

**Arkansas Department of Health** Guide to Programs and Services







#### **Greetings!**

Welcome to the 2025 Guide to Programs and Services. This guide highlights the important services the Arkansas Department of Health (ADH) offers. We are continually working to add to and improve our existing programs to further our mission.

The ADH was founded in 1913 when the first state Board of Health was signed into law. While public health in Arkansas has advanced considerably since its creation 112 years ago, there is still work to be done. Efforts to prevent chronic diseases, enhance public health preparedness, and promote positive health behaviors remain ongoing.

As this work continues, ADH staff are committed to protecting and improving the health and well-being of all Arkansans.

Sincerely,

Renee Mallory, RN, BSN

Secretary of Health

Rene Mallory

# **Table of Contents**

ADH Prevents: Shielding You from Harm	
Vaccinations	. 1
Flu Vaccine	. 1
Vaccines for Children	
Communicable Disease Outbreaks	. 1
Healthcare-Associated Infections	. 1
Tuberculosis	. 2
STDs, HIV, and Hepatitis C	
Notifying Those at Risk	
Injuries, Violence, and Suicide	
Injury	
Violence	
Suicide	
Substance Misuse and Overdose	
Prescription Drug Monitoring	
Pharmacy Services and Drug Control	
Testing for Breast and Cervical Cancer	
Heart Disease and Stroke Care	
Diseases from Animals and Insects	
Understanding Rabies	
	. •
ADH Protects: Standards for Your Security	7
Protective Health Codes	
Food and Milk	
Foodborne Outbreaks	
Public Water	
Environmental Health	
Plumbing and Natural Gas	
Other Environmental Testing	
Epidemiology	
Environmental Epidemiology Case Studies	
Environmental Epidemiology Case Studies	. 0
ADH Responds: Expecting the Best, Preparing for the Worst	٥
Preparing for and Responding to Public Health Emergencies	
Treating Traumatic	
Glen F. Baker Public Health Laboratory	
Gleff 1. Daker Fubilic Health Laboratory	. 10
ADH Licenses and Registers:	
•	44
Checks and Balances to Keep You Safe	
Cosmetology and Massage Therapy	
Medical Marijuana Registry Card	
EMS Providers	
Health Facility Services	
Radiation Control	
Stroke Registry	
Heart Attack Registry	
Cancer Registry Health Statistics	
	. 14









# **Table of Contents continued**

ADH Educates: Information that Changes Lives	15
Be Active and Eat Healthy	
In Schools.	
Tobacco Prevention and Cessation	
ADH Resources to Help You Quit	
Take Care of Your Teeth	
Identify and Manage Diabetes	
If You Have Diabetes:	
Raise Healthy Children	
Your Newborn Baby's First Tests	
Baby's First Year	
Supporting Pregnant Women and New Mothers with	
Home Visiting Programs	18
	•
ADH Closes the Gap	21
Healthcare Access	
Health Literacy	
Hometown Health Improvement and Office of Faith-based Outreach	
About the ADH	23
ADH Boards and Commissions	_
ADH Source and Use of Funds, FY 2022	
Public Health Leadership in Arkansas	
State Board of Health – 2025	
Helpful Numbers	
Local Health Unit Directory	
Boards and Commissions Numbers	
Selected Statistical Indicators, July 1, 2023 - June 30, 2024	
, - <b>,</b> -,,	







# **GET YOUR CERTIFICATES**

**Birth, Death, Marriage and Divorce:** 

The ADH Vital Records Office 4815 W Markham St, Little Rock, AR 72205

(Left Corner of ADH Building at Markham and Monroe, Little Rock)

Monday - Friday, 8 a.m. - 4:30 p.m., 866-209-9482

Order online at www.healthy.arkansas.gov.

Birth and death certificates can be obtained from any Local Health Unit.



# ADH Prevents: Shielding You From Harm

There are many ways to stay healthy and live longer. The ADH can help through various programs and initiatives.

# **Vaccinations**

Vaccines prevent diseases like whooping cough, mumps, measles, and polio. Vaccines have prevented and continue to prevent many of these diseases and their impact on our health. The ADH Immunization Branch is committed to protecting Arkansans by promoting and providing immunizations, educating about vaccine benefits and risks, and spreading awareness of how disease can be prevented.

#### Flu Vaccine

People tend to forget how horrible the flu makes them feel – until they get it. Many don't realize that people of all ages still die from it. During the 2024-25 flu season, 18,137 confirmed flu cases were reported to the ADH online database, with 3,285 hospitalizations, 456 cases in nursing home residents and staff, and 87 cases in pregnant women. It is important to get your flu vaccine each year.

The ADH holds flu clinics, including school flu clinics, around the state, where you and your family can get flu vaccines at no cost to you. ADH epidemiologists also prepare a weekly viral respiratory disease report for clinicians during flu season that provides information on flu activity in the state and compares flu-like illness in Arkansas to activity in the United States.

## **Vaccines for Children**

The Vaccines for Children (VFC) program provides more than \$50 million worth of immunizations for children 18 years and younger who are on Medicaid, do not have insurance, or have insurance, but the insurance does not pay for vaccines. VFC vaccines are available at 92 ADH Local Health Units and 312 enrolled private providers' offices, such as physician offices, pharmacies, and school-based clinics.

## **Communicable Disease Outbreaks**

Many communicable diseases are easily spread. We monitor communicable disease reports for indications of potential spread. We collaborate with partners, including the Centers for Disease Control and Prevention (CDC), on outbreaks, education, and mitigation, including vaccination efforts when needed. We also work closely with healthcare facilities to teach, train, and help prevent the spread of healthcare-acquired infections.

# **Healthcare-Associated Infections**

The ADH collaborates with many healthcare facilities and congregate settings across the state to address healthcare-associated infections (HAI). These infections are caused by various common and unusual bacteria, fungi, and viruses that develop during medical care. Medical advances have brought lifesaving care to patients in need, yet many of those advances come with a risk of developing an HAI. These infections related to

medical care can be devastating and even deadly. The ADH has several programs that work to help educate and prevent HAIs:

- Infection Control and Readiness (ICAR) are free, confidential, and non-regulatory visits by a certified infection control nurse to help provide education and resources.
- The HAI Program and Project Firstline are designed to work directly with frontline healthcare workers and provide knowledge through free training and resource access.
- Antimicrobial stewardship works with HAI
  prevention as it promotes the appropriate use
  of antimicrobials, improves patient outcomes,
  reduces microbial resistance, and decreases
  the spread of infections caused by multidrugresistant organisms.

### **Tuberculosis**

Tuberculosis (TB) is spread from person to person through the air. It's important to ensure that anyone suspected of having the disease is screened, medically evaluated, and treated. It's also important to have statewide partners in this effort so the TB Program works closely with ADH Local Health Units, schools, and community healthcare providers.

# STDs, HIV and Hepatitis C

The CDC recommends getting tested at least once a year if you're at high risk for contracting an infection. The ADH Know Now campaign promotes education, prevention, and testing of HIV, STDs, and Hepatitis C. The ADH also links diagnosed people to available care and provides medication treatment services for STDs. The ADH assists HIV-positive people statewide with medication through the Ryan White Part B & AIDS Drug Assistance Program (ADAP).

For information regarding testing locations, call 1-888-499-6544. In addition, the ADH Local Health Units provide fast and easy testing for HIV, Hepatitis C, and other STDs. Free and confidential home HIV tests can be ordered at TAKEMEHOME.ORG.

# **Notifying Those at Risk**

The ADH moniters disease trends and reports of people who have tested positive for various infectious diseases. For people infected with STDs and HIV, disease intervention specialists provide follow-up counseling and offer partner services to their contacts. Through a confidential partner notification process, people who may have been exposed and infected are notified so they can be tested and treated, if necessary.

# Injuries, Violence and Suicide

The ADH's Injury and Violence Prevention (IVP) and Substance Misuse Education and Prevention Sections use evidence to select intervention methods, curricula, and policies that reduce the incidence and severity of the state's top causes of injury-related death.

#### **Injury**

The Coach Safely Act requires coaches and athletic personnel who train or supervise high-risk youth sports for children aged 14 and younger to complete specific safety training. The ADH approves training courses covering:

- Emergency preparedness, planning, and response to injuries
- · Concussions and head injuries
- Heat-related and extreme weather injuries
- Safe physical conditioning and equipment use
- Heart defects and conditions that can cause sudden cardiac death

A list of approved courses is available at <a href="https://">https://</a>
<a href="https://">healthy.arkansas.gov/programs-services/prevention-healthy-living/substance-misuse-injury-prevention/injury-violence-prevention/coach-safely-act/">https://</a>
<a href="https://">healthy.arkansas.gov/programs-services/prevention-healthy-living/substance-misuse-injury-prevention/injury-violence-prevention/coach-safely-act/</a>.

#### **Violence**

Violence disproportionately affects youth. The IVP Section works with organizations throughout the state to promote and provide the following prevention programs:

- Shifting Boundaries Designed to reduce dating violence and sexual harassment among middle school students by highlighting the consequences of this behavior for perpetrators and by increasing faculty presence in unsafe areas within the school.
- Coaching Boys into Men Provides high school athletic coaches with the resources they need to promote respectful behavior among their players and help prevent relationship abuse, harassment, and sexual assault.
- Safe Dates Educates youth and adolescents on identifying and preventing dating violence. Through 10 engaging sessions, students learn and discuss the causes of dating violence, how they can help a friend in an abusive relationship, common stereotypes regarding dating violence, and important prevention techniques.
- Dating Matters Teen dating violence prevention model developed by the CDC to stop teen dating violence before it starts.
- Love is Not Abuse Research-based curriculum for middle and high school students designed to teach about the dynamics of dating violence and promote healthy relationship behaviors. It aims to raise awareness by increasing understanding of dating violence, including physical, emotional, and cyber abuse. The curriculum equips students with skills and knowledge to avoid and address abusive relationships and provides tools and resources to students experiencing or witnessing abuse.

Learn more at healthy.arkansas.gov/programs-services/topics/violence-prevention.

#### Suicide

Suicide is one of the most prevalent injury-related causes of death in Arkansas and is a prevention focus critical to the ADH. In 2023, 615 Arkansans died by suicide. The IVP Section works with the Arkansas Governor's Challenge to Prevent Suicide Among Service Members, Veterans, and their Families, the American Foundation for Suicide Prevention, and many more organizations to promote the following prevention programs:

- safeTALK A half-day alertness training that prepares anyone 15 or older to become a suicide-alert helper, regardless of prior experience or training.
- Question, Persuade, and Refer (QPR) A suicidal thinking and behavior attempt prevention training for participants to be able to recognize the warning signs and refer people at risk to help.
- Applied Suicide Intervention Skills Training
   (ASIST) A two-day interactive workshop in
   suicide first aid. ASIST teaches participants to
   recognize when someone may have thoughts of
   suicide and work with them to create a plan that
   will support their immediate safety.
- 988 Suicide and Crisis Line The Arkansas Lifeline Call Center (ALCC) is part of the 988 Suicide and Crisis Lifeline. This 988 Call Center provides 24/7, free, and confidential support for people in crisis and includes prevention and crisis resources for you or your loved ones. Call 988 if you are in a crisis.

