# « I U I A WINTHROP ROCKEFELLER INSTITUTE PROGRAM

## STUDENT EXPOSURE TO

### HEALTH CARE EXPERIENCES & CAREERS

Rural Health Summit Workgroup Summary Report & Guide to Programs





Dear Rural Health Champion,

The guide you are about to explore, the *Student Exposure to Health Care Experiences and Careers* Resource Guide, is the joint effort between members of the health care industry who first came together at the 2018 Rural Health Summit at the Winthrop Rockefeller Institute. Inside, you will find a host of valuable information and contacts for many health care-related educational programs operating throughout Arkansas. All of them have a common goal: igniting a passion for health care in the next generation and showing them the many paths to a career in the field.

At the Winthrop Rockefeller Institute we believe the best solutions spring from working collaboratively with groups that reflect diversity in all forms; diversity in thought, opinion, background and experience. I'd like to extend a special thank you to the participants of the Student Exposure to Health Care Experiences and Careers workgroup who brought tireless effort and their own personal experience in health care to bear on this guide. Their dedication and knowledge are unsurpassed and the guide is the culmination of a year of research. Through the power of their collaboration, they produced an invaluable resource for those interacting with students who are interested in working in health care.

We encourage you to share the guide with any and all that could benefit from the information.

All good wishes,

Mazar Zak

Marta M. Loyd, Ed.D. Executive Director/CEO Winthrop Rockefeller Institute



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#### SUMMARY

With 73 of Arkansas's 75 counties designated as wholly or partially Medically Underserved Areas (MUAs), and with one-third of our currently practicing family physicians nearing retirement, it is critical that we address increasing and sustaining access to health care throughout the state with a long-term vision. The America's Health Rankings Report for 2018 ranks Arkansas at #46 overall and highlights our shortage of dentists. The Arkansas Minority Health Commission's 2017 Arkansas Health Workforce Report noted that some professions are completely absent in many counties, citing the lack of specialty surgeons in 45 counties as an example.

Improving health care delivery in rural Arkansas was the motivation for creating working groups at the second Rural Health Summit held in March 2018 at the Winthrop Rockefeller Institute. The **Student Exposure to Health Care Experiences and Careers (SEHEC) Workgroup** was tasked with the mission to "Create an outreach program to expose rural students to Arkansas health care professions," and a 10-year goal to have "a statewide education program for grades K-12 which delivers comprehensive exposure and opportunity for jobs/careers/certification in health care."

The SEHEC workgroup had a two-year goal to "have stakeholder buy-in, a working group assessing existing programs, a developed curriculum within a health education framework, and identified pilot schools." The workgroup tackled this by first sharing knowledge of existing programs that touched on exposing students to health care careers. The list continued to grow, and as one resource led to another, it quickly became apparent that much effort by multiple groups is already underway across the state to address this issue.

Rather than continuing with a goal to develop a curriculum program to pilot, the goal shifted to first identifying a way to share the existing programs and resources identified—particularly those that may not be as well known—and to work with those existing programs to assist in their further development and expansion.

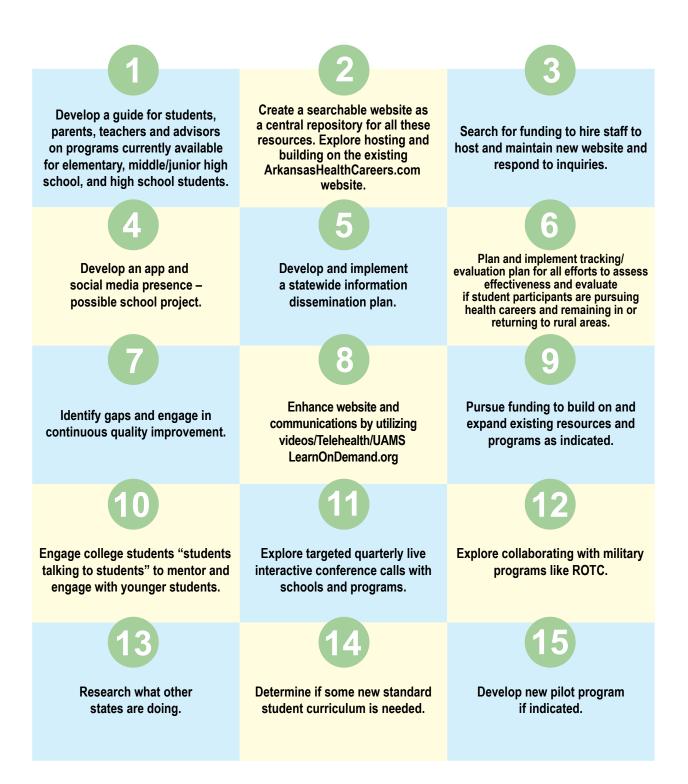
At the same time, the workgroup looked at health care professional needs and student enrollment data across the state. Shortage area maps and student data can be found in Appendix II. While these shortage area maps focus on primary health professions, the group is keenly aware of the importance of presenting students with the wide range of health care career opportunities available to them.

