34
Table 76. Mother having Little Interest in Things Usually Enjoyed	34

OTHER EXPERIENCES

Table 77. Services Received During Most Recent Pregnancy	35
Table 78. Yearly Household Income 12 Months Before New Baby	35
Table 79. Number of Income Dependents 12 Months Before Delivery	36

Introduction

The Arkansas Pregnancy Risk Assessment Monitoring System (PRAMS) survey is a joint research project between the Health Statistics Branch of the Arkansas Department of Health and the U.S. Centers for Disease Control and Prevention (CDC). The PRAMS survey was started by the CDC in 1987 to provide states with information needed to reduce the number and percentage of babies that are low birthweight and to prevent infant mortality. The program was later expanded to support the CDC's Safe Motherhood Initiative to help women have healthy pregnancies and deliver healthy babies. Arkansas has been conducting the survey since 1997.

The PRAMS survey collects information from new mothers about their experiences and behaviors before, during, and after their pregnancy that might affect the health of their baby or the health of the mother. Because the same data collection methods are used in all states conducting the survey, Arkansas data can be compared to data from other states.

Women who receive the survey are chosen from a sample of all Arkansas women who recently had a live birth in Arkansas and whose infant is 2 to 6 months at the time of sample selection. The sample is weighted so that the results of the survey are applicable to all eligible women. For 2022, the total number of women sampled was 1,629 and 703 women responded to the survey for a weighted response rate of 45.3%. The denominator for calculating prevalence rates includes all respondents except those with missing, do not know, and refused answers.

PRAMS can be used in several ways:

- To develop programs or interventions to improve infant health
- To identify groups of women at high risk for infant health problems
- To monitor changes in factors related to infant health
- To measure progress towards goals in improving the health of infants

This surveillance report provides results for questions included in the 2022 Arkansas PRAMS survey. Questions on the survey were grouped to capture information on experiences and behaviors before, during, and after pregnancy and other experiences. A more detailed analysis (e.g., race/ethnicity, age, education, etc.) for any of the questions is available upon request.

A copy of the 2022 (Phase 8) survey with the questions referenced in the report is available at:
<http://www.healthy.arkansas.gov/programsServices/healthStatistics/PRAMS/Pages/Questionnaires.aspx>.

For more information about Arkansas PRAMS, please visit:
<http://www.healthy.arkansas.gov/programsServices/healthStatistics/PRAMS/Pages/default.aspx>.

Information about CDC PRAMS is available at:
www.cdc.gov/prams.

Maternal Characteristics of Arkansas PRAMS Respondents, 2022

Characteristics	Responses (n)	Weighted Sample	Weighted Percent	Standard Error
Race/Ethnicity				
White, NH	395	20856	65.3	2.8
Black, NH	203	5489	17.2	2.2
Other, NH	22	1225	3.8	1.1
Hispanic	69	4384	13.7	2.1
Total	689	31954	100.0	
Age				
<20	53	1748	5.4	1.3
20-24	199	9576	29.4	2.9
25-34	344	16688	51.2	3.0
35+	107	4575	14.0	1.9
Total	703	32586	100.0	
Education				
<12	96	4558	14.1	2.1
12	245	9914	30.8	2.8
>12	348	17758	55.1	3.0
Total	689	32230	100.0	
Marital Status				
Married	337	18211	55.9	3.0
Unmarried	366	14375	44.1	3.0
Total	703	32586	100.0	
On Medicaid*				
On Medicaid	350	14869	49.0	3.1
Not on Medicaid	301	15447	51.0	3.1
Total	651	30316	100.0	
Received WIC During Pregnancy				
No	283	16978	52.6	3.0
Yes	407	15309	47.4	3.0
Total	690	32287	100.0	

* Prenatal care paid for by Medicaid or ARKids First.

RESULTS FROM 2022 ARKANSAS PRAMS SURVEY

BEFORE PREGNANCY

Table 1. Body Mass Index (BMI) prior to pregnancy. Derived from survey questions 1-2 about height and weight just before getting pregnant.

Pre-Pregnancy BMI	Responses (n)	Weighted Percent	Standard Error	95% CI	
Underweight (< 18.5)	31	2.9	0.9	1.1	4.7
Normal (18.5-24.9)	216	38.1	3.0	32.2	44.0
Overweight (25.0-29.9)	167	26.3	2.7	21.0	31.6
Obese (30.0 +)	258	32.7	2.8	27.2	38.2
Total	672	100.0			

Table 2. Survey question 4. Pre-pregnancy health conditions. (All applicable "Yes" responses checked.)

Pre-Pregnancy Condition		Responses (n)	Weighted Percent	Standard Error	95% CI	
Type 1 or 2 Diabetes	No	653	94.8	1.4	92.1	97.5
	Yes	36	5.2	1.4	2.5	7.9
	Total	689	100.0			
High Blood Pressure	No	609	93.0	1.5	90.0	95.9
	Yes	80	7.0	1.5	4.1	10.0
	Total	689	100.0			
Depression	No	526	79.5	2.4	74.7	84.3
	Yes	166	20.5	2.4	15.7	25.3
	Total	692	100.0			

Table 3. Survey question 5. Multivitamin, prenatal vitamin or folic acid vitamin use during month before pregnancy.

How often vitamins taken	Responses (n)	Weighted Percent	Standard Error	95% CI	
Didn't take vitamin	410	56.1	3.0	50.3	61.9
1-3 times-week	50	8.8	1.8	5.3	12.2
4-6 times-week	30	3.6	1.0	1.6	5.5
Every day-week	209	31.6	2.8	26.1	37.0
Total	699	100.0			

Table 4. Survey question 7. Any doctor, nurse, other health care worker visit, including dental or mental health in the twelve months before pregnancy. (All applicable "Yes" responses checked.)