# If you are in crisis now, please call 9-8-8.

- Press 1 for veterans.
- Press 2 for Spanish.
- For the deaf or hard of hearing, please call 988 from a videophone.

# **Substance Misuse and Overdose**

People who misuse prescription painkillers have a greater risk of addiction than people who take them as prescribed, but it is important to remember that the medication itself is addictive. Even someone who takes opioids as prescribed by a doctor can develop a physical dependence on the drug – especially if prescribed for several weeks or more. The IVP Section works with the Arkansas Department of Human Services to promote the following prevention programs:

Prescription Drug Take Back Program – This program encourages the public to monitor and secure their prescription medications and promotes safe disposal of unused medicines at 'takeback' boxes around the state. Please visit artakeback.org for more information.

**Poison Help Line** – Poisons are everywhere and can affect anyone at any time. For more information, including tips on talking about poisons or poison-proofing your home, call the Arkansas Poison Control Center at 1-800-222-1222.

Naloxone Training – Naloxone can reverse the effects of an opioid overdose with a simple administration, often just a nasal spray. The ADH offers naloxone training and distribution to volunteer firefighters, community organizations, shelters, and other community leaders.



# **Prescription Drug Monitoring**

According to the CDC, Arkansas had the highest dispensing rate of opioid prescriptions in the country in 2023. To help address the over-prescribing of controlled substances and doctor shoppers—those individuals going to multiple prescribers and multiple pharmacies to obtain many prescriptions—the ADH maintains the Arkansas Prescription Drug Monitoring Program (PDMP).

This database collects all controlled substance prescriptions dispensed at retail pharmacies and mailed into the state. These data are then available to prescribers and dispensers to search and are used to analyze trends. Practitioner acceptance and increased usage of the Arkansas PDMP continue to positively impact healthcare in Arkansas, decreasing the opioid dispensing rate from 117 opioid prescriptions per 100 persons in 2015 to 71.5 prescriptions per 100 persons in 2023. This is a 38% decrease in the opioid prescription rate over four years.

#### **Pharmacy Services and Drug Control**

The ADH's Pharmacy Services and Drug Control staff investigates and regulates drug handlers, investigates drug storage areas, and oversees drug scheduling.



Photo courtesy of Hot Springs Village Police Department



# **Testing for Breast and Cervical Cancer**

The Arkansas BreastCare Program offers breast and cervical services at no cost to eligible women in Arkansas. Services are for uninsured, underinsured, or with a household income at or below 250% of the federal poverty level. They must be between the ages of 21-64 for cervical and 40-64 for breast, respectively. The BreastCare program has a statewide network of healthcare providers offering no-cost screening and follow-up testing.

Regular mammograms and Pap tests help detect cancer early, which can lead to better treatment outcomes.

## **Heart Disease and Stroke Care**

Arkansas ranks first in the United States for the highest number of deaths due to heart disease, including heart attacks. It ranks fifth nationwide for deaths due to cerebrovascular diseases, including strokes.

If you already know you have heart disease, it's important to maintain a healthy diet, be physically active, and not use tobacco or nicotine.

Community Team-Based Care Program for Hypertension Management: The ADH Local Health Units in Craighead, Desha, Hempstead, Jefferson, Lincoln, Madison, Nevada, Ouachita, Poinsett, and Washington counties offer counseling, skills development, and education services to patients with uncontrolled hypertension, diabetes, and elevated cholesterol. This includes lifestyle change counseling for a healthy diet, salt restriction, physical activity, weight loss, medication adherence, and tobacco cessation counseling. The program provides appropriate referrals and follow-ups with local healthcare providers for the medical management of hypertension and diabetes. Trained public health nurses lead the program.

WISEWOMAN: A program to decrease cardiovascular risk factors to prevent heart disease, stroke, and diabetes. The ADH Local Health Units in Craighead, Desha, Garland, Hempstead, Jefferson, Lincoln, Madison, Nevada, Ouachita, Poinsett, and Washington counties offer health assessments, including blood pressure, body mass index (BMI), lipid levels, and blood sugar levels. Lifestyle health coaching is also available for women ages 40-64 who are uninsured, underinsured, or have a household income at or below 250% of the federal poverty level at no cost. Trained public health nurses lead the program.

**Stroke/STEMI section:** The ADH has expanded the trauma system to include stroke and STEMI (ST-Elevated Myocardial Infarction or heart attack) care by optimizing the state's care system, including the community, emergency medical services, and hospitals.



## **Diseases from Animals and Insects**

Many diseases that affect people can come from animals. Some of those diseases are transmitted through the bite of an animal, such as mammals infected with the EMS virus or diseases spread through the bite of a tick or mosquito. Diseases that are spread by ticks and mosquitoes, such as West Nile virus, Rocky Mountain Spotted Fever, and Tularemia, can include symptoms resembling the flu and lead to serious illness if not recognized and treated promptly. The ADH works with healthcare professionals across the state to identify tick-and mosquito-related diseases and tell you the best way to avoid them.

# **Understanding Rabies**

Rabies is a deadly viral disease affecting warmblooded animals' nervous systems (specifically mammals). It is usually spread by an infected animal biting another animal or person. Rabies is a fatal disease that almost always leads to death unless treatment is provided soon after exposure and before symptoms start. In Arkansas, rabies is most common in wild skunks and bats. Any mammal can become infected with rabies. This includes domestic pets, such as dogs and cats, and even livestock, such as cattle and horses. Arkansas rabies law requires that all dogs and cats be vaccinated against rabies by four months of age by a licensed veterinarian, veterinary technician, veterinary technician specialist, or veterinary technologist. Rabies vaccinations must be kept current, so talk with your veterinarian and make sure your pets get booster shots. Protecting them from rabies also protects you!













You must report ALL animal bites to the ADH through its online animal bite investigation form to determine if there is a risk of contracting rabies. This form can be found at

https://adhredcap.arkansas.gov/redcap/surveys/?s=WRPPCLNR78.



# ADH Protects: Standards for Your Security

It's a safe bet that you don't turn on your faucet and immediately worry if the water is drinkable. And when you go to a restaurant, you're probably not focused on the source and safety of the food you've ordered. The ADH regulates what goes on behind the scenes with your food, water, plumbing, and septic system so that you can have peace of mind.

# **Food and Milk**

The ADH's Food Safety and Grade A Milk program routinely inspects the places that prepare, process, store, and serve your food to ensure that what's going on behind the scenes is as satisfying as what ends up on your plate. The unscheduled inspections last about an hour, with ADH specialists observing the preparation process and checking food expiration dates and temperatures. They inspect all restaurants, food manufacturers, retail stores, dairy farms, and school cafeterias and check your food at Razorback Stadium, War Memorial Stadium, the state and county fairs, and other temporary events.



## **Foodborne Outbreaks**

Bacteria like Salmonella, which cause food poisoning, can appear in food sold at grocery stores and restaurants. When this happens, the ADH responds by quickly gathering health information from anyone who may have eaten the food, investigating the food preparation area, interviewing food handlers, and issuing advisories and recall information to the public. The ADH Glen F. Baker Public Health Laboratory has state-of-the-art equipment to test for unknown

or toxic substances during national food safety emergencies. In recent years, the ADH investigated E. coli in baking flour, Salmonella in cucumbers, and lead in applesauce.



## **Public Water**

The ADH's Engineering staff oversees and regulates the state's 1,100-plus public drinking water systems, so their work directly affects all Arkansans. Thanks to them, the water you drink, cook, and clean with is regularly tested.

# **Environmental Health**

Today, environmental health specialists in every Arkansas county oversee the installation and management of septic tanks and general sanitation. But it wasn't always this way.

The connection between people and their environment has been a primary focus of the ADH since the early 1900s. At that time, nearly half of Arkansas's rural homes lacked proper sanitation, frequently leading to widespread hookworm

infections and outbreaks of waterborne illnesses. In 1913, when the Board of Health became permanent, their first priority was to improve sanitation by sending out privy inspectors. ADH environmental health specialists have been a resource for restaurants and other businesses ever since.

# **Plumbing and Natural Gas**

An important program at the ADH inspects and regulates plumbing and natural gas plumbing systems to ensure they meet safety codes. The ADH also trains your local code enforcement official, so they know what to look for in new home and business developments.

# **Other Environmental Testing**

Swim in the community pool? Play on the beach at one of Arkansas's lakes? Eat in a smoke-free restaurant? These activities are possible without worry of a health risk because of these ADH programs:

- Swimming Pools and Swim Beach Safety programs review plans for recreational facilities and test water quality to prevent waterborne diseases.
- On-site wastewater programs regulate and approve onsite wastewater "septic" systems.
- The Marine Sanitation Program regulates wastewater disposal on boats and at marinas.
- The Clean Indoor Air program enforces
   Legislative Act 8 of 2006, prohibiting tobacco
   use in all public places except for some bars and
   gambling establishments.

# **Epidemiology**

Epidemiologists collect information on infectious diseases, chronic diseases, food and waterborne diseases, injuries and hospitalizations, medical waste, toxic substances, environmental and occupational exposures, and more.

ADH epidemiologists monitor and evaluate this information in various electronic data systems so that any exposure, pattern, potential outbreaks, or disease clusters can be readily identified and addressed.

## **Environmental Epidemiology Case Study**

#### Lead in Drinking Water at Child Care Facilities

The ADH's public health laboratory and Choose Safe Places (CSP) Program partnered with 19 childcare facilities that volunteered to have their drinking water tested for lead. This testing was part of a pilot project designed around the Environmental Protection Agency's (EPA) 3Ts for Reducing Lead in Drinking Water Toolkit. Samples were collected and tested, and results were shared with the childcare facility owners. This project established a model for future efforts in the lead testing of water in childcare facilities and schools and, most importantly, helped protect the health of more than 2,000 children and staff.

Out of the 19 childcare facilities that volunteered and the 56 water samples collected, only two facilities had samples with lead levels greater than one microgram per liter (µg/L). The results were shared with facilities in an easy-to-understand document created in collaboration with the public health lab, the CSP program, and the ADH Engineering section. Facilities also received information on the EPA's 3Ts for Reducing Lead in Drinking Water Toolkit to help facilities begin a routine lead testing procedure. The success of this project is attributed to strong collaboration among ADH CSP's internal and external partners. Most importantly, this project helped establish a model for future efforts in lead testing in childcare facilities and schools and provided valuable education on the importance of reducing lead exposure in children in Arkansas.





# ADH Responds: Expecting the Best, Preparing for the Worst

You've seen how the ADH protects you and your environment against unforeseen events by making you healthier and the world around you safer. Here's how the ADH makes it easier and quicker to respond when accidents occur.



# Preparing for and Responding to Public Health Emergencies

In this era of disease outbreaks, natural disasters, and potential terrorist threats, ensuring that people are prepared and can respond appropriately is one of the ADH's highest priorities. When an emergency strikes, the ADH is prepared with:

**Arkansas Health Alert Network (HAN)** – A secure communication system used to quickly share critical public health information—such as alerts,

prevention guidelines, and emergency updates—with healthcare providers, hospitals, and local health agencies across the state.