A flyer, "Healthy Links: Health Career Websites for Students and Teachers" (Appendix I), summarizing student programs identified in Arkansas to date, was created for distribution at the 2018 annual School-Based Health Center (SBHC) Fall Training meeting for SBHC teams (schools and partners) to share existing resources gathered by the workgroup. Since then, the list has continued to grow with programs that are specifically designed to encourage students toward health careers, as well as other more general health and healthy lifestyle/self-empowerment-type programs. Information on all of these programs forms the bulk of this report.

The continued work of the group will focus primarily on planning and implementing how best to increase awareness, and expand the health career programs and resources that are already available across the state, and will draw from the following list of ideas on how that might be accomplished:



#### WORKGROUP IDEAS FOR NEXT STEPS





#### WORKGROUP PARTICIPANT LIST

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#### EXISTING STUDENT PROGRAMS LISTED BY FOCUS AREA & AGE GROUP

	HEALTH CAREER EXPOSURE
All Ages	Arkansas Career and Technical Education Be Pro Be Proud Group Presentations/UAMS Regional Programs National Outreach for Diversity in Medicine NEPRIS
Elementary School Ages 5-11	Junior STEM Academy
Middle School Ages 11-14	Academy of Pre-Health Scholars (APHS) Community Health Applied in Medical Public Service (CHAMPS) Club Scrub Girls of Promise Hands-On Health Care Junior STEM Academy
High School Ages 14-18	Academy of Pre-Health Scholars (APHS) AR SAVES Career Shadowing Cabot High School Medical Academy Camp Neuro/Camp Cardiac Community Health Applied in Medical Public Service (CHAMPS) Club Scrub Hands On Health Care Harding University Pharmacy Camp Health Professions Recruitment and Exposure Program (HPREP) HOSA-Health Occupation Students of America Medical Applications of Science for Health (M*A*S*H) Med Pro Mini Medical Schools (NYITCOM) Mountain Home High School Career Academies: Health and Human Services Academy New Career Pathways



#### EXISTING STUDENT PROGRAMS LISTED BY FOCUS AREA & AGE GROUP

HEALTH CAREER EXPOSURE		
High School Ages 14-18	Project H.E.A.R.T. (Health Education Advocacy Reflection and Training) Stem Premier Structure Function and Technology TRIO & Upward Bound Programs UAMS Healers (Health Education Active Learning Experience for Regional Scholars) Program UAMS Pharmacy Camp Unity Health CAMP	
Undergraduate	Delta Care-A-Van Harding University Pharmacy Camp Health Sciences Entrepreneurship Boot Camp Mini Medical Schools (NYITCOM) New Career Pathways Pre-professional Support for College Students Stem Premier TRIO & Upward Bound Programs	
	HEALTH SERVICES/EDUCATION	
All Ages	AMHC Mobile Health Unit Arkansas 4-H Healthy Living Program Delta Care-A-Van STAR (School Telemedicine in Arkansas) Behavioral Health STAR (School Telemedicine in Arkansas) Oral Health	
Middle School Ages 11-14	STAR (School Telemedicine in Arkansas) HealthyNOW	