Type of Pre-Pregnancy Healthcare Visit	Responses (n)	Weighted Percent	Standard Error	95% CI	
Family Doctor	275	58.3	3.7	51.1	65.5
OB/GYN	242	53.6	3.7	46.3	60.9
Illness/Chronic Condition	95	22.2	3.1	16.1	28.3
Injury	29†	4.9	1.5	1.9	7.8
Family Planning	74	15.6	2.7	10.4	20.8
Depression/Anxiety	95	20.3	3.0	14.4	26.1
Dental Care	240	61.4	3.6	54.3	68.5
Other	62	15.5	2.7	10.1	20.8

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 5. Survey question 8. During health care worker visit before pregnancy, did doctor, nurse or other health care worker talk or ask about any of these.

Health care worker's actions	Responses (n)	Weighted Percent	Standard Error	95% CI	
Tell me about folic acid	152	33.4	3.5	26.5	40.2
Talk about healthy weight	168	35.7	3.5	28.9	42.6
Talk about controlling diabetes or high blood pressure	113	21.0	3.0	15.2	26.8
Talk about desire to have (or not) have children	151	35.3	3.5	28.3	42.2
Talk about birth control	179	36.2	3.5	29.2	43.1
Talk about improving pre-pregnancy health	120	27.5	3.4	20.9	34.1
Talk about sexually transmitted diseases	125	21.2	2.9	15.5	26.9
Ask about smoking	340	79.7	2.9	73.9	85.5
Ask about emotional hurt	233	48.5	3.7	41.2	55.7
Ask about mental health	267	57.8	3.7	50.5	65.0
Ask about employment	266	61.9	3.6	54.8	69.1
Tested for HIV	144	26.5	3.2	20.2	32.9

Table 6. Survey question 10. Did doctor, nurse or other health care worker talk to you about preparing for a pregnancy.

Health care worker pre-pregnancy preparation	Responses (n)	Weighted Percent	Standard Error	95% CI	
Getting vaccines updated	96	54.8	6.1	42.8	66.7
Getting dental care	64	33.6	5.7	22.2	44.9
Getting counseling for genetic disease	47	28.5	5.5	17.5	39.4
Getting counseling for depression and anxiety	53	32.2	5.9	20.5	43.9
Medication safety	110	65.8	5.8	54.4	77.2
Smoking during pregnancy	101	50.8	6.1	38.7	62.8
Drinking alcohol during pregnancy	105	54.3	6.1	42.3	66.3
Using illegal drugs	100	49.5	6.1	37.5	61.4
Effects of secondhand smoke	97	48.8	6.1	36.8	60.8

Table 7. Survey question 11. Type of health insurance a month before getting pregnant with new baby. (All applicable "Yes" responses checked.)

Type of insurance month before pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Insurance from job or job of husband/partner	251	41.5	2.9	35.7	47.2
Insurance from parents	32	3.6	1.2	1.4	5.9
Insurance from Health Care Exchange	39	5.7	1.3	3.2	8.2
Medicaid	274	32.3	2.8	26.9	37.7
ARKids First	22†	1.1	0.5	0.2	2.1
TRICARE or other military health	7†	1.1	0.6	0.0	2.2
Other	28†	3.2	1.0	1.2	5.2
None	86	16.6	2.4	12.0	21.3

Table 8. Survey question 12. Type of insurance used for prenatal care. (All applicable "Yes" responses checked.)

Type of insurance for prenatal care	Responses (n)	Weighted Percent	Standard Error	95% CI	
Did not have any prenatal care	47	6.2	1.5	3.2	9.2
Insurance from job or job of husband/partner	231	41.2	3.0	35.3	47.2
Insurance from parents	28†	3.4	1.2	1.1	5.8
Insurance from Health Care Exchange	37	5.0	1.2	2.6	7.4
Medicaid	340	48.8	3.1	42.8	54.9
ARKids First	18†	1.4	0.6	0.2	2.7
TRICARE or other military health	7†	0.8	0.5	0.0	1.8
Other	23†	3.6	1.1	1.5	5.7
None	23†	4.0	1.3	1.5	6.5

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 9. Survey question 13. Type of insurance you have now. (All applicable "Yes" responses checked.)

Type of insurance now	Responses (n)	Weighted Percent	Standard Error	95% CI	
Insurance from job or job of husband/partner	224	37.3	2.9	31.6	43.0
Insurance from parents	32	4.3	1.4	1.6	6.9
Insurance from Health Care Exchange	35	5.2	1.2	2.8	7.7
Medicaid	329	41.0	3.0	35.2	46.9
ARKids First	21†	1.8	0.7	0.4	3.1
TRICARE or other military health	8†	1.1	0.6	0.0	2.2
Other	26†	4.1	1.2	1.8	6.4
None	59	9.3	1.7	5.9	12.6

Table 10. Survey question 14. Feelings about becoming pregnant prior to pregnancy.

Pregnancy feelings	Responses (n)	Weighted Percent	Standard Error	95% CI	
Wanted Later	130	16.9	2.3	12.4	21.3
Wanted Sooner	84	13.1	2.0	9.2	17.1
Wanted Then	246	37.8	2.9	32.1	43.5
Wanted Never	83	13.1	2.1	9.0	17.2
Not sure how I felt	152	19.1	2.3	14.5	23.7

Table 11. Survey question 15. When you got pregnant, were you trying to get pregnant?