Emergency Communications Center (ECC)— Operated 24/7 by duty officers who monitor emergencies that threaten public health and notify ADH personnel.

Emergency Operations Center (EOC) – ADH
Senior Leadership can activate the EOC during
disasters and public health emergencies. The EOC
is staffed by ADH personnel, subject matter experts,
and external partners to coordinate resources,
manage the response, and provide technical support
to the health and medical community.

**Emergency Support Function 8** – ADH personnel and EOC liaisons coordinate public health and medical disaster response functions specified in the Arkansas Comprehensive Emergency Management Plan.

Healthcare Preparedness Program (HPP) – This program is designed to ensure healthcare systems are equipped to manage public health emergencies. It collaborates with hospitals, long-term care facilities, emergency medical services, and other healthcare providers to create a coordinated and effective response during crises. HPP also offers training and resources to enhance medical surge capacity, ensuring essential health services remain operational under pressure. By promoting collaboration and preparedness, the program is vital in safeguarding communities during disasters.

Public Health Emergency Preparedness
Program (PHEP) – The ADH's goal is to enhance jurisdictional coordination and collaboration to continually maintain and increase the agency's ability to prepare, plan, and respond effectively to the public health consequences of all hazards with a scalable, comprehensive, and modern approach.

## **ADH Responds:** Expecting the Best, Preparing for the Worst



**SERV Arkansas** – A comprehensive registry used to manage medical and non-medical volunteers. Approved requests during disasters or emergency declarations can activate it.

Strategic National Stockpile Program – Develops, maintains, and evaluates the ADH's plans to receive, stage, distribute, and dispense critical medical countermeasures and supplies needed by not only the health and medical community but all Arkansans in response to chemical, biological, or radiological attacks or incidents as well as any other natural or man-made disasters.

**Technical Hazards / Training & Exercise Programs –** Trains and evaluates the capabilities of the ADH and partners to respond to chemical, biological, and radiological incidents and other disasters that affect the health and medical infrastructure.



# **Treating Traumatic Injuries**

In 2009, the state legislature established a new statewide trauma system. Before then, EMS providers carried injured patients to the nearest hospital, regardless of that hospital's ability to care for the patient's particular injury. Since that time, Arkansas has made great progress in lowering the number of deaths due to injuries. This progress can be measured from data collected through the **Arkansas Trauma Registry (ATR)**, a statewide trauma data collection and evaluation system. Registry data are used to drive activities that will reduce the number of traumatic injuries and resulting deaths. This system saves at least 168 lives every year.

The trauma system has four main parts:

Hospital Trauma Centers – 56 hospitals statewide have personnel and state-of-the-art equipment and are designated according to levels (I = highest; IV = lowest) to handle injuries based on severity.

**EMS Agencies** – 94 EMS agencies were eligible to receive grants to improve ambulance and paramedic/EMT trauma readiness. Thirty-six EMS training sites were eligible to receive grants to improve trauma care education for paramedic/EMT students.

**Arkansas Trauma Communications Center (ATCC)** – Since 2011, the ATCC has coordinated over 239,290 cases, including:

- 138,342 EMS cases (10,431 in 2024)
- 100,948 transfers between facilities (9,878 in 2024)

Trauma Image Repository – Ensures that medical scans are electronically sent to the higher-level trauma centers before transport so that the patient can go directly to the operating room, where a trauma team has already been assembled. In 2021, more than 7.5 million images of patients needing a higher level of trauma care across Arkansas and border states, including Missouri, Tennessee, and Texas, were accessible.

# Glen F. Baker Public Health Laboratory

Today's world demands the testing of biological material as rapidly as possible. About 1,600 samples are sent daily to the ADH's Glen F. Baker Public Health Laboratory, housed in a state-of-the-art building next to ADH Little Rock headquarters. The scientists test for rabies, HIV, TB, many infectious diseases, and other possible health risks. The laboratory provides screening of newborns for genetic conditions for the entire state. Also, drinking water is tested

for numerous contaminants to ensure the drinking water is safe.





# **ADH Licenses** and Registers:

Checks and Balances to Keep You Safe

When you go to cosmetologists, radiologic technologists, or EMTs, you need assurance that they are properly trained, officially licensed to practice, use safe and effective equipment, and comply with all rules. There's no room for assumption or risk when ensuring your health. Here's how the ADH does just that:

# **Cosmetology and Massage Therapy**

Anyone studying to become a nail technician, massage therapist, esthetician, hair stylist, or electrolysis practitioner uses curricula developed by the ADH's Cosmetology Section and is tested and licensed before going into business. The program also conducts onsite inspections and determines the penalties for code violations.

#### The ADH Licenses:

- 44,580 cosmetology practitioners
- 4.300 salons
- 60 cosmetology schools
- 2,800 massage therapists
- 19 massage therapy schools
- 414 body art establishments
- 1,904 body art artists
- 116 Body Art Institutions

# **Medical Marijuana Registry Card**

The Arkansas Constitutional Amendment 98 authorizes certain qualifying individuals to purchase medical marijuana if they have a medical marijuana registry ID card. The ADH processes applications and issues medical marijuana registry ID cards for those who meet the qualifications. The online application system may be found at <a href="https://www.healthy.arkansas.gov">www.healthy.arkansas.gov</a>.

# **EMS Providers**

Arkansas's Emergency Medical Services (EMS) system receives more than 600,000 ambulance service calls and treats more than 450,000 patients annually. Many of these patients have complicated medical and traumatic conditions that require considerable knowledge, skill, and judgment for effective treatment – and this treatment must occur in the pre-hospital setting. Additionally, EMS providers statewide collaborate with disaster preparedness planning, injury prevention, trauma, stroke, and STEMI system of care programs within the ADH.

The ADH Section of EMS is the regulating body that issues Arkansas EMS licenses to EMS providers and licensed ambulance services. The EMS section also oversees complaint-driven investigations and EMS training sites. The ADH Section of EMS also manages the Arkansas EMS for Children (EMSC) program, which ensures the emergency care needs of children are met effectively. EMSC develops and maintains partnerships and collaboratives to improve pediatric emergency education, research, and patient care for EMS providers across the state.



# **Health Facility Services**

The goal of Health Facility Services (HFS) is to ensure the provision of safe and quality care for citizens and visitors of Arkansas. This is done by ensuring healthcare providers follow both state and federal rules and regulations. ADH, through HFS, is working to ensure this care is provided by conducting onsite inspections, surveys, and investigations in hospitals, home health, dialysis, rehabilitation, or 20 other healthcare facilites. We encourage anyone with concerns regarding the care and treatment of a healthcare provider to bring this to our attention by visiting the complaint portal at https://healthy.arkansas.gov/programs-services/ licensing-military-member-licensure-permits-planreviews/health-facility-services/health-facilityservices/.

#### Radiation Control

The ADH's Radiation Control ensures that your mammograms and x-rays are safe, along with the medical accelerators and the radioactive material used to treat cancer. You can be sure that the technologists who perform these services for you are licensed. Each year, Radiation Control performs 85 Mammography Quality Standard Act inspections and compliance inspections on x-ray equipment every three to five years to ensure they meet regulatory standards and are used safely. Medical accelerators are inspected on a three-year basis to ensure they are used safely under the terms of their license. Radiation Control also helps accredit 85 mammography facilities and issues licenses to radiologic technologists to work with x-ray or radioactive materials and licenses for entities to possess and use radioactive material.

# Stroke Registry

The Arkansas Stroke Registry (ASR) allows the ADH to help hospitals track, measure, and improve the quality of care for stroke patients across the state. It strives to optimize the quality of stroke care, decrease death and disability, and increase public awareness of stroke treatment and prevention.

The ADH has also established an Arkansas Stroke Ready Hospital (ArSRH) designation to improve the standards of care for stroke across the state. ArSRHs are designated medical facilities staffed

and equipped to provide immediate care for stroke patients. Currently, Arkansas has 30 ArSRHs, two Acute Stroke Ready Hospitals designated through The Joint Commission, 10 Primary Stroke Center hospitals, and three Comprehensive Stroke Center hospitals. As of late March 2025, all University of Arkansas for Medical Sciences Institute for Digital Health and Innovation Telestroke sites and all Mercy Telestroke participating sites in Arkansas that have not yet received official ADH designation but can provide initial acute stroke care have been provisionally designated as ArSRHs. The ADH is in the process of completing the official designations for these facilities.

With a stroke, time is brain, and every minute matters. Remember BE FAST to stop a stroke.



800,000 people suffer a stroke every year in the U.S. Learn this acronym so you can BE FAST when you spot the signs.





**BALANCE ISSUES** 

















**ARM WEAKNESS** 





TIME TO CALL 911



People who have high blood pressure, high cholesterol, heart disease, diabetes, obesity, sickle cell disease, heart rhythm disorder (AFib), previously suffered a stroke or tobacco users are at risk for a stroke

## Smoking increases the risk of a stroke.

Be Well Arkansas can help you quit nicotine and reduce your risk. If you're thinking about quitting, our wellness counselors can help you quit at no cost. Call 833-283-WELL.







**BEWELLARKANSAS.ORG** 

# **Heart Attack Registry**

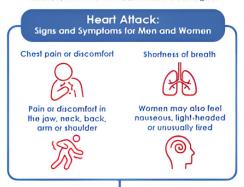
A STEMI (ST-elevated myocardial infarction) is a severe heart attack from complete blockage of a coronary artery, which has a substantial risk of death and requires quick response by individuals and systems. The Arkansas Heart Attack Registry (AHAR) collects data for STEMI and non-STEMI (partial artery blockage) patients to help track, measure, and improve patient care. Some hospitals participating in the AHAR have the equipment and capability to give percutaneous coronary intervention (PCI), a method of treating heart attack patients.

With a heart attack, time is muscle, and every minute matters.

# **Don't Ignore The Signs**



Know the symptoms of a heart attack. It happens when the heart mutcle doesn't get enough blood. The more that time passes without treatment before blood's restored, the more the heart muscle's damaged.



SECONDS, o hour of lock occurr.

ACT FAST!
Don't drive, dial

Smoking increases the risk of a heart attack.

Be Well Arkansas can help you avit nicotine and reduce your risk. If you're thinking about quitting, our welfness counselors can help you for FREE. Call 833-283-WELL.

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# An Arkansas Heart Attack Survivor's Story:

Jennifer Siccardi

Jennifer Siccardi, a Little
Rock resident, was getting
ready for bed one late
October night in 2017 when
she started experiencing
pronounced chest pain.
Since she suffers from acid
reflux, both she and her
husband assumed that was
the culprit. The pain was
severe, but she felt fine
when she woke up the following day.



Over the next few days, she experienced the same symptoms of chest cramps and weakness whenever she ate. Finally, she sought help at an urgent care clinic and, eventually, the emergency room.