# EXISTING PROGRAMS





	AMHC MOBILE HEALTH UNIT
Program Name	AMHC Mobile Health Unit
Sponsoring Organization	Arkansas Minority Health Commission (AMHC)
Website	https://www.arminorityhealth.com/
Contact	Beatriz Mondragon - beatriz.mondragon@arkansas.gov
Geographic Coverage/Reach	Statewide
Target Audience	Minorities (All ages)
Program Overview	This initiative will provide an avenue to double our preventive screenings by reaching people where they are within the state. The Mobile Health Unit (MHU) will provide preventive screenings, health education, and allow an opportunity of coordination of care with the MHU coordinator. Screenings will include: blood pressure, cholesterol, glucose, A1C, HIV, oral health, height, weight and BMI. The MHU coordinator will follow-up with patients that have abnormal results and share county level resources for follow-up medical care. The MHU will serve as one of the clinical laboratories for the UAMS College of Nursing baccalaureate or graduate students. The MHU will support a partnership with Arkansas Foodbanks statewide.
Program Delivery	The MHU will alternate traveling 3 days/week (Monday, Wednesday, Friday & Tuesday, Thursday, Saturday).
Cost	Services will be provided at no cost to participants. While the target population is minority Arkansans, services are available to everyone.
Opportunities for Expansion/ Program Needs/ Other Comments	The MHU will provide an opportunity to increase AMHC reach to all 75 Arkansas counties.
Attachments/Links	See page 70



ACADEMY OF PRE-HEALTH SCHOLARS (APHS)	
Program Name	Academy of Pre-Health Scholars (APHS)
Sponsoring Organization	Center for Diversity Affairs
Website	https://cda.uams.edu/prgm/
Contact	Nicholas Pettus, Senior Diversity Specialist - NAPettus@uams.edu
Target Audience	Grades 8 to 11
Program Overview	This program includes a four-week intensive ACT preparation and a two-week medical professions course, which are combined for a six-week comprehensive high school program targeting outstanding students in underserved populations. A wide variety of health science-related activities, such as a tour of the UAMS Simulation Center and Cross- Section Lab, physical exams of the heart, lung, and neurological systems, and dissection of fetal pigs are conducted. Scholars participate in ACT exam preparation and subject reviews, which are facilitated by the Arkansas Extended Learning Center (AELC). They also receive instruction in natural sciences, mathematics, and literacy from highly-qualified instructors. Scholars research colleges of their choice and develop personalized academic and career plans.
	During the final two weeks of the program, each scholar is assigned a role as a medical professional on an interdisciplinary team and receives a training module containing information about their specific profession. Initially, scholars are presented with a case study and are asked to respond to the questions to the best of their ability. At the conclusion of the two weeks, scholars assemble into team-based learning (TBL) groups and present a recommended course of action from the perspective of their role as a medical professional to faculty, staff, students, and family.
Program Delivery	Six-week program that includes four weeks of ACT preparation and two weeks of health sciences experiences. Participants meet M-F from 8 a.m. until 4 p.m. on the campus of UAMS.
Cost	ТВА



ARKANSAS 4-H HEALTHY LIVING PROGRAM	
Program Name	Arkansas 4-H Healthy Living Program
Sponsoring Organization	University of Arkansas Cooperative Extension Service
Website	https://www.uaex.edu/4h-youth/activities-programs/healthy-living/ or http://www.uaex.edu/4h-youth
Contact	Contact your local county extension office or Angie Freel - 501-671-2153 or afreel@uaex.edu
Geographic Coverage/Reach	Statewide
Target Audience	School-aged youth and adult volunteers.
Program Overview	The 4-H Healthy Living program addresses issues including nutrition, fitness, substance abuse, safety, and social and emotional wellness. Programs are offered in each of Arkansas's 75 counties and tailored to meet the needs of local youth, such as Yoga for Youth.
Program Delivery	Each county advisory committee determines the needs of their individual county regarding healthy living.
Cost	Cost is determined by the healthy living program and the supplies needed. 4-H is free to join.
Attachments/Links	https://www.uaex.edu/counties/default.aspx