Trying to get pregnant	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	383	47.7	3.0	41.8	53.6
Yes	316	52.3	3.0	46.4	58.2
Total	699	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 12. Survey question 16. Were you and your husband doing anything to keep from getting pregnant, for those who said they were not trying to get pregnant (i.e., “No” to question 15).

Trying to keep from getting pregnant	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	270	66.2	4.3	57.9	74.6
Yes	104	33.8	4.3	25.4	42.1
Total	374	100.0			

Table 13. Survey question 17. What were the reasons for not doing anything to keep from getting pregnant, for those who said they were NOT doing anything to keep from getting pregnant (i.e., “No” to question 16) and those who said they were NOT trying to get pregnant (i.e., “No” to question 15). (All applicable “Yes” responses checked.)

Reason for not doing anything	Responses (n)	Weighted Percent	Standard Error	95% CI	
Didn't mind getting pregnant	104	38.9	5.0	29.0	48.8
Thought couldn't at the time	87	34.7	5.0	24.9	44.5
Side effects from birth control	36	14.5	3.6	7.5	21.6
Problems getting birth control when needed	12†	9.4	3.4	2.7	16.1
Thought we were sterile	28†	13.5	3.6	6.4	20.5
Husband or partner didn't want to use anything	39	12.6	3.4	6.0	19.2
Forgot to use birth control	24†	8.4	2.7	3.1	13.7
Other reason	30	8.2	2.8	2.7	13.7

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 14. Survey question 18. What method of birth control were you using when you got pregnant.

Type of birth control	Responses (n)	Weighted Percent	Standard Error	95% CI	
Birth control pills	31	27.6	6.8	14.1	41.1
Condoms	39	29.2	6.4	16.5	42.0
Shots or injections	11†	4.8	2.7	0.0	10.2
Arm implants	1†	0.2	0.2	0.0	0.5
Patch or vaginal ring	1†	0.0	0.0	0.0	0.1
IUD	3†	0.4	0.3	0.0	1.0
Natural method	6†	11.2	5.4	0.6	21.9
Withdrawal	37	38.7	7.3	24.3	53.1

† Results with less than 30 responses may not be reliable and should be used with caution.

DURING PREGNANCY

Table 15. Derived from survey question 19. Prevalence of prenatal care in the first trimester.

Received prenatal care in 1st Trimester	Responses (n)	Weighted Percent	Standard Error	95% CI	
Yes	574	83.9	2.2	79.5	88.3
No	101	15.2	2.2	10.9	19.5
No PNC	9†	0.9	0.6	0.0	2.1
Total	684	100.0			

Table 16. Survey question 20. Discussion with doctor, nurse, or other health care worker during any prenatal visit.

Prenatal visit discussion	Responses (n)	Weighted Percent	Standard Error	95% CI	
Effects of smoking	506	71.0	2.7	65.6	76.4
Breastfeeding	544	79.3	2.5	74.3	84.2
Effects of alcohol	506	73.0	2.7	67.8	78.3
Effects of illegal drugs	483	69.1	2.8	63.6	74.6
Preterm labor signs	501	76.2	2.5	71.3	81.2
Depression	485	72.2	2.7	66.9	77.6
Physical abuse	359	49.2	3.1	43.2	55.2
Effects of secondhand smoke	454	62.1	3.0	56.3	67.9

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 17. Survey question 21. Did a doctor, nurse, or other health care worker ask any of these during a prenatal visit?

Prenatal visit talk	Responses (n)	Weighted Percent	Standard Error	95% CI	
Weight gain during pregnancy	322	42.7	3.0	36.9	48.6
Any prescription medication	626	93.3	1.6	90.2	96.4
Smoke cigarettes	626	92.6	1.6	89.4	95.8
Alcohol use	620	90.2	1.9	86.6	93.9
Emotional or physical abuse	463	65.7	3.0	59.9	71.5
Depressed	512	78.3	2.5	73.4	83.2
Illegal drug use	522	74.2	2.7	68.9	79.6
HIV Test	328	44.0	3.0	38.1	49.9
Breastfeeding plans	608	89.2	1.9	85.5	93.0
Plan to use birth control after birth	563	80.9	2.5	76.0	85.8

Table 18. Survey question 22. Did you have a test for HIV during your most recent pregnancy or delivery?

HIV test	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	213	43.1	3.5	36.2	49.9
Yes	329	56.9	3.5	50.1	63.8
Total	542	100.0			

Table 19. Survey question 23. For those who did not have a HIV test done (questions 22), what was the reason why the testing for HIV was not done. (All applicable "Yes" responses checked.)

Reasons for no HIV testing	Responses (n)	Weighted Percent	Standard Error	95% CI	
Not offered test	109	58.0	5.4	47.3	68.7
Did not want to	27†	14.9	4.0	7.0	22.8
HIV status known	56	20.8	4.3	12.3	29.3
Not at risk	58	36.6	5.5	25.8	47.4
Don't want others to think at risk	1†	0.1	0.1	0.0	0.3
Fear of results	1†	0.1	0.1	0.0	0.4
Already tested	26†	8.3	2.6	3.2	13.5

Table 20. Survey question 24. Doctor, nurse, or other health care worker offer you or tell you get a flu shot during 12 months before delivery.

Offered flu shot	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	160	20.2	2.4	15.5	24.8
Yes	531	79.8	2.4	75.2	84.5
Total	691	100.0			

Table 21. Survey question 25. During 12 months before delivery did you receive a flu shot.

Flu shot 12 months before delivery	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	376	49.1	3.0	43.2	55.0
Yes, before pregnancy	96	13.0	2.0	9.2	16.9
Yes, during pregnancy	216	37.8	3.0	32.0	43.6
Total	688	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 22. Survey question 26. Tdap shot or vaccination before most recent pregnancy.