Jennifer was diagnosed with coronary artery disease, a condition in which plaque grows within the walls of the arteries and restricts blood flow to the heart's muscles.

Doctors in the ER told her she would be getting a stent put in her heart to open the artery to allow better blood flow. Once the procedure was finished, Jennifer's husband shared that days before, when they both had assumed she had suffered from reflux, she had, in fact, experienced a heart attack. Jennifer is doing well these days. She sees her doctor every few months, exercises regularly, and monitors her diet. No additional surgeries are on the horizon.

Jennifer is passionate about educating all those around her about heart disease. She stresses that if something feels off, people should check with their doctor and not try to diagnose themselves.

# **Cancer Registry**

Every year, there are 19,500 new cases of cancer diagnosed in Arkansas and about 6,700 cancer deaths. Cancer is the second leading cause of death in the state. Tobacco use is the cause of 40% of all cancers in Arkansas.

All licensed healthcare providers are required to report newly diagnosed cancer cases to the Arkansas Central Cancer Registry (ACCR) at the ADH within six months of diagnosis or initial treatment. By registering every diagnosed case of cancer, the ADH can monitor cancer trends, identify people who have an increased risk of cancer, measure cancer control efforts over time, and support cancer research to find new and innovative solutions.





# **Health Statistics**

In public health, it's essential to track and measure key aspects of health and quality of life so that the ADH can scientifically establish causes of health problems and illnesses and the people likely to be at risk. The Vital Records and Statistics Branch is responsible for the collection of health-related data. These data are used for program planning and evaluation, health policy development, and research. The data include vital statistics events, hospitalizations, cancer, and survey results. Every year, Vital Records and Statistics Branch provides numbers, such as: How many patients were discharged from hospitals? How many babies were born? What about the number of deaths? The answers help the ADH prioritize its efforts, work to change policies and educate more effectively.

Go to the ADH Health Statistics Branch
Data and Reports webpage to download
reports and fact sheets at <a href="https://www.healthy.arkansas.gov/programs-services/topics/vital-statistics">https://www.healthy.arkansas.gov/programs-services/topics/vital-statistics</a>.





# ADH Educates: Information that Changes Lives

You know that high blood pressure, extra weight, and tobacco use all lead to the most common causes of death: heart disease, cancer, chronic lung disease, stroke, and diabetes. Another major concern is obesity among the state's children, a condition proven to cause health problems in later years. At the ADH, some programs make it easier to adopt healthier behaviors and can make the difference between healthy and unhealthy futures.

# **Be Active and Eat Healthy**

It takes knowledge, support, and motivation to make the necessary changes and stop habits that can ultimately damage your health. That's where the ADH comes in.

# In Schools

The ADH Coordinated School Health Program, in collaboration with the Department of Elementary and Secondary Education (DESE), guides and trains school nurses and other school personnel to operate School-based Health Centers. These Centers provide various services, including health screenings, mental health, and dental services. The Centers serve as a wellness and prevention services resource and provide expertise to schools and communities to increase physical activity and improve nutrition.

# **Tobacco Prevention and Cessation**

There's a bitter truth about tobacco use: about half of the people using nicotine products today will die from using them.

Tobacco and nicotine products, including e-cigarettes, are highly addictive. Tobacco products

are proven to cause cancer, heart disease, stroke, gum disease, premature births, chronic pulmonary disease, blood clots, and asthma. In 2019, it became widely known that vaping could also lead to severe lung injury. The ADH has been working hard to add this information to the overall programming for tobacco education.

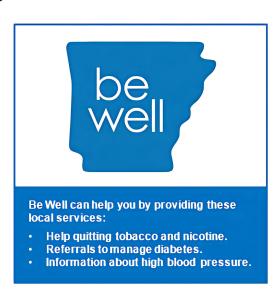
Tobacco Prevention and Cessation Program at the ADH works to:

- Prevent young Arkansans from starting to use tobacco.
- Help all ages quit their tobacco addiction.
- Eliminate secondhand smoke in public places.
- Give healthcare workers training, tools, and resources to help patients quit tobacco and nicotine.

## **ADH Resources to Help You Quit**

#### Be Well Arkansas

Tobacco use prematurely kills around 5,800 Arkansans each year. Want to spend more years with your loved ones? Get help to stop smoking by calling Be Well Arkansas at 1-833- 283-WELL. For more information on how quitting tobacco use can help you to be well, visit <a href="https://www.bewellarkansas.org">www.bewellarkansas.org</a>.



#### Get your child involved with Project Prevent.

Through this program, the ADH provides tobacco prevention and education to youth across Arkansas. The ADH encourages youth to participate in many year-round projects, including an essay or lyric project called "My Reason to Write" and a video project called "Ready, Set, Record." For more information, visit <a href="https://projectpreventar.org/">https://projectpreventar.org/</a>.

#### **Protecting Arkansans from Tobacco:**

The air indoors at most public places is clean thanks to the 2006 Clean Indoor Air Act. Arkansas enacted the nation's first law (Act 811 of 2011) to ensure that children under the age of 14 ride in smokefree vehicles. In 2013, Arkansas began prohibiting e-cigarette sales to minors and their use on school grounds and at school events. In 2019, Arkansas increased the minimum age to 21 to purchase tobacco and vaping products. A similar law passed on the federal level later that year.

### **Take Care of Your Teeth**

The ADH Office of Oral Health has developed several statewide dental initiatives through various partnerships.

Paint A Smile – The Office of Oral Health trains medical providers to apply topical fluoride varnish to children's teeth. Paint a Smile promotes fluoride varnish application in local health units in Arkansas as well as private physician practices. Fluoride varnish is a quick and easy gel that is brushed on children's teeth, providing an increased level of protection against cavity-creating bacteria.

Basic Surveillance Screening (BSS) – Over 3,000 third graders were screened in 2023. Dental hygienists conducted open-mouth screenings to check for decay, restorations, and dental sealants. The information collected helps to identify oral disease, target oral health programming, and shape public policy.

School Sealant Programs (SSP) –The Office of Oral Health partners with several organizations and schools to screen and place dental sealants for children. A dental sealant is a thin coating applied to the chewing surfaces of the back teeth (molars) to prevent cavities for many years. School sealant programs are a highly effective way to deliver sealants to children less likely to receive dental care.

#### National Children's Dental Health Month -

Every year, the Office of Oral Health partners with the local health units, ADH Community Health Promotion Specialists and Community Health Nurse Specialists, the Arkansas State Library, and private dental professionals to offer oral health education across the state.

Approximately 50,000 oral health kits, comprised of a toothbrush, toothpaste, and floss, are distributed to children during the month of February for National Children's Dental Health Month.

Arkansas Oral Health Coalition – A 501(c)(3) designated not-for-profit corporation, the Coalition comprises 50 agencies and organizations all invested in increasing optimum oral health for all Arkansans through education, prevention, and policy.

# **Identify and Manage Diabetes**

Approximately 364,000 adults in Arkansas have diabetes. Of these, an estimated 75,000 have diabetes but don't know it, greatly increasing their health risk. Serious complications include heart disease, stroke, amputation, end-stage kidney disease, blindness, and death. Diabetes is the 7th leading cause of death in Arkansas. Also, 797,000 Arkansans are estimated to have prediabetes with higher-than-normal blood glucose levels but not high enough to be diagnosed as diabetes. Since prediabetes can lead to diabetes, the ADH Chronic Disease Prevention and Control Branch works to educate Arkansans about how to prevent diabetes.

You can take the short online prediabetes risk test in English or Spanish and sign up for text message tips at <a href="https://doihaveprediabetes.org/">https://doihaveprediabetes.org/</a>.

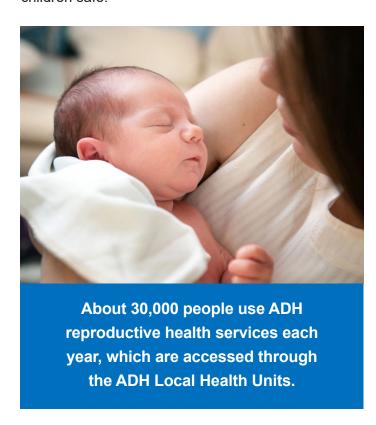
#### If You Have Diabetes:

The ADH's Diabetes Self-Management Education and Support Program (DSMES) helps patients create new, healthier lifestyles that will keep diabetes under control. The program explains what diabetes is and tells you how to recognize and manage the symptoms, monitor sugar and blood pressure levels, increase your physical activity, and make smarter food choices. Check with your local health unit to enroll in a nearby DSME program.

The Diabetes Prevention Program is delivered by a trained lifestyle coach who facilitates a small group of adults to discuss behavior changes that can improve the participant's health. Learning how to become more physically active, eat healthy, manage stress, learn coping strategies, and receive support can make a positive change in one's life.

# **Raise Healthy Children**

The ADH is safeguarding your baby's health every step of the way. The Women's Health Section offers reproductive healthcare services and prenatal clinics at local health units for pregnant women. After birth, newborn screening is offered for certain disorders, and school health programs are available to keep children safe.



# Your Newborn Baby's First Tests

Before every new baby leaves the hospital, they have already had a blood sample taken to screen for certain disorders. They're rare – out of 34,264 births in 2023, only 63 Arkansas babies had a disorder – but it's vital to detect anything as quickly as possible. The ADH Newborn Screening program oversees follow-up on 30+ genetic disorders. The samples are

tested Monday through Saturday at the ADH Glen F. Baker Public Health Lab, and abnormal results are immediately reported to the baby's physician.

A hearing screening is another important test for your infant. Three out of every 1,000 newborns in the United States are born with significant hearing loss – and many have no known signs or risk factors for the condition and are born to hearing parents. Having your infant tested for hearing loss is important to help them develop the language skills they need to succeed in school and life. The screening is safe and painless and is conducted before leaving the hospital. If your baby does not pass the screening, a repeat screen is recommended before your baby turns 1 month of age. If you have questions or want to speak with someone at the Infant Hearing Program, please call 501-280-4740 or visit www.arhealthyhearing.com.

# **Baby's First Year**

Unfortunately, infant mortality is a health challenge in Arkansas, particularly among African American babies, who are more likely than any other group to die before they reach their first birthday. The ADH is approaching this challenge with both one-on-one and community-wide support..

Certain risk factors have been shown to cause increased risk of death to babies. These include if the mother:

#### Before birth

- Is younger than 20 or older than 40
- Didn't graduate from high school
- Isn't married
- Smokes cigarettes
- Didn't receive medical care during the pregnancy
- Had at least one health problem during the pregnancy

#### After birth

Does not observe safe sleep practices (ABCs - baby should be alone, on their back, in a crib).



# **Supporting Pregnant Women and New Mothers with Home Visiting Programs**

Arkansas ranks near the bottom of all states in indicators related to child health and well-being, including teen pregnancy, infant mortality, and low-weight and premature births. Research has shown that evidence-based home visiting programs effectively address vulnerable, at-risk families' health and well-being needs, particularly in rural areas.