ARK	ANSAS CAREER AND TECHNICAL EDUCATION
Program Name	Arkansas Career and Technical Education (CTE)
Sponsoring Organization	Arkansas Department of Career Education
Website	https://arcareereducation.org/
Contact	Tim Johnston, CTE Coordinator - tim.johnston@arkansas.gov
Program Overview	This website is primarily designed for teachers and school administrators to access "Career and Technical Education" (CTE) Occupational programs. From the website select "Career and Technical Education" from the Services tab at the top of the page. Once the main CTE page is loaded there are several tabs across the middle of the page. One of the tabs is labeled Occupational Program Areas. Each Occupational Area's information, including contact information is listed.
	Additionally, some of the Secondary Career Centers (https://arcareereducation.org/services/skills-development) have programs related to the health and medical fields, such as the Health Science Technology program at the Northeast Career and Technical Center. (http://www.neactc.com/programs_certifications/medical_professions)
Cost	See page 74

	AR SAVES CAREER SHADOWING	
Program Name	Arkansas Stroke Assistance through Virtual Emergency Support (AR SAVES)	
Sponsoring Organization	University of Arkansas for Medical Sciences	
Website	https://arsaves.uams.edu	
Contact	AR SAVES Program: 501-686-8514	
Program Overview	AR SAVES uses video roleplaying with MASH program students who shadow their health professional at workshops to get first-hand experiences in the health care field.	



BE PRO BE PROUD	
Program Name	Be Pro Be Proud
Sponsoring Organization	Associated Industries of Arkansas
Website	https://www.beprobeproud.org/news
Contact	Andrew Parker - 501-372-2222 or aparker@arkansasstatechamber.com
Program Overview	An initiative led by the Associated Industries of Arkansas, which is leading the movement to bring a new generation of pride, progress, and professionals to Arkansas's skilled workforce.
	This is actually a tricked out tractor-trailer work station that will come to a site and give students hands-on access to a variety of skills. While not completely related to the health industry, as a mentor or educator, this site provides workshops for all types of potential skilled professions. Not every health profession has to be a doctor or nurse. There is a need for computer techs, lab techs, etc.

CABOT HIGH SCHOOL MEDICAL ACADEMY	
Program Name	Cabot High School Medical Academy
Website	http://www.cabotschools.org/schools/cabot-high-school
Contact	501-843-3562
Target Audience	10th through 12th grade
Program Overview	The Medical Academy is a career pathway that includes two tracks for 10th- through 12th-graders: therapeutic services, sports medicine, or both. Courses offered under this program are listed in the Course Selection Booklet under Career Pathways: Health Sciences (Medical Academy).
Program Delivery	The Academy offers coursework, membership in two clubs, job-shadowing, a Medical Honors program, field trips, summer internships, and more.



	CAMP NEURO/CAMP CARDIAC
Program Name	Camp Neuro/Camp Cardiac
Sponsoring Organization	University of Arkansas for Medical Sciences
Website	http://www.campneuro.org and http://www.campcardiac.org
Target Audience	For students 15-18 years old
Program Overview	<ul> <li>Camp Neuro, run by local medical students in over 30 cities nationwide, serves as an ideal introduction for any high school student interested in exploring a career in medicine or psychology. With a focus on both education and real world experience, Camp Neuro provides students with a unique opportunity to learn directly from experts in both the medical and psychological fields. In addition, this one-week summer day camp provides a foundation for healthy living with an emphasis on both diet and exercise. Although Camp Neuro's primary focus is on care and maintenance of the brain as well as psychology, it provides an excellent starting point for careers in all fields of medicine.</li> <li>Camp Cardiac: Campers will learn a variety of skills, including how to take patient histories, suture, and perform basic routine physical exams. Lectures cover basic heart anatomy and physiology. Campers learn about careers directly from professionals a given field (e.g., physician, nurse practitioner, physician assistant, dietitian, perfusionist). A panel of medical students discuss their individual paths to medical school, and pass on the</li> </ul>
	tips and lessons that they've learned from their experience. Campers learn various techniques to become/stay physically fit.
	Campers receive certification from the American Red Cross.
Program Delivery	One-week summer day camps
Attachments/Links	See pages 72 - 73
Notes	Summer 2019 Scholarship and Standard Applications Open in February