Receive Tdap vaccination	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	270	38.5	3.1	32.5	44.5
Yes	363	61.5	3.1	55.5	67.5
Total	633	100.0			

Table 23. Survey question 27. Teeth cleaned by dentist or dental hygienist during recent pregnancy.

Teeth cleaned	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	457	63.3	2.9	57.7	68.9
Yes	242	36.7	2.9	31.1	42.3
Total	699	100.0			

Table 24. Survey question 28. Questions related to dental care during most recent pregnancy.

Care of teeth during pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Important to care for teeth & gums	581	85.0	2.2	80.8	89.3
Dental care worker talked about dental care	309	42.4	2.9	36.6	48.2
Dental care insurance during pregnancy	487	71.9	2.7	66.6	77.1
Needed dental care for problem	149	25.0	2.7	19.7	30.3
Went to dentist about problem	93	16.1	2.3	11.6	20.6

Table 25. Survey question 29. During most recent pregnancy, home visitor gave home help prepare for new baby.

Health worker visit to home	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	672	96.9	1.0	94.9	98.9
Yes	26†	3.1	1.0	1.1	5.1
Total	698	100.0			

Table 26. Survey question 30. For those who had a home visitor help prepare (question 29), who was the home visitor.

Type of home visitor	Responses (n)	Weighted Percent	Standard Error	95% CI	
Nurse or nurse aide	6†	35.1	19.1	0.0	75.3
Teacher or health educator	3†	2.1	1.3	0.0	4.7
Doula or midwife	5†	45.3	18.2	7.0	83.7
Someone else	8†	17.5	11.6	0.0	41.9
Total	22†	100.0			

Table 27. Survey question 31. Any health of these health conditions during most recent pregnancy.

Health conditions during recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Gestational diabetes	84	9.7	1.6	6.5	12.8
High blood pressure	188	17.6	2.2	13.3	21.9
Depression	172	21.8	2.5	16.9	26.6
Gum disease or tooth decay	83	12.7	2.0	8.8	16.5

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 28. Survey question 32. For those who had gestational diabetes during most recent pregnancy (question 31(a)), did doctor, nurse or other health care worker tell you to make an appointment with different doctor because of the gestational diabetes.

Told visit different doctor	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	45	54.4	8.8	36.9	71.9
Yes	37	45.6	8.8	28.1	63.1
Total	82	100.0			

Table 29. Survey question 33. For those who had gestational diabetes during most recent pregnancy (question 31(a)), did doctor, nurse or other health care worker do any of these.

Gestational diabetes assistance	Responses (n)	Weighted Percent	Standard Error	95% CI	
Referral to nutritionist	53	72.8	7.7	57.5	88.1
Talk about exercise	54	65.0	8.5	48.0	82.0
Talk about weight	49	63.6	8.5	46.6	80.6
Suggest breastfeeding	39	42.9	9.0	25.0	60.7
Talk about type 2 diabetes	54	71.6	7.9	55.9	87.3

Table 30. Survey question 34. Smoked cigarettes in the past two years.

Smoked cigarettes in the past two years	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	550	82.5	2.3	78.1	87.0
Yes	145	17.5	2.3	13.0	21.9
Total	695	100.0			

Table 31. Survey question 35. For those who smoked cigarettes in the past 2 years (question 34), how many cigarettes were smoked on average in a day in the three months before pregnancy.

Cigarettes per day (3 months before pregnancy)	Responses (n)	Weighted Percent	Standard Error	95% CI	
41 cigarettes or more	6†	4.2	3.6	0.0	11.3
21 to 40 cigarettes	11†	7.3	3.3	0.7	13.8
11 to 20 cigarettes	32	27.7	6.3	15.2	40.2
6 to 10 cigarettes	33	20.3	6.0	8.5	32.1
1 to 5 cigarettes	38	24.8	6.3	12.3	37.2
Less than 1 cigarette	9†	6.8	3.3	0.3	13.3
None 0 cigarettes	16†	9.0	3.7	1.6	16.4
Total	145	100.0			

Table 32. Survey question 36. How many cigarettes were smoked on average in a day in the last three months of pregnancy.

Cigarettes per day (last 3 months of pregnancy)	Responses (n)	Weighted Percent	Standard Error	95% CI	
41 cigarettes or more	2†	0.3	0.2	0.0	0.7
21 to 40 cigarettes	5†	0.8	0.4	0.0	1.7
11 to 20 cigarettes	13†	14.3	5.6	3.2	25.4
6 to 10 cigarettes	22†	8.7	3.3	2.1	15.3
1 to 5 cigarettes	23†	12.2	4.2	3.9	20.5
Less than 1 cigarette	7†	1.0	0.4	0.2	1.8
None 0 cigarettes	72	62.7	6.8	49.3	76.1
Total	144	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 33. Derived from survey questions 35, 36 & 40. Prevalence of smoking before, during, and after pregnancy. (Smoking questions asked of women who had smoked any cigarettes in the past two years.)

Smoked 3 months before pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	566	84.0	2.2	79.7	88.3
Yes	129	16.0	2.2	11.7	20.3
Total	695	100.0			
Smoked last 3 months of pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	622	93.5	1.4	90.7	96.2
Yes	72	6.5	1.4	3.8	9.3
Total	694	100.0			
Smoke now (at time of survey)	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	601	91.7	1.6	88.6	94.8
Yes	95	8.3	1.6	5.2	11.4
Total	696	100.0			

Table 34. Survey question 37. Any quit activities during most recent pregnancy.