Arkansas's Maternal, Infant, and Early
Childhood Home Visiting project: Serves as a
public-private collaborative effort between the ADH
and Arkansas Children's Hospital with the belief that
each child in Arkansas has unlimited potential. The
project provides high-quality home visiting programs
to at-risk families in 60 counties across the state.
Services are provided through four evidence-based
programs and one promising approach:

- Healthy Families of America (evidencebased): Serves at-risk pregnant women prenatally through the child's third birthday through weekly home visits focused on child welfare
- Home Instruction for Parents of Preschool Youngsters (evidence-based): This program serves families with preschool-aged children aged 3-5 through weekly home visits focused on school readiness.
- Nurse-Family Partnership (evidence-based):
   This program serves first-time, low-income pregnant women through the child's second birthday, with home visits focused on improving health and developmental outcomes and parenting skills development.
- Parents as Teachers (evidence-based):
   Serves at-risk pregnant women through the child's third birthday through monthly home visits focused on healthy child development.
- Following Baby Back Home (promising approach): This program serves medically fragile children coming out of neonatal intensive care units until age three through bi-monthly home visits focused on improving health and developmental outcomes and care coordination.



In 2021, more than 21,697 home visits were made serving 1,794 children in 1,683 families. Services are offered in 56 counties through 29 different local implementing agencies. The ADH remains dedicated to helping the state's children reach their full potential.



# **Supporting WIC Families**

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is administered through the ADH and provides nutrition education, breastfeeding support, supplemental foods, and referrals to health and social services for eligible families. Since its beginning in 1974, WIC has earned the reputation of being one of the nation's most successful public health programs. Participation in WIC leads to improved health outcomes, such as fewer premature births, improved growth rates, and decreased incidences of iron deficiency anemia.

Participants receive monthly food benefits that are designed to support specific nutritional needs during times of critical growth and development. These foods help women and children fill nutritional gaps to form a healthy and complete diet. The WIC program provides participant-focused nutrition education that includes guidance on healthy meal planning with WIC-approved foods. Pregnant and postpartum women receive breastfeeding support and education to promote optimal health for themselves and their babies. Research shows that breastfeeding lowers a child's risk of obesity, type 2 diabetes, and asthma while decreasing the mother's risk for high blood pressure, type 2 diabetes, and certain breast and ovarian cancers.

In Arkansas, WIC serves more than 64,000 low- and moderate-income women, infants, and children at risk for developing nutrition-related health problems. Pregnant and postpartum women, breastfeeding moms, and children up to age five may qualify to receive WIC benefits if they meet income guidelines, state residency requirements, and have a nutritional need.

For more information about WIC, visit <a href="https://healthy.arkansas.gov/programs-services/community-family-child-health/wic-women-infants-children/">https://healthy.arkansas.gov/programs-services/community-family-child-health/wic-women-infants-children/</a>.



Encourages and Supports Breastfeeding!

Breastmilk is the best food for babies. It provides a natural resistance to help babies fight many illnesses and infections. Breastfeeding offers a lifetime of health benefits for both mothers and their babies. Breastfeeding education, resources, and support are available statewide through the Arkansas WIC Program. Call the breastfeeding helpline at 1-800-445-6175 for more information.









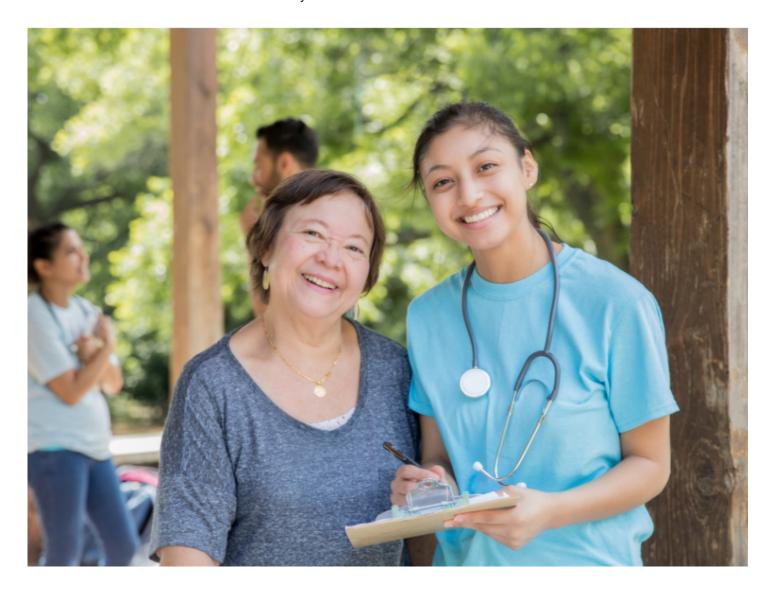


# **ADH Closes the Gap**

Everyone deserves an opportunity to receive good healthcare, regardless of where you live. That's why the ADH operates at least one Local Health Unit in each of the 75 counties in Arkansas.

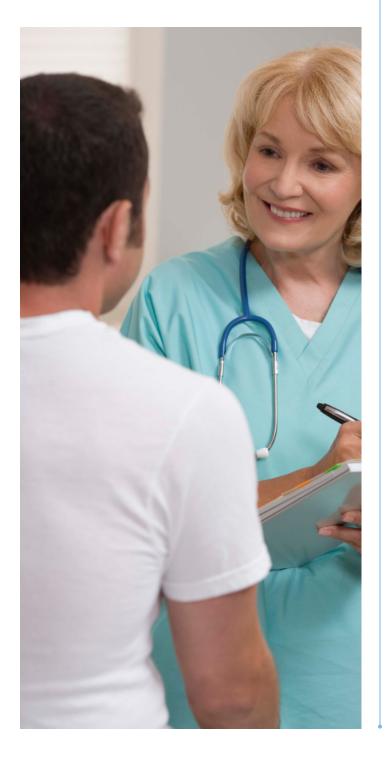
### **Health Care Access**

Do you live in a rural area where doctors and healthcare clinics are few and far between? If so, you're not alone. According to the 2019 population estimates from the U.S. Census Bureau, approximately 41% of all Arkansans live in rural areas. That's why the ADH has a program dedicated to recruiting and retaining healthcare workers in rural areas: the Office of Rural Health and Primary Care.



# **Health Literacy**

Health literacy is an important way to address a population's health problems. If a patient doesn't understand the form they are filling out, the label on their prescription bottle, or the meaning of the words their nurse is using, healthcare providers are not communicating effectively. To deal with this challenge, the ADH staff in the Office of Health Communications work to make health and safety information easy to understand.





# Hometown Health Improvement and Office of Faith-based Outreach

The ADH recognizes that change happens when its staff works with communities to improve public health. The ADH's Hometown Health Improvement program is a community-driven process that empowers residents to take ownership of their health problems and create solutions for them. Business leaders, healthcare providers, elected officials, religious leaders, educators, and others are focusing on proven strategies like tobacco-free environments, active lifestyles, and healthy eating. Arkansas communities are making progress through policies, systems, and environmental change!



# About the ADH

### **ADH Boards and Commissions**

The Transformation and Efficiencies Act of 2019 reorganized 23 state boards and commissions to become a part of the ADH. Below are the boards and commissions that joined the ADH:

# **Arkansas State Board of Acupuncture and Related Techniques**

The mission of the Arkansas Board of Acupuncture and Related Techniques (ASBART) is to benefit, educate, and protect the public through licensure regulation, education standards development, consumer information provision, and enforcement of the Arkansas Acupuncture Practice Act. ASBART is committed to the health and safety of the people of Arkansas by ensuring excellence in training and education and fair and ethical standards of professional conduct.

# Arkansas State Board of Examiners of Alcoholism & Drug Abuse Counselors

The State of Arkansas Board of Examiners of Alcoholism and Drug Abuse Counselors' mission is to protect the public by upholding the standards of practice for alcoholism and drug abuse counselors. Alcohol and drug abuse counseling is the application of general counseling theories and treatment methods adapted to specific alcohol and drug theory and research for the express purpose of treating persons with alcohol and other drug problems and persons with co-occurring psychiatric disorders within the state's society.

#### **Arkansas State Board of Athletic Training**

The Arkansas State Board of Athletic Training is a licensing and regulatory organization created in 2001 to protect the public from incompetent, unprofessional, and unlawful practice of athletic training. Laws are established to set forth standards for the practice of athletic training. The Board receives, investigates, and adjudicates complaints against licensees. The most important function of the board is consumer protection.

#### **Arkansas State Board of Chiropractic Examiners**

The Arkansas State Board of Chiropractic Examiners was created to provide for the licensing and examination of chiropractic physicians, ensure that any person practicing or offering to practice chiropractic medicine in the state is qualified and licensed, and safeguard the public health and welfare of Arkansas citizens.

Chiropractic Physicians must also pass the National Board examinations before licensure. Chiropractors treat people suffering from issues with the spinal musculoskeletal structure and the nervous system by helping to adjust a person's skeletal structure to help restore or maintain health without using drugs or surgery. Chiropractors help with muscle and bone problems such as neck pain, lower back pain, and spinal disk conditions.

#### **Arkansas State Board of Dental Examiners**

The Arkansas State Board of Dental Examiners was established by the Legislature in 1887 to help protect the interest of Arkansas citizens. The Board is authorized by statute to license dentists and dental hygienists by examination or credentials. The Board:

Issues specialty licenses to dentists with post-

graduate training and successfully completing an examination.

- Registers dental corporations.
- Issues permits to dental assistants who have qualified for expanded duties.
- Issues anesthesia permits to dentists who have special training and wish to use general anesthesia or conscious sedation in their offices.
- Issues local anesthesia permits to dental hygienists who have special training that meets Board criteria..

#### **Arkansas Dietetics Licensing Board**

The purpose of the Arkansas Dietetics Licensing Board (ADLB) is to protect the health, safety, and welfare of the public by providing for the licensing and regulation of persons engaged in the practice of dietetics, as established by the Dietetics Practice Act.

The Board meets regularly to process new and renewal licensure applications. The State of Arkansas currently licenses over 1,165 dietitians.

#### **Arkansas State Board of Dispensing Opticians**

The Arkansas State Board of Dispensing Opticians is a licensing and regulatory organization created to protect the public from incompetent, unprofessional, and unlawful practice of opticianry. Laws are established to set forth standards for the practice of opticians and apprentice opticians, continuing education and testing, and to define the scope and limitations of practice. The Board licenses optical shops and ensures proper staffing to protect the consumer. The Board receives, investigates, and adjudicates complaints against licensees. The most important function of the board is consumer protection.



# Arkansas Board of Examiners in Counseling and Marriage and Family Therapy

The Arkansas Board of Examiners in Counseling and Marriage and Family Therapy is responsible for regulating counselors and marriage and family therapists in the state of Arkansas. This includes examining the qualifications of applicants and approving each for licensing, as well as revoking, suspending, and renewing licenses.

To protect the citizens of Arkansas, obtaining an Arkansas license is a prerequisite to offering, rendering, or delivering counseling services within the state as a licensed professional counselor, licensed associate counselor, licensed marriage and family therapist, or licensed associate marriage and family therapist. The Board's mission statement is to protect the public and ensure the quality of mental health services provided to Arkansas's citizens. The Board investigates complaints filed concerning licensees and conducts hearings when needed.