CHAMPS (COMMUNITY HEALTH APPLIED IN MEDICAL PUBLIC SERVICE)	
Program Name	Community Health Applied in Medical Public Service (CHAMPS)
Sponsoring Organization	UAMS Regional Programs & Arkansas Farm Bureau Foundation
Website	https://arkansashealthcareers.com/summer-camps/
Contact	Amber Marshall - AMMarshall2@uams.edu
Geographic Coverage/Reach	6-8 camps across the state
Target Audience	Middle/Junior/High School – entering eighth-, ninth- and tenth-graders. In 2018, CHAMPS programs were offered in Crossett, Heber Springs, Helena, Fayetteville, Hot Springs, and Pine Bluff.
Program Overview	This three- to five-day summer day camp is intended for students entering the eighth-, ninth-, and tenth-grade. CHAMPS provides hands-on experiences in health careers, healthy lifestyles, and community service through interaction with a variety of health professionals.
Program Delivery	CHAMPS camps are offered during June and July in 6-10 communities across the state. Students attend weekday sessions for 3-5 days in hospitals, clinics, colleges, and other locations.
Cost	These programs are provided free to students annually, made possible by generous funding from sponsors, including Arkansas Farm Bureau, among others.
Opportunities for Expansion/ Program Needs/ Other Comments	Additional sponsors and donors are always needed. If an individual, organization, or business would like to support these vital pipeline programs that help to ensure a health care workforce for Arkansans in the future, contact Jennifer.craig@arfb.com
Notes	CHAMPS programs are often offered in smaller, more rural communities that may not have the facilities, resources, or population to support a full two-week M*A*S*H camp.



	CLUB SCRUB	
Program Name	Club Scrub	
Sponsoring Organization	UAMS Regional Programs	
Website	https://arkansashealthcareers.com/summer-camps/	
Contact	Amber Marshall - AMMarshall2@uams.edu	
Geographic Coverage/Reach	Offered in specific schools, determined by interest and availability.	
Target Audience	Middle/Junior/High School - 6th-12 grades.	
Program Overview	School-based health science clubs that encourage exploration of health careers through regular meetings and hands-on activities.	
Program Delivery	Club Scrub programs typically meet for 1-4 hours weekly during or after school, often sponsored by a local science teacher.	
Cost	Most programs are provided free to students.	
Opportunities for Expansion/ Program Needs/ Other Comments	If any science teacher or high school advisor would like to explore sponsoring a Club Scrub program at your school, please contact Amber Marshall at AMMarshall2@uams.edu.	



	DELTA CARE-A-VAN	
Program Name	Delta Care-A-Van	
Sponsoring Organization	New York Institute of Technology College of Osteopathic Medicine at Arkansas State University	
Website	https://www.nyit.edu/arkansas	
Contact	Mary Margaret Jackson - marymargaret.jackson@nyit.edu	
Geographic Coverage/Reach	North East Arkansas	
Target Audience	Low socio-economic and medically underserved populations	
Program Overview	A mobile van which provides early exposure to health care and inter- professional practice for medical students at NYIT College of Osteopathic Medicine at A-State and students from the Nursing and Health Professions College at A-State within the rural areas of the Delta. Through recurring visits to these areas, the hope is to expose young Arkansans, who may receive services, to improved access to care and options in health care professions.	
Program Delivery	Continuously	



	GIRLS OF PROMISE	
Program Name	Girls of Promise	
Sponsoring Organization	Women's Foundation of Arkansas	
Website	http://girlsofpromise.org/	
Target Audience	Eighth-grade girls	
Program Overview	Educators from around the state recommend high-achieving girls to attend a Girls of Promise <sup>®</sup> conference for two days of activities focused on the importance of higher education and the payoff of hard work (and fun). Girls meet others like themselves and realize it's O.K. to be a bright, motivated person with big dreams. They also meet and learn from women with amazing careers such as scientists, welders, physicians, computer systems engineers, and coders.	
Program Delivery	Two-day conference	
Cost	Free to all accepted applicants.	