Quit smoke activities	Responses (n)	Weighted Percent	Standard Error	95% CI	
Set quit date	34	30.5	7.0	16.6	44.4
Use booklets/videos	9†	7.8	3.8	0.3	15.3
Call Quitline or visit website	4†	2.8	2.2	0.0	7.3
Attend a class	1†	2.2	2.2	0.0	6.6
Patch/gum/lozenge	11†	9.6	5.0	0.0	19.5
Use pill/Zyban	1†	0.0	0.0	0.0	0.1
Quit by self	92	86.6	4.4	77.9	95.3
Other	10†	15.1	6.9	1.4	28.7
Switch to e-cigs	23†	13.9	5.4	3.3	24.6
Set quit date	34	30.5	7.0	16.6	44.4

Table 35. Survey question 38. Quit smoke around time of most recent pregnancy.

Quit period around time of recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	25†	15.5	6.1	3.4	27.6
No, but I cut back	46	30.9	6.9	17.3	44.6
Yes, before pregnant	4†	2.6	2.2	0.0	7.1
Yes, when pregnant	39	38.8	7.6	23.7	53.9
Yes, later in pregnancy	12†	12.1	5.3	1.6	22.7
Total	126	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 36. Survey question 39. Whether any of these make it difficult to quit smoking.

Reasons why quitting is difficult	Responses (n)	Weighted Percent	Standard Error	95% CI	
Cost of meds or products	29	28.5	7.3	14.1	42.9
Cost of classes	18†	16.4	5.8	4.8	27.9
Weight gain	30	36.0	7.8	20.6	51.4
Loss of way to handle stress	78	67.0	7.4	52.4	81.6
Others smoking	62	57.1	7.8	41.6	72.7
Cigarette cravings	79	73.2	6.9	59.6	86.8
Lack of support	26†	12.4	4.5	3.5	21.3
Depression	50	37.6	7.6	22.5	52.6
Anxiety	65	62.6	7.5	47.8	77.4

Table 37. Survey question 40. Current average number of cigarettes smoked per day.

Cigarettes per day	Responses (n)	Weighted Percent	Standard Error	95% CI	
41 cigarettes or more	3†	3.8	3.5	0.0	10.9
21 to 40 cigarettes	7†	3.0	2.0	0.0	6.9
11 to 20 cigarettes	20†	8.0	3.3	1.4	14.6
6 to 10 cigarettes	30	20.2	6.0	8.4	32.0
1 to 5 cigarettes	30	9.5	3.4	2.9	16.1
Less than 1 cigarette	5†	2.6	1.9	0.0	6.5
None 0 cigarettes	51	52.8	7.1	38.8	66.8
Total	146	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 38. Derived from survey questions 35-36 & 40. Women who quit smoking during the last 3 months of pregnancy and resumed after delivery.

Smoking status/last 3 months of pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Quit in last three months	57	59.2	7.3	44.7	73.7
Did not quit in last three months	71	40.8	7.3	26.3	55.3
Total	128	100.0			

Table 39. Derived from survey questions 35-36 & 40. Delivery status after women who quit.

Smoking status after delivery for women who quit	Responses (n)	Weighted Percent	Standard Error	95% CI	
Smoking resumed after delivery	28†	33.6	9.8	13.9	53.3
Smoking not resumed after delivery	29†	66.4	9.8	46.7	86.1
Total	57	100.0			

Table 40. Survey question 41. Number of cigarette smokers in home, including self, during most recent pregnancy.

Number of smokers in home during most recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
0	539	82.4	2.3	77.9	86.8
1	107	15.0	2.2	10.7	19.3
2	27†	2.4	0.8	0.8	3.9
3	4†	0.1	0.1	0.0	0.2
4	5†	0.1	0.1	0.0	0.3

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 41. Survey question 42. Describe the rules about smoking inside your home during your most recent pregnancy.

Home smoking rules	Responses (n)	Weighted Percent	Standard Error	95% CI	
Not allowed anywhere	623	92.9	1.5	89.9	95.9
Allowed some places or times	46	5.2	1.4	2.5	8.0
Permitted anywhere	21†	1.9	0.7	0.5	3.2
Total	690	100.0			

Table 42. Survey question 43. Number of cigarette smokers in your home, not including yourself.

Number of smokers in home	Responses (n)	Weighted Percent	Standard Error	95% CI	
0	563	85.4	2.1	81.2	89.5
1	90	12.1	2.0	8.2	16.0
2	22†	1.9	0.7	0.5	3.2
3	10†	0.6	0.4	0.0	1.3
4	1†	0.0	0.0	0.0	0.1
Total	686	100.0			

Table 43. Survey question 44. Rules regarding smoking inside the home now.

Current home smoking rules	Responses (n)	Weighted Percent	Standard Error	95% CI	
Not allowed anywhere	640	94.6	1.3	92.0	97.2
Allowed some places or times	40	4.5	1.3	2.0	6.9
Permitted anywhere	9†	0.9	0.5	0.0	1.9
Total	689	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 44. Survey question 45. Any of these products used in the last two years.

Type used in past 2 years	Responses (n)	Weighted Percent	Standard Error	95% CI	
E-cigarettes	122	20.3	2.6	15.3	25.4
Hookah	13†	2.5	1.0	0.6	4.5
Chewing tobacco, snuff, snus, dip	8†	1.5	0.7	0.1	2.8
Cigars, cigarillos, filtered cigars	40	5.5	1.4	2.8	8.3

Table 45. Survey question 46. In three months before pregnancy, how often were e-cigarettes or other electronic nicotine products used.