#### **Arkansas Health Services Permit Agency**

The Health Services Permit Agency, with direction from the Health Services Permit Commission, is responsible for issuing approval permits for nursing facilities, residential care facilities, assisted living facilities, home health and hospice agencies, psychiatric residential care facilities, and intermediate care facilities for the intellectually disabled.

The agency ensures the appropriate distribution of healthcare providers across the state by regulating new services, protecting quality care, and negotiating competing interests so that community needs are appropriately met without unnecessary duplication and expense. Its objectives are to evaluate the availability and adequacy of health facilities and health services related to long-term care facilities, home health agencies, and hospice agencies and facilities; designate areas of the state and categories of health services that are underserved or over-served; and develop policies and adopt criteria for the review of applications and issuing of permits of approval.



# State of Arkansas Board of Hearing Instrument Dispensers

The State of Arkansas Board of Hearing Instrument Dispensers' primary mission is to ensure the public's protection when purchasing hearing instruments. Its duties and powers include communicating the rules necessary to enforce and administer the laws governing hearing instrument dispensers, licensing qualified persons who have passed the board examination, and handling complaints against licensed dispensers.

#### **Arkansas Minority Health Commission**

The mission of the Arkansas Minority Health Commission (AMHC) is to improve access to preventive healthcare for all minority Arkansans and to seek ways to promote health and prevent diseases and conditions prevalent among minority populations.

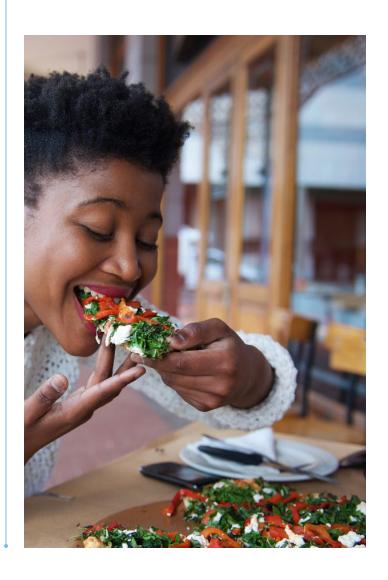
#### AMHC works to:

- Increase the number of minority Arkansans obtaining screenings for diseases that disproportionately impact minorities.
- Increase the number of minority Arkansans who receive education regarding diseases that disproportionately impact minorities.
- Establish a system to support a resource database to help minority citizens identify and access appropriate health and healthcare resources in their communities.
- Establish a collaborative network of stakeholders to address workforce and education on healthcare.

 Establish a network of coordination and collaboration with other agencies and organizations addressing the health of minority populations.

#### AMHC's signature programs include:

- Southern Ain't Fried Sundays is about keeping traditional soul food meals that many Americans love but offering healthy twists on how these favorites are prepared.
- The AMHC's Mobile Health Unit travels across the state, providing access to free health education and health screenings. Screenings include blood pressure, blood sugar, A1c, cholesterol, height, weight, HIV, and more.
- Camp iCan is a fitness and nutrition camp for young people aged 9-12 designed to teach them how to eat and live healthier lives.



#### **Arkansas State Board of Optometry**

The Board of Optometry administers examinations to doctors who wish to practice optometry in Arkansas. Every optometry doctor must renew their license to practice each year.

The Board also:

- Approves the courses, seminars, and conferences available to doctors for continuing education hours.
- Set guidelines for advertising optometry services to help keep the public from being misled.
- Receives all complaints against an optometry doctor.

#### **Arkansas State Board of Pharmacy**

The Arkansas State Board of Pharmacy aims to promote, preserve, and protect public health, safety, and welfare by effectively regulating the many aspects of the drug delivery system.

The Board licenses, permits, and oversees pharmacists and pharmacies and the distribution system for the sale, delivery, or distribution of prescription drugs, medical gases, durable medical equipment, and legend devices.

While the Board is involved in several projects and partnerships that play an instrumental role in its mission, one focus area is prescription drug abuse, misuse, and addictive disease. Three ways the Board works to address these issues are:

**Drug Take Back Programs:** To promote safety measures for patients to appropriately dispose of their unwanted and unneeded prescription drugs at Drug Take Back Boxes and Drug Take Back Events throughout the state and at Drug Take Back Events.

The Naloxone Statewide Protocol: The protocol has pharmacists and pharmacies actively helping to educate Arkansans about the risks of not only prescription opioids but also illicit drugs that are often seen tainted with fentanyl. This protocol allows pharmacies to sell naloxone directly to consumers who may be at risk of having an opioid overdose or know someone else who is at risk of an opioid overdose. This is a parallel program to the expansion of law enforcement's use of naloxone,

which the Board has supported for several years and has saved the lives of over 500 people in the state who were in an opioid overdose crisis.

**Outreach:** Programs are held in partnership with the DEA, FBI, Arkansas Criminal Justice Institute (CJI), and the state Drug Director to deliver programs in communities across the state where citizens have a chance to interact with experts from DEA, FBI, local law enforcement, the Arkansas Drug Director, and the Board of Pharmacy to ask questions about drugs, drug abuse, addiction and trends the experts see with drug use and overdose.

#### **Arkansas Board of Podiatric Medicine**

The mission of the Arkansas Board of Podiatric Medicine is to protect the citizens of Arkansas and act as their advocate. This is achieved by regulating the practice of podiatric medicine to ensure all licensees uphold the obligation of providing ethical, quality care. The Board maintains the records of each of its licensees.

#### **Arkansas Psychology Board**

The Arkansas Psychology Board was created by Act 129 of 1955 to regulate the practice of Psychology in Arkansas. The Board currently issues two types of licenses: Psychologist and Psychological Examiner. The primary responsibility of the Board is to protect the citizens of Arkansas from misrepresentation, unethical practice, or incompetence in the practice of psychology. The Board approves applicants' credentials, schedules written examinations, and licenses psychologists. The Board investigates and acts upon, if warranted, allegations of possible ethical violations.

#### **Arkansas State Board of Physical Therapy**

The Arkansas State Board of Physical Therapy is a licensing and regulatory organization created to protect the public from incompetent, unprofessional, and unlawful physical therapy practices. Laws establish standards for physical therapy, continuing education, and testing and define the scope and limitations of practice. The board receives, investigates, and adjudicates complaints against licensees. The most important function of the board is consumer protection.



#### **Arkansas Social Work Licensing Board**

The mission of the Social Work Licensing Board is to protect the public by setting standards of qualification, training, and experience for those who seek to represent themselves to the public as social workers and by promoting high standards of professional performance for those engaged in the practice of social work. The Social Work Licensing Board issues licenses, renews licenses, and endorses licenses to other states. The Social Work Licensing Board also investigates complaints made against licensed social workers.

Social work is a professional service that affects changes in social conditions, human behavior, and emotional responses of individuals, couples, families, groups, and organizations. The disciplined application of social work knowledge and skills includes, but is not restricted to: (A) Counseling with individuals, couples, families, and groups for purposes of assessment and enhancement of people's problem-solving and coping capacities; and (B) the application of social work knowledge and skills in social planning, administration, and research.

#### Arkansas Board of Examiners for Speech-Language Pathology and Audiology

The Arkansas Board of Examiners for Speech-Language Pathology and Audiology (ABESPA) regulates speech-language pathology and audiology practice to protect consumers.

Individuals seeking speech-language pathology and audiology services are entitled to quality care. In pursuit of that goal, the Board's mission is to ensure there is a process for consumers to file complaints against licensees or persons practicing speech-language pathology or audiology without a license.



#### **Arkansas State Board of Nursing**

The Arkansas State Board of Nursing (ASBN) protects the public by assuring that anyone practicing nursing is qualified. In keeping with the power and responsibilities of the Nurse Practice Act, the Board:

- Examines, licenses, and renews licenses or certificates of duly qualified applicants for nursing licensure and medication assistant certification.
- Prescribes minimum standards, approves curricula, surveys, and approves educational programs preparing nurses for nursing licensure and medication assistant certification.
- Develops and recommends role levels of technical classes of nursing service and practice to state and federal health agencies and public

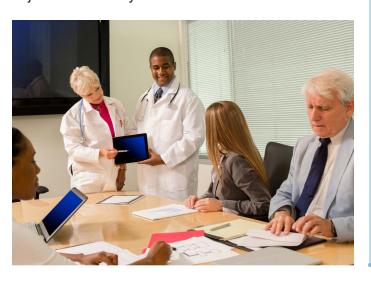
- and private administrative bodies.
- Conducts disciplinary proceedings and causes prosecution of persons violating the Act.
- Grants certificate of prescriptive authority to qualified advanced practice registered nurses.

The ASBN regulates registered nurses, licensed practical nurses, licensed psychiatric technician nurses, advanced practice registered nurses, registered nurse practitioners, and certified medication assistants. It also governs baccalaureate degree nursing programs, associate degree nursing programs, practical nursing programs, and medication assistant programs.

#### **Arkansas State Medical Board**

In 1955, the General Assembly of the State of Arkansas abolished the three existing medical examining boards to create a single board, the Arkansas State Medical Board.

The Board licenses and regulates physicians, physician assistants, doctors of osteopathy, occupational therapists, occupational therapy assistants, respiratory therapists, radiologist assistants, radiology practitioner assistants, and genetic counselors. The Board also registers medical corporations and surgical technologists. The Board conducts all hearings on disciplinary actions as authorized and directed by the Arkansas Medical Practices Act. Any person attempting to practice medicine, respiratory care, occupational therapy, genetic counseling, or as a physician assistant, radiologist assistant, or radiology practitioner assistant without being properly licensed is subject to judicial action by the Board.











#### **Arkansas Spinal Cord Commission**

The Arkansas Spinal Cord Commission (ASCC) was established in Arkansas by Act 311 of 1975 by Arkansas Code Annotated (ACA) 20-8- 201 – 206. The ASCC administers a statewide program to identify and meet the unique and lifelong needs of Arkansans with spinal cord disabilities who meet specific medical eligibility criteria. The ASCC provides two types of services: direct and indirect.

Direct Services are centered on the client's need for counseling and guidance, advocacy, referral, and technical assistance. Indirect (Purchased) Services are based on financial eligibility criteria, individualized medical needs, and available funding and insurance sources only after all third-party benefits have been utilized. The Commission of the ASCC has defined specific exclusions for indirect (purchased) services.