GROUP PRESENTATIONS/UAMS REGIONAL PROGRAMS	
Program Name	Group Presentations
Sponsoring Organization	UAMS Regional Programs
Website	https://arkansashealthcareers.com/summer-camps/
Contact	Amber Marshall - AMMarshall2@uams.edu
Geographic Coverage/Reach	Offered to various schools, organizations, and venues, determined by interest and availability.
Target Audience	Elementary/Middle/Junior/High School
Program Overview	Age-appropriate presentations addressing any health career topic can be requested for clubs, special interest groups, or classrooms, but is completely dependent upon availability of speakers.
Program Delivery	Length, format and subject matter can be tailored to group needs
Cost	Programs are provided free to students.
Opportunities for Expansion/ Program Needs/ Other Comments	If you would like to request a presentation, please contact Amber Marshall at AMMarshall2@uams.edu.



	HANDS-ON HEALTH CARE	
Program Name	Hands On Health Care	
Sponsoring Organization	UAMS Regional Programs	
Website	https://arkansashealthcareers.com/summer-camps/	
Contact	Amber Marshall - AMMarshall2@uams.edu	
Geographic Coverage/Reach	Offered in specific schools, determined by interest and availability.	
Target Audience	Middle/Junior/High School - Grades 6-12	
Program Overview	A variety of group lessons can expose students of all ages to fun, educational, hands-on activities to introduce health careers, while also reinforcing science and math concepts in the classroom.	
Program Delivery	These programs typically meet in a school or clinical setting for a 1-2 hour presentation, including hands-on-activities.	
Cost	Programs are provided free to students.	
Opportunities for Expansion/ Program Needs/ Other Comments	If you would like to explore a Hands-O Health Care program at your school or facility, please contact Amber Marshall at AMMarshall2@uams.edu.	



HARDING UNIVERSITY PHARMACY CAMP
Harding University Pharmacy Camp
Walgreens
https://harding.edu/pharmacycamp
501-279-5528 or pharmacy@harding.edu
Statewide
High school students who have completed grades 10, 11, and 12.
Pharmacy Camp provides a unique opportunity for students to explore the pharmacy profession through hands-on learning experiences, classes, interaction with Harding College of Pharmacy faculty, staff, students, and much more.
Camp activities include (but are not limited to): field trips, pharmaceutical laboratory experiences, campus scavenger hunt, group health project activity, shadowing, introduction to pharmacy curriculum, current topics, games, and recreational activities.
One week summer camp at Harding University
\$350 - fee covers activities, housing, and meals
See page 75



HEALTH PROFESSIONS RECRUITMENT & EXPOSURE PROGRAM (HPREP)	
Program Name	Health Professions Recruitment and Exposure Program (HPREP)
Sponsoring Organization	Edith Irby Jones SNMA Chapter and Center for Diversity Affairs
Website	www.uams.cda.edu
Contact	Nicholas Pettus, Senior Diversity Specialist - NAPettus@uams.edu
Target Audience	High School
Program Overview	HPREP is a one-day conference sponsored by the Student National Medical Association (SNMA) and supported by the CDA. This conference provides high school students interested in health science careers the opportunity to interact with health care professionals and professional students through guest speaker sessions and student discussion panels. Additionally, participating students are provided tours of the gross anatomy and cross-section laboratories, simulation center, clinical skills center, and respiratory laboratory to experience a day as a professional student and the educational resources that UAMS offers.
Program Delivery	One-day conference that takes place in the Spring on the campus of UAMS.
Cost	N/A