How often e-cigarettes used	Responses (n)	Weighted Percent	Standard Error	95% CI	
More than once a day	56	45.8	7.5	30.9	60.6
Once a day	7†	2.5	1.8	0.0	6.0
2-6 days a week	11†	15.3	5.8	3.8	26.8
1 day a week or less	20†	12.3	4.6	3.3	21.4
Not use electronic vapor products	26†	24.1	6.2	11.9	36.4
Total	120	100.0			

Table 46. Survey question 47. How often e-cigarettes or other electronic nicotine products used in last three months of pregnancy.

E-cigarettes use in last 3 months	Responses (n)	Weighted Percent	Standard Error	95% CI	
More than once a day	23†	10.8	3.8	3.3	18.2
Once a day	5†	5.5	3.5	0.0	12.6
2-6 days a week	5†	4.0	2.4	0.0	8.8
1 day a week or less	12†	10.4	4.8	0.8	19.9
Not use electronic vapor products	76	69.3	6.6	56.2	82.5
Total	121	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 47. Survey question 48. Any alcoholic drinks in the past two years.

Alcohol in past 2 years	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	288	36.8	2.8	31.2	42.4
Yes	402	63.2	2.8	57.6	68.8
Total	690	100.0			

Table 48. Survey question 49. How many alcoholic drinks in average week in the three months before pregnancy.

Alcohol 3 months before pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
14 drinks or more a week	6†	1.7	1.1	0.0	4.0
8 to 13 drinks a week	7†	2.3	1.1	0.2	4.4
4-7 drinks a week	34	10.8	2.5	6.0	15.7
1-3 drinks a week	117	31.0	3.7	23.7	38.2
less than 1 drink a week	177	40.8	3.8	33.3	48.3
I didn't drink then	62	13.4	2.6	8.3	18.5
Total	403	100.0			

Table 49. Survey question 50. Did any of these happen - push, hit, slap, kick, choke or physically hurt - in the 12 months before pregnancy by any of these people.

Abuse by any others 12 months before pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Husband or partner	14†	2.5	1.1	0.4	4.6
Ex-husband or ex-partner	26†	3.2	1.0	1.3	5.1
Other	7†	1.1	0.6	0.0	2.3

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 50. Survey question 51. Did any of these happen - push, hit, slap, kick, choke or physically hurt - during most recent pregnancy.

Abuse by any others during recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Husband or partner	11†	1.5	0.8	0.0	3.1
Ex-husband or ex-partner	16†	2.6	0.9	0.9	4.4
Other	5†	0.4	0.3	0.0	1.1

Table 51. Survey question 52. Did any of these happen during most recent pregnancy.

Type of abuse during recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Threatened or felt unsafe	34	5.5	1.3	2.9	8.2
Anger or threats	27†	4.1	1.2	1.8	6.5
Was controlled	37	5.1	1.3	2.6	7.6
Forced sex	13†	1.3	0.6	0.1	2.4

† Results with less than 30 responses may not be reliable and should be used with caution.

AFTER PREGNANCY

Table 52. Survey question 54. Length of hospital stay after delivery of baby.

Length of stay	Responses (n)	Weighted Percent	Standard Error	95% CI	
< 1 DAY	32	4.8	1.4	2.1	7.6
1-2 DAYS	346	69.9	2.6	64.7	75.1
3-5 DAYS	131	15.5	2.1	11.3	19.7
6-14 DAYS	57	5.1	1.2	2.8	7.5
More than 14 days	114	4.5	0.8	2.9	6.2
Not born in hospital	1†	0.0	0.0	0.0	0.0
Still in hospital	5†	0.1	0.1	0.0	0.3
Total	686	100.0			

Table 53. Survey question 55. Is your infant alive now.

Infant alive	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	11†	0.3	0.1	0.1	0.6
Yes	668	99.7	0.1	99.4	99.9
Total	679	100.0			

Table 54. Survey question 56. For those mothers whose babies are living (question 52) and stay with them.

Infant with mom	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	4†	0.1	0.1	0.0	0.2
Yes	662	99.9	0.1	99.8	100.0
Total	666	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 55. Survey question 57. Received information on breastfeeding before or after birth of baby.

Source of information	Responses (n)	Weighted Percent	Standard Error	95% CI	
Doctor	509	75.0	2.6	69.9	80.1
Nurse/midwife/doula	381	60.8	3.0	54.9	66.7
Lactation specialist	454	69.2	2.8	63.6	74.8
Baby's doctor	439	67.8	2.9	62.2	73.5
Breastfeeding support group	128	13.8	2.0	9.9	17.7
Breastfeeding hotline	92	13.4	2.0	9.4	17.4
Family/friends	399	62.3	3.0	56.5	68.1

Table 56. Survey question 58. Breastfeeding for any length of time.

Ever breastfeed	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	132	16.6	2.3	12.1	21.1
Yes	542	83.4	2.3	78.9	87.9
Total	674	100.0			

Table 57. Survey question 59. For those who did not breastfeed (question 58), reasons for not breastfeeding.

Reason for not breastfeeding	Responses (n)	Weighted Percent	Standard Error	95% CI	
Mom too sick or on medication	13†	11.3	4.9	1.5	21.0
Other children to care for	17†	15.5	5.9	3.8	27.2
Too many household duties	12†	12.6	5.7	1.3	23.8
Do not like breastfeeding	32	26.0	6.7	12.8	39.2
Tried but it was too hard	24†	14.9	5.3	4.5	25.4
Did not want to	58	46.1	7.6	31.0	61.2
Went back to work	17†	17.4	6.5	4.6	30.1
Went back to school	2†	0.3	0.2	0.0	0.7

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 58. Survey question 60. Currently breastfeeding or feeding pumped milk to baby.