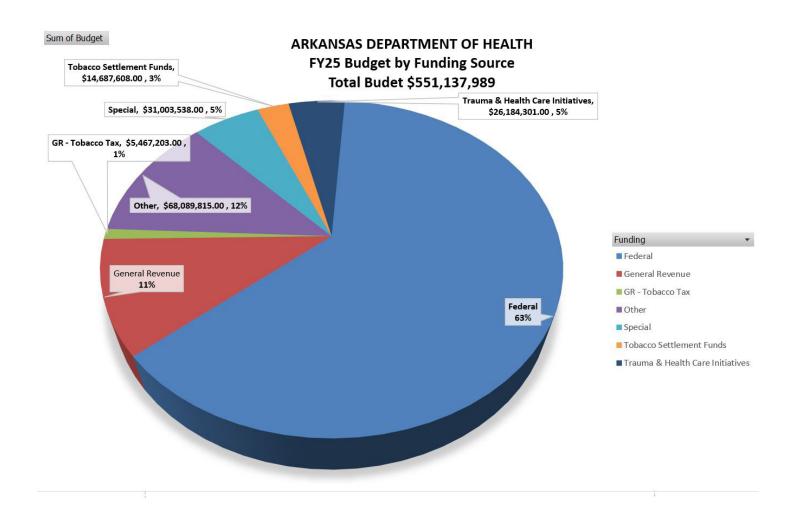
#### **Arkansas Tobacco Settlement Commission**

The mission of the Arkansas Tobacco Settlement Commission is to provide oversight and assessment of the seven programs funded by the Tobacco Settlement Proceeds Act of 2000. The Act mandates the distribution of the Master Settlement Agreement Funds. The seven health programs that receive funding work to enhance the health and well-being of Arkansans through various projects, programs, and outreach.

#### **Arkansas Kidney Disease Program**

The Arkansas Kidney Disease Program helps Arkansas residents with end-stage renal disease pay for certain medications and dental services not covered by other insurance. Patients qualify if they meet income requirements, need regular dialysis treatment, or receive a kidney transplant.





Row Labels	→ Su	m of Budget	
Federal	\$	345,537,719.00	63%
General Revenue	\$	60,167,805.00	11%
GR - Tobacco Tax	\$	5,467,203.00	1%
Other	\$	68,089,815.00	12%
Special	\$	31,003,538.00	5%
Tobacco Settlement Funds	\$	14,687,608.00	3%
Trauma & Health Care Initiative	s \$	26,184,301.00	5%
Grand Total	\$	551,137,989.00	100%



### **Public Health Leadership in Arkansas**



#### **Governor Sarah Huckabee Sanders**

Governor Sanders is head of the Executive Branch of Arkansas state government. Renee Mallory, Secretary of Health, reports directly to Governor Sanders.

#### Secretary of Health Renee Mallory, RN, BSN

Renee Mallory, RN, BSN, was named Arkansas Secretary of Health in August 2023. She is a member of the Governor's cabinet and provides senior executive leadership for the agency. Secretary Mallory began her career at the ADH in 1988 as a nurse surveyor for Health Facility Services. Throughout the



years, she has served in various roles, most recently as the Deputy Director for Public Health Programs from 2018 to 2021 and the Chief of Staff from 2021 to 2022. She has previously served as a designee on the Tobacco Settlement Commission and the Arkansas State and Public-School Employees Life and Health Insurance Board. She currently serves as a member of the State Board of Health.

# Director of ADH State Health and Chief Medical Officer Jennifer Dillaha, MD

Since joining the ADH in 2001, Jennifer Dillaha, MD, has served in various roles. Most recently, she was appointed Director of the ADH and the State Health Officer for Arkansas in April 2022. Before her appointment, she was the ADH Chief Medical Officer, Medical Director for Immunizations, and Medical Director for Outbreak Response.



She also served as the State Epidemiologist from March 2020 to August 2021, Special Advisor for Strategic Initiatives in the Office of the Director from June 2010 to April 2013, and Director of the Center for Health Advancement from August 2005 to June 2010.

As Director, Dr. Dillaha reports to the Secretary of Health and oversees the medical, clinical, and epidemiological aspects of the ADH's activities. In addition, she provides leadership and guidance for addressing Arkansas's most pressing health

problems. She is uniquely prepared for this role as a physician with specialty training in internal medicine and subspecialty training in infectious diseases and geriatric medicine.

#### Chief of Staff J. Don Adams, MPH, RS

J. Don Adams, MPH, RS, was named Chief of Staff (COS) for the ADH in May 2022. In this role, Mr. Adams is responsible for overseeing the overall operations of the agency. Upon assuming the COS position, his previous Deputy Director for Administration responsibilities were consolidated into his new role,



and he continues to oversee key administrative areas, including finance, human resources, and information technology. Mr. Adams began his career with ADH in 1990 as an Environmental Health Specialist in the Southwest region of the state. Over the course of his career, he has held several leadership positions, including Environmental Manager, Regional Director, and Division Director for Local Public Health. He earned a Master of Public Health degree with a concentration in Biostatistics from the University of Arkansas for Medical Sciences in 2011, graduating with honors. Mr. Adams is also an elected member of the Delta Omega Honorary Public Health Society.

# Deputy Director for Public Health Programs Cassie Cochran, MPH

Cassie Cochran started her Public Health career in south Texas on a bioterrorism response team and eventually moved to Arkansas and the ADH. During her career at ADH, she has worked in the Office of Preparedness and Emergency Response in various positions, including program design and

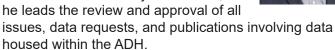


development, federal grants, special projects on both the state and federal levels, federal liaison positions, community, hospital, and volunteer programs, and

various leadership roles. In 2017, Mrs. Cochran joined the Center for Local Public Health, which oversees the local health units in each county in the state, as well as the Environmental Health Services, Engineering, and Hometown Health Initiative sections. This Center provided the opportunity to be more involved in the day-to-day workings of educating and helping the citizens of this state obtain needed services at the local level, which is very important to her. When she first moved to this center, Mrs. Cochran started as a Health District Manager in the Central Region, progressed to Central Region Director, then became the Northwest Region Director, and finally the Division for Local Public Health Director. In 2021, she became the Deputy Director for Public Health programs, overseeing all five Divisions at the ADH, Office of Preparedness and Emergency Response, as well as our faith-based outreach program and the Spinal Cord Commission. She is passionate about the services provided at the ADH and the many ways staff can help improve the lives of those served.

# State Epidemiologist and Chief Science Officer Austin Porter, III, DrPH, MPH

Dr. Porter oversees the Office of the Chief Science Officer, whose mission is to promote scientific excellence and integrity in all programmatic, educational, public health policy, and research activities of the ADH. In his role as Chair of the Science Advisory Committee, he leads the review and approval of all issues, data requests, and publications in



He is also responsible for coordinating scientific and educational programs for the Arkansas Board of Health members, County Health Officers, and ADH scientific staff. The Office provides learning opportunities through initiatives such as the annual County Health Officers and Board of Health Members Educational Symposium.

In addition to his role at ADH, Dr. Porter serves as an Associate Professor in the Department of Health Policy and Management at the UAMS Fay W. Boozman College of Public Health (COPH). There, he has led research initiatives, taught doctoral and master's-level courses, and actively contributes to the COPH/ADH Joint Advisory Committee, which supports collaboration between the two institutions in advancing the mission of an academic health department.

# Deputy Director for Boards and Governmental Affairs Matt Gilmore

Matt Gilmore joined the ADH in 2019. He serves as the Deputy Director for Boards and Governmental Affairs. In this role, he oversees the operations of regulatory licensure boards and several commissions and manages legislative affairs for the ADH. Previously,



Mr. Gilmore worked in the private sector, managing both small and large retail businesses. He has also worked for Arkansas constitutional officers, engaged in political consulting, and served as the director of the Arkansas Tobacco Settlement Commission. In addition to his role with the ADH, Mr. Gilmore assisted the Office of Governor Asa Hutchinson in 2022 as a Policy Advisor and Agency Liaison for the ADH, Department of Human Services, and Department of Labor and Licensing.

# General Counsel Laura Shue, JD

Laura Shue, JD, graduated from Texas Christian University with a Bachelor of Science degree in Political Science and subsequently attended law school in Little Rock. In 1994, she first served the State as a Deputy Prosecuting Attorney in Pulaski County, as a Law Clerk to an Arkansas Supreme Court Justice,



and later practiced criminal law representing the State in various capacities at the Prosecutor Coordinator's Office and the Attorney General's Office.

After working for the Arkansas State University System Office and the Bureau of Legislative Research, she joined the ADH in 2018 as Chief Legal Counsel. She strives to assist the other six attorneys who make up the ADH's Legal Team by providing the tools they need to give proper and timely legal advice to the Board of Health and the ADH on a daily basis. Over the course of her 30-year career as a state government attorney, she has served on an agency legislative team for 12 different legislative sessions.

# State Board of Health - 2025



Darren Flamik, MD
President
MD At Large

Brad Erney, DMD, PLC
President-Elect
Dentist

Renee Mallory, RN, BSN Secretary of Health Arkansas Department of Health

**Kay Chandler, MD**Surgeon General

J. Loy Bailey Sanitarian

Robert Bonner, DVM Veterinarian

Mellie Bridewell
Public Health

Darlene Byrd, DNP, APRN Licensed Professional Nurse

> Chris Cathey, DC Chiropractor

> > Lane Crider Engineer

Dwayne Daniels, MD MD, District 4

**Keith Davis, MD**Rural Physician

Justin Franks, OD
Optometrist

Phillip Gilmore, PhD, MS, MHA Hospital Administrator Anthony N. Hui, MD MD, District 3

> Tina Ipe, MD MD, District 2

David Kiessling, DPM
Podiatric Medicine

Laura Moore, MD MD At Large

**Donald Ragland**Senior Representative

Jim Terry Consumer

Blake Torres, PharmMD

Pharmacist

Clay Waliski Restaurant Operator

**James Zini, DO**MD, District 1/Osteopathist Physician

# **Helpful Numbers**

ADH Main Switchboard (Little Rock) ADH Toll-free Number	·501-661-2000 ·800-462-0599
<b>ADH Emergency Communications</b>	
(toll-free number) ······	-800-651-3493
- If reporting after hours	·501-661-2136
Accounts Payable	501-280-4478
Accounts Receivable	
Alcohol Testing	
Arkansas Tobacco Quitline	833-283-9355
Body Art, Cosmetology, and	F04 C00 04C0
Massage Therapy Breastfeeding Services	
Cancer Registry	
Central Supply	
Child & Adolescent Health	
- Newborn Screening(toll-free a	
Chronic Disease & Prevention Control	501-661-2942
- BreastCare	
- Breast, Cervical, and Colorectal (	Cancer
<ul> <li>Comprehensive Cancer</li> <li>Diabetes</li> </ul>	
- Diapetes - Heart Disease & Stroke	
ConnectCare (Toll-free)	800-275-1131
Emergency Medical Services (EMS)	501-661-2262
- Ambulance Licensing	
- EMT Certification	
Engineering	501-661-2623
- Cemetery Permitting	
- Public Water Systems	
Environmental Health	501-661-2171
- Food Services - Marine Sanitation	
- Milk Program	
- Septic Tanks	
- Swimming Pools & Related Facili	ties
Epidemiology	
Family Health	501-661-2480
<ul> <li>Maternal Infant and Child</li> </ul>	
- Home Visiting	504 000 4557
Grants Management/Reporting Health Communications	
Health Disparities Elimination	
Health Facilities	501-661-2201
Health Statistics	
- Hospital Discharge	
- Vital Records	
Hepatitis C Prevention	
HIV/STD/HEPC Registry	
Hometown Health Support Services	
Human Resources	
Immunization RegistryImmunizations	
- Outbreak Response	501-2109
Infant Hearing	501-280-4740
Information Technology Services	
Injury & Violence Prevention	501-683-0707
Lead Paint Testing	