HEALTH SCIENCES ENTREPRENEURSHIP BOOT CAMP (THE CONDUCTOR)	
Program Name	Health Sciences Entrepreneurship Boot Camp
Sponsoring Organization	The Conductor, The University of Arkansas for Medical Sciences (UAMS), BioVentures
Website	http://www.arconductor.org/bootcamp/
Geographic Coverage/Reach	Statewide
Target Audience	Undergraduates
Program Overview	The Health Sciences Entrepreneurship Boot Camp will guide students through an immersive, five-day training program in which they learn how to start and fund an entrepreneurial venture, meet with influential faculty, entrepreneurs, and mentors, and become exposed to entity filing, patents and legal issues in entrepreneurship. Students will form teams, create and refine new venture ideas, and talk to potential customers. Eligible students must have completed their sophomore year of college. Space permitting, there will be spots available for immediate graduates and graduate students. The week-long camp will conclude with a Demo Day, during which the public is invited to watch the teams present their new venture ideas.
Program Delivery	Five days in summer
Cost	The camp is all-expenses-paid for accepted students, and is funded through UAMS, BioVentures and the Conductor.
Attachments/Links	See page 76
Notes	The Conductor is a public-private partnership with the University of Central Arkansas and Startup Junkie Consulting driving innovation, entrepreneurship, and economic empowerment in Central Arkansas.



HOSA	
Program Name	HOSA-Health Occupation Students of America
Sponsoring Organization	AR Dept. of Career Orientation
Website	www.HOSA.org
Contact	Barbara Dimon, State Director - barbaradimon@arkansas.gov
Geographic Coverage/Reach	Statewide
Target Audience	High School 9-12 grades
Program Overview	HOSA is an integral part of Health Science Education. Their goal is to empower future health care professionals to become leaders in the global health care community. This program works to improve the student education and skill attainment regarding various health care professions, while also working to build motivation and awareness through recognition within the program.
Program Delivery	Program is delivered at participating local high schools around the state. Students can start the program in Middle School now, but can become truly involved in ninth grade.
Cost	Varies by state. In Arkansas, the membership fee is \$15 per student. Additional cost can be incurred in the form of leadership conferences on both local and national levels. Please note, the Medical Professions program available to local high schools is different than having a HOSA chapter.
Opportunities for Expansion/Program Needs/Other Comments	As the Medical Professions programs grow, the hope is that students will want to become members of HOSA as well. Needs are based on individual school system needs.
Attachments/Links	https://arcareereducation.org/about/skills-development/secondary-technical- centers
Attachments/Links	http://www.hosa.org/
	See page 77 HOSA is currently in the process of rolling their program out to middle school students.
Notes	Medical Professions programs will start a HOSA chapter, but not all HOSA chapters are affiliated with a Medical Profession program in a local school.
	If the school wanted to start a Medical Professions program, which is separate from HOSA, they would need to contact the Department of Career Education during the application cycle to apply for available funding.



	JUNIOR STEM ACADEMY	
Program Name	Junior STEM Academy	
Sponsoring Organization	Center for Diversity Affairs	
Website	http://cda.uams.edu/prgm/jsa/	
Contact	Amber Booth-McCoy - ANBooth@uams.edu	
Geographic Coverage/Reach	Open to all, most enrollment from Pulaski County and surrounding areas	
Target Audience	Grades K-6	
Program Overview	This two-week summer program is designed to immerse students in a world of STEM that focuses on health and other sciences while incorporating technology, engineering, and mathematics. We will explore many different scientific disciplines such as biology, chemistry, physics, anatomy, astronomy, meteorology and more. JSA contains 2 field trips. There will be plenty of hands-on learning and interactive activities to engage the young minds.	
Program Delivery	JSA is a two-week summer program beginning on June 10, 2019, and ending on June 21, 2019. The times are 8 a.m. to 4:30 p.m., Monday through Friday.	
Cost	Application fee: \$20 non-refundable check payable to UAMS Center for Diversity Affairs in order for the application to be considered. Program fee TBA	
Attachments/Links	News coverage: https://www.thv11.com/video/news/education/uams-junior-stem-academy- inspiring-young-students/91-8171147 AAMC article: https://news.aamc.org/diversity/article/pre-premed-pipeline-efforts-steer- elementary-schoo/	