Currently breast feeding	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	292	40.3	3.2	34.0	46.5
Yes	250	59.7	3.2	53.5	66.0
Total	542	100.0			

Table 59. Survey question 62. Things that happened at hospital where baby was born.

Hospital's actions	Responses (n)	Weighted Percent	Standard Error	95% CI	
Hospital gave breastfeeding information	488	92.4	1.7	89.1	95.7
Baby in room with mom	427	93.5	1.1	91.3	95.7
Breastfed in hospital	423	91.7	1.4	88.9	94.5
Staff helped with breastfeeding	414	80.1	2.6	75.0	85.2
Breastfed in 1st hour	319	75.2	2.7	69.8	80.5
Skin-to-skin contact in 1st hour	385	84.4	2.3	79.9	88.8
Only breast milk at hospital	253	58.6	3.2	52.2	65.0
Breastfeed on demand	385	83.0	2.3	78.4	87.6
Hospital provided pump	282	36.1	3.1	30.1	42.2
Hospital gave gift pack with formula	293	42.7	3.3	36.2	49.1
Hospital gave phone number for breastfeeding help	416	80.4	2.6	75.2	85.6
Hospital gave baby pacifier	369	60.1	3.2	53.7	66.4

Table 60. Survey question 63. The one position that baby is most often laid to sleep.

Sleep position	Responses (n)	Weighted Percent	Standard Error	95% CI	
Side	62	8.6	1.7	5.2	12.0
Back	517	80.8	2.4	76.1	85.5
Stomach	44	6.3	1.5	3.3	9.4
Other	43	4.2	1.1	2.1	6.3
Total	666	100.0			

Table 61. Survey question 64. How often baby slept alone in own crib or bed in the last 2 weeks.

Baby sleeps alone	Responses (n)	Weighted Percent	Standard Error	95% CI	
Always	352	53.1	3.0	47.2	59.1
Often almost always	132	21.1	2.5	16.2	26.0
Sometimes	64	10.0	1.9	6.3	13.7
Rarely	40	5.5	1.3	3.0	8.0
Never	79	10.3	1.8	6.8	13.8
Total	667	100.0			

Table 62. Survey question 65. When baby slept alone (question 64), whether mother shared the room.

Baby in room with mom	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	59	14.0	2.3	9.5	18.5
Yes	528	86.0	2.3	81.5	90.5
Total	587	100.0			

Table 63. Survey question 66. How baby usually slept in the past two weeks.

Sleeping style	Responses (n)	Weighted Percent	Standard Error	95% CI	
Crib/bassinet, pack & play	589	88.2	1.9	84.4	92.0
Twin or larger mattress	218	34.3	2.9	28.5	40.1
Couch/sofa/armchair	82	12.0	2.1	8.0	16.1
Infant car seat or swing	290	46.7	3.1	40.6	52.7
Sleeping sack or wearable blanket	265	41.2	3.0	35.2	47.1
With blanket	286	45.1	3.1	39.0	51.1
Toys/cushions/pillows	60	6.3	1.3	3.7	8.8
Crib bumper pads	73	10.1	1.8	6.7	13.5

Table 64. Survey question 67. Doctor, nurse, or other health care worker speak of these.

Talk on baby sleep	Responses (n)	Weighted Percent	Standard Error	95% CI	
Place on back to sleep	624	94.9	1.3	92.4	97.4
Place in crib/bassinet/pack & play	609	94.1	1.4	91.4	96.8
Place crib on mom's bed	427	61.6	3.0	55.8	67.5
Items that can or cannot go in baby's bed	609	89.2	1.8	85.6	92.9

Table 65. Survey question 68. Home visitor after delivery.

Home visitor after delivery	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	630	93.7	1.4	91.0	96.4
Yes	47	6.3	1.4	3.6	9.0
Total	677	100.0			

Table 66. Survey question 69. For those who had a home visitor (question 68), did home visitor talk about these.

Home visitor discussion	Responses (n)	Weighted Percent	Standard Error	95% CI	
Breastfeeding	37	75.1	9.4	56.1	94.1
Waiting before getting pregnant again	21†	45.5	11.5	22.4	68.6
Family planning	28†	52.7	11.3	29.8	75.5
Postpartum depression	37	70.7	10.1	50.3	91.2
Community resources	30	58.8	11.4	35.8	81.9
Healthy weight	26†	38.5	10.7	16.8	60.1
Quit smoking	22†	40.5	11.4	17.5	63.6
How to get health care	41	81.4	8.4	64.4	98.4

Table 67. Survey question 70. Using any birth control.

Postpartum birth control	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	173	24.1	2.6	19.1	29.2
Yes	518	75.9	2.6	70.8	80.9
Total	691	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 68. Survey question 71. Those who are not using birth control (question 70), what are the reasons for not doing so.

Reasons for no birth control	Responses (n)	Weighted Percent	Standard Error	95% CI	
Want pregnancy	23†	11.7	3.5	4.7	18.7
Pregnant now	6†	1.9	1.4	0.0	4.6
Tubes tied or blocked	14†	8.1	3.0	2.1	14.1
Did not want to use	59	35.5	5.9	23.8	47.3
Side effects of birth control	55	33.7	6.0	21.9	45.5
Not sexually active	37	22.9	4.9	13.3	32.5
Husband or partner does not want	8†	8.4	3.6	1.2	15.5
Payment problems	2†	2.7	2.6	0.0	7.8

Table 69. Survey question 72. Type of birth control being used.