Director's Office	-501-661-2400
Glen F. Baker Public Health Laboratory	··501-661-2220

Legal Services	501-683-6626
Medical Marijuana	501-682-4982
Oral Health	
Pharmacy Services & Drug Control	501-661-2325
Physical Activity	
Policies & Procedures	501-661-2985
Prescription Drug Monitoring Program	501-683-3960
Procurement/Support	501-280-4586
Protective Health Codes	501-661-2642
- Plumbing Program	
Radiation Control	501-661-2301
- Mammography Accreditation	501-661-2301
- Radiological Technology Licensu	
Rural Health & Primary Care	501-280-4529
School Health	501-280-4061
Sexually Transmitted Disease	501-661-2408
Tobacco Prevention & Cessation	501-661-2953
Trauma Registry	501-661-2323
Trauma Section	501-671-1428
Trauma Communications Center (ATCC)	501-340-1409
Tuberculosis and TB Registry	501-661-2152
Vaccines for Children	
Vital Records	501-661-2336
- Birth Certificates	
- Death Certificates	
WIC (Women, Infants & Children)	501-661-2508
- Farmer's Market	
- Breastfeeding	
Women's Health	501-661-2480
<ul> <li>Lay &amp; Nurse Midwifery</li> </ul>	
- Maternity	
- Reproductive Health	
Zoonotic (Veterinary) Disease	501-280-4136

The ADH Main Office is located at: 4815 W. Markham St. Little Rock, AR 72205-3867

- Animal Bites - Rabies

Visit the ADH website, www.healthy.arkansas.gov, for information or to locate your nearest local health unit.



# **Local Health Unit Directory**

Arkansas County/DeWitt	870-659-2056
Arkansas County/Stuttgart	870-659-2086
Ashley County/Crossett	(870) 364-2115
Ashley County/Hamburg	(870) 853-5525
Baxter County/Mountain Home	(870) 425-3072
Benton County/Rogers	(479) 986-1300
Benton County/Siloam Springs	(479) 549-3794
Boone County/Harrison	(870) 743-5244
Bradley County/Warren	(870) 226-8440
Calhoun County/Hampton	(870) 798-2808
Carroll County/Berryville	(870) 423-2923
Chicot County/Lake Village	(870) 265-2236
Clark County/Arkadelphia	(870) 246-4471
Clay County/Corning	(870) 857-6281
Clay County/Piggott	(870) 598-3390
Cleburne County/Heber Springs	(501) 362-7581
Cleveland County/Rison	(870) 325-6311
Columbia County/Magnolia	(870) 235-3798
Conway County/Morrilton	(501) 354-4652
Craighead County/Jonesboro	(870) 933-4585
Crawford County/Van Buren	(479) 474-6391
Crittenden County/Earle	(870) 792-7393
Crittenden County/West Memphis	(870) 735-4334
Cross County/Wynne	(870) 238-2101
Dallas County/Fordyce	(870) 352-7197
Desha County/Dumas	(870) 382-2377
Desha County/McGehee	(870) 222-3910
Drew County/Monticello	(870) 367-6234
Faulkner County/Conway	(501) 450-4941
Franklin County/Ozark	(479) 667-2555
Fulton County/Salem	(870) 895-3300
Garland County/Hot Springs	(501) 624-3394
Grant County/Sheridan	(870) 942-3157
Greene County/Paragould	(870) 236-7782
Hempstead County/Hope	(870) 777-2191
Hot Spring County/Malvern	(501) 332-6972
Howard County/Nashville	(870) 845-2208
Independence County/Batesville	(870) 793-8848
Izard County/Melbourne	(870) 368-7790
Jackson County/Newport	(870) 523-8968
Jefferson County/Pine Bluff	(870) 535-2142
Johnson County/Clarksville	(479) 754-2949
Lafayette County/Lewisville	(870) 921-5744
Lawrence County/Walnut Ridge	(870) 886-3201
Lee County/Marianna	(870) 295-2400
Lincoln County/Star City	(870) 628-5121
Little River County/Ashdown	(870) 898-3831
Logan County/Booneville	(479) 675-2593
Logan County/Paris	(479) 963-6126
Lonoke County/Cabot	(501) 843-7561
Lonoke County/Lonoke	(501) 676-2268
Madison County/Huntsville	(479) 738-2612

Marion County/Yellville	(870) 449-4259
Miller County/Texarkana	(870) 773-2108
Mississippi County/Blytheville	(870) 763-7064
Mississippi County/Osceola	(870) 563-2521
Monroe County/Brinkley	(870) 734-1461
Montgomery County/Mount Ida	(870) 867-2331
Nevada County/Prescott	(870) 887-2004
Newton County/Jasper	(870) 446-2216
Ouachita County/Camden	(870) 836-5033
Perry County/Perryville	(501) 889-5156
Phillips County/West Helena	(870) 572-9028
Pike County/Murfreesboro	(870) 285-3154
Poinsett County/Harrisburg	(870) 578-4480
Poinsett County/Marked Tree	(870) 358-3615
Poinsett County/Trumann	(870) 483-5761
Polk County/Mena	(479) 394-1597
Pope County/Russellville	(479) 968-6004
Prairie County/Des Arc	(870) 256-4430
Pulaski County/ North Little Rock	(501) 791-8551
Pulaski County/Southwest Little Rock	(501) 565-9311
Pulaski County/Central Little Rock	(501) 280-3100
Pulaski County/Jacksonville	(501) 982-7477
Randolph County/Pocahontas	(870) 892-5239
Saline County/Benton	(501) 303-5650
Scott County/Waldron	(479) 637-2165
Searcy County/Marshall	(870) 448-3374
Sebastian County/Fort Smith	(479) 452-8600
Sebastian County/Fort Smith WIC Unit	(479) 478-3062
Sevier County/De Queen	(870) 642-2535
Sharp County/Ash Flat	(870) 994-7364
St. Francis County/Forrest City	(870) 633-1340
Stone County/Mountain View	(870) 269-3308
Union County/El Dorado	(870) 863-5101
Van Buren County/Clinton	(501) 745-2485
Dr. Joseph Bates Outreach Clinic	
of Washington County/Springdale	(479) 751-3630
Washington County/Fayetteville	(479) 521-8181
Washington County/Springdale WIC Unit	(479) 927-3667
White County/Beebe	(501) 882-5128
White County/Searcy	(501) 268-6102
Woodruff County/Augusta	(870) 347-5061
Yell County/Danville	(479) 495-2741
Yell County/Dardanelle	(479) 229-3509
	•

The ADH Main Office is located at:
4815 W. Markham St.
Little Rock, AR 72205-3867
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# **Boards and Commissions Numbers**

Arkansas State Board of Acupuncture and Related Techniques	501-671-1569
Arkansas State Board of Examiners of Alcoholism and Drug Abuse Counselors	501-614-5293
Arkansas State Board of Athletic Training	501-683-4076
Arkansas State Board of Chiropractic Examiners	501-682-9015
Arkansas State Board of Dental Examiners	501-682-2085
Arkansas Dietetics Licensing Board	501-661-2530
Arkansas State Board of Dispensing Opticians	501-954-1278
Arkansas State Board of Examiners in Counseling and Marriage and Family Therapy	501-683-5800
Arkansas Health Services Permit Agency	501-661-2509
Arkansas Board of Hearing Instrument Dispensers	501-280-4521
Arkansas Minority Health Commission	501-686-2721
Arkansas State Board of Optometry	501-534-6139
Arkansas State Board of Pharmacy	501-682-0190
Arkansas Board of Podiatric Medicine	501-296-1788
Arkansas Psychology Board	501-682-6167
Arkansas State Board of Physical Therapy	501-228-7100
Arkansas Social Work Licensing Board	501-372-5071
Arkansas Board of Examiners Speech-Language Pathology and Audiology	501-682-9180
Arkansas State Board of Nursing	501-686-2700
Arkansas State Medical Board	501-296-1802
Arkansas Spinal Cord Commission	501-296-1788
Arkansas Tobacco Settlement Commission	501-683-0074
Arkansas Kidney Disease Commission	501-686-2807

# Selected Statistical Indicators, July 1, 2023 - June 30, 2024

Alcohol Testing Individuals Trained
Disease Prevention and Control Services  Gonorrhea Cases
HIV (including AIDS) Cases Reported339 Tuberculosis Cases
Emergency CommunicationsAmbulance Assist-Aircraft1,920Ambulance Assist-Ground111
Emergency Medical ServicesLicensed Providers8,515Licensed Ambulance Services230Permitted Vehicles842
Environmental Health Protection Food Establishment Inspections
Epidemiology¹814Campylobacteriosis Cases814Foodborne Outbreaks4Hepatitis A Cases12Hepatitis B Cases16Meningococcal Disease Cases3Pertussis Cases38

Salmonellosis Cases Shigellosis Cases Tickborne Cases  Ehrlichiosis—Anaplasmosis  E chaffeenis and E ewingii  Lyme Disease  RMSF  Tularemia West Nile Virus Human Cases² COVID-19 Cases	55 212 1 130 5 64 12 11
Health Facility Services Licensed Provider Facilities Licensed Individuals Recertification Surveys Complaint surveys conducted Criminal History Determinations New providers added Construction Reviews/Approvals	439 554 120 6,015 98
Protective Health Codes Plumbing and Related Occupational Licer Issued	6,886
Public Health Laboratories  Medical Samples Analyzed	ts 99,925 40,933
Public Water Water and Wastewater Inspections Water and Wastewater Plans Reviewed	
Compliance with Safe Drinking Water A	ct
Active Licensed Water Operators	

# Selected Statistical Indicators, July 1, 2023 - June 30, 2024

#### **Radiation Control**

Ra	dioactive Material User Inspections	46
Ra	diological Equipment Inspections	730
Ra	adiologic Technologist Licenses Issued	(new)
		411
•	Radiologic Technologist	281
•	Radiation Therapist	21
•	Nuclear Medicine	23
•	Limited Specialty	5
•	Temporary License	81

#### **Services for Infants and Children**

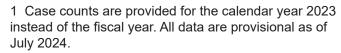
Number of Infants Screened for Genetic Diseases		
	. 34,343	
Infant Hearing Screenings	. 33,654	
WIC Infant and Children Participants	573.944	

#### **Services for Women**

WIC Women Participants	181,620	
Pap Smears	10,716	
Clinical Breast Exams	10,716	
Family Planning - Total Patients Served		
	32,336	
Family Planning - Total Visits	54,228	

#### **Vital Records**

Certified Copies of Records Issued	. 398,230
Births Registered	36,792
Deaths Registered	35,699



<sup>2</sup> Includes West Nile Fever and Encephalitis.











www.healthy.arkansas.gov • 1.800.462.0599