MEDICAL APPLICATIONS OF SCIENCE FOR HEALTH (M*A*S*H)	
Program Name	Medical Applications of Science for Health (M*A*S*H)
Sponsoring Organization	UAMS Regional Programs & Arkansas Farm Bureau Foundation
Website	https://arkansashealthcareers.com/mashmap/
Contact	Amber Marshall - AMMarshall2@uams.edu
Geographic Coverage/Reach	Statewide
Target Audience	High School – entering 11th and 12th graders
Program Overview	This popular two-week summer day camp is intended for students entering their junior or senior year of high school and provides opportunities to learn about various health careers, achieve CPR certification, tour the UAMS campus, shadow health professionals, and participate in fun, hands-on experiences that demonstrate how science concepts apply to real world health care situations.
Program Delivery	M*A*S*H camps are offered during June and July in more than 30 UAMS Regional Centers and hospitals across the state. Students attend M-F weekday sessions over a two-week period.
Cost	Offered since 1988, these programs are provided free to over 500 students annually, made possible by generous funding from our sponsors, including Arkansas Farm Bureau and UAMS Regional Programs, among others.
Opportunities for Expansion/ Program Needs/ Other Comments	Additional sponsors and donors are always needed. If an individual or business would like to help support these vital pipeline programs that help to ensure a health care workforce for Arkansans in the future, please contact Jennifer.craig@arfb.com
Notes	To be eligible for a M*A*S*H program, a student must have completed two semesters of Biology, and submit an application, personal statement, and teacher/counselor recommendations.



MED PRO	
Program Name	Med Pro
Sponsoring Organization	AR Dept. of Career Orientation
Website	www.arcareereducation.org
Contact	Barbara Dimon, State Director - barbaradimon@arkansas.gov
Geographic Coverage/Reach	Statewide
Target Audience	High School (Grades 9-12)
Program Overview	The Med Pro program targets high school students that have an interest in developing their skills and upon graduation working to obtain a career in the medical field. One of the goals of the Med Pro program is to help students become graduates and obtain sustainable careers in the medical field in order to help break local cycles of poverty.
Program Delivery	The Med Pro program is delivered through participating high schools around the state. Students start the program in ninth grade if they are planning to go into the medical field upon graduation. This program focuses on a set of curriculum that the student will need to accomplish to achieve their certifications after they graduate, or helps them complete the base knowledge they need to work toward completing an associate, bachelor, or doctorate degree in their declared medical profession of choice.
Cost	To start the program, it can cost schools between \$35-40,000. Schools are eligible to apply for grant funding to help defer the cost of starting a program. The application process to apply for funding starts Oct. 1. A school can start a program on their own and not apply for the grant funding.
Opportunities for Expansion/Program Needs	There are opportunities for expansion of this program in the state, because not all high schools have this available. Needs would be based on individual school systems.
Attachments/Links	https://www.arcareereducation.org/services/career-technical-education/ occupational-program-areas https://www.dropbox.com/s/gzzrfr9ojlbklgr/Trade%20and%20Industry%20 Operational%20Guide.pdf?dl=0 Spreadsheet of all active programs.
Notes	Medical Professions programs will start a HOSA chapter, but not all HOSA chapters are affiliated with a Medical Profession program in a local school. Med Pro programs must have a local advisory committee.



MINI MEDICAL SCHOOLS	
Program Name	Mini Medical Schools
Sponsoring Organization	New York Institute of Technology College of Osteopathic Medicine at Arkansas State University
Contact	Amanda Deel - (870) 680-8195 or adeel@nyit.edu
Program Overview	Arkansas State University's NYITCOM is setting up miniature medical schools at high schools and colleges around the state. The program introduces students to the medical field and prepares them for their future education. To get into medical school, students will need a high grade point average and a science background. The mini med school program will lay the groundwork, and it also creates a pathway for minority students who might not otherwise dream of going into the medical profession.



MOUNTAIN HOME	HIGH SCHOOL CAREER ACADEMIES: HEALTH AND HUMAN SERVICES ACADEMY
Program Name	Mountain Home High School Career Academies