Birth control type	Responses (n)	Weighted Percent	Standard Error	95% CI	
Tubes tied	68	13.9	2.4	9.2	18.6
Vasectomy	20†	5.6	1.6	2.5	8.7
Birth control pills	128	24.1	2.9	18.4	29.9
Condoms	128	23.7	2.9	17.9	29.4
Shots or injections	56	8.1	2.0	4.2	12.0
Implants	23†	4.9	1.6	1.8	8.0
Contraceptive patch or ring	12†	1.6	0.8	0.1	3.1
IUD	57	13.4	2.4	8.8	18.0
Natural method	13†	4.1	1.5	1.1	7.0
Withdrawal	86	16.6	2.6	11.4	21.7
No sex	55	10.5	2.0	6.5	14.5

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 70. Survey question 73. Had postpartum check since delivery.

Postpartum check	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	106	12.7	2.0	8.7	16.6
Yes	585	87.3	2.0	83.4	91.3
Total	691	100.0			

Table 71. Survey question 74. For those who have had a postpartum check (questions 72), were any of these done.

Postpartum check content	Responses (n)	Weighted Percent	Standard Error	95% CI	
Take folic acid	286	45.5	3.2	39.2	51.8
Healthy eating & exercise	308	46.7	3.2	40.4	53.0
Wait before another pregnancy	294	43.1	3.2	36.9	49.3
Birth control methods	491	83.4	2.4	78.7	88.1
Prescription for birth control	239	35.2	3.0	29.2	41.1
Received IUD or implant	88	16.3	2.4	11.5	21.0
Smoking habits	332	51.2	3.2	44.9	57.5
Any abuse	334	51.2	3.2	44.9	57.6
Depression	481	82.3	2.5	77.4	87.1
Test for diabetes	138	17.6	2.3	13.0	22.1

Table 72. Survey question 75. Testing for diabetes since birth of baby.

Diabetes test	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	563	87.0	1.9	83.2	90.7
Yes	119	13.0	1.9	9.3	16.8
Total	682	100.0			

Table 73. Survey question 76. For those who were tested for diabetes (question 75), doctor, nurse, or other health care worker informed mother that she had diabetes.

Told diabetes	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	109	90.6	4.4	81.9	99.2
Yes	11†	9.4	4.4	0.8	18.1
Total	120	100.0			

Table 74. Survey question 77. For those who were tested for diabetes (question 75), but haven't been informed by a doctor, nurse or health care worker that they have diabetes (question 76), did a doctor, nurse or other health care worker tell mother that she had prediabetes, borderline diabetes or high blood sugar.

Pre-diabetes	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	98	84.2	6.0	72.3	96.0
Yes	11†	15.9	6.0	4.0	27.7
Total	109	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 75. Survey question 78. How often felt hopeless, depressed or down.

Depression	Responses (n)	Weighted Percent	Standard Error	95% CI	
Always	20†	1.4	0.6	0.3	2.6
Often almost always	78	9.4	1.8	5.9	12.9
Sometimes	198	32.5	2.8	26.9	38.0
Rarely	183	28.9	2.7	23.5	34.2
Never	212	27.8	2.7	22.6	33.0
Total	691	100.0			

Table 76. Survey question 79. How often have you had little interest or little pleasure in doing things that were usually enjoyed.

Little pleasure doing things	Responses (n)	Weighted Percent	Standard Error	95% CI	
Always	35	3.7	1.2	1.2	6.1
Often almost always	73	8.3	1.5	5.3	11.3
Sometimes	195	30.5	2.8	25.0	35.9
Rarely	180	28.0	2.7	22.6	33.4
Never	206	29.6	2.7	24.2	34.9
Total	689	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

OTHER EXPERIENCES

Table 77. Survey question 80. Services received during most recent pregnancy.

Services received	Responses (n)	Weighted Percent	Standard Error	95% CI	
Food stamps	199	19.0	2.3	14.6	23.5
WIC	407	47.4	3.0	41.5	53.3
Counseling	68	8.9	1.6	5.7	12.1
Help to quit	21†	1.9	0.7	0.5	3.2
Help to reduce violence	13†	1.0	0.5	0.0	1.9

Table 78. Survey question 81. During 12 months before baby's birth, what was yearly income.

Income	Responses (n)	Weighted Percent	Standard Error	95% CI	
\$ 0 TO \$16,000	138	15.6	2.3	11.1	20.1
\$16,001 TO \$20,000	49	8.7	1.9	5.0	12.4
\$20,001 TO \$24,000	38	7.2	1.7	3.9	10.5
\$24,001 TO \$28,000	32	4.3	1.2	2.0	6.6
\$28,001 TO \$32,000	32	6.8	1.7	3.4	10.2
\$32,001 TO \$40,000	39	7.7	1.9	4.0	11.3
\$40,001 TO \$48,000	38	5.8	1.5	2.7	8.8
\$48,001 TO \$57,000	29†	6.7	1.7	3.3	10.1
\$57,001 TO \$60,000	14†	3.3	1.2	1.0	5.7
\$60,001 TO \$73,000	38	6.5	1.6	3.3	9.7
\$73,001 TO \$85,000	23†	3.6	1.1	1.4	5.8
\$85,001 OR MORE	110	23.8	2.7	18.5	29.2
Total	580	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 79. Survey question 82. During 12 months before delivery, count income dependents.

Number of income dependents	Responses (n)	Weighted Percent	Standard Error	95% CI	
1	97	11.7	2.0	7.8	15.6
2	215	31.1	2.8	25.6	36.6
3	172	27.2	2.7	21.8	32.6
4	93	15.7	2.2	11.4	20.0
5	53	9.3	1.8	5.7	12.9
6	26†	3.9	1.1	1.8	6.0
7	8†	0.6	0.4	0.0	1.3
8	3†	0.1	0.1	0.0	0.2
9	3†	0.4	0.3	0.0	1.1
Total	670	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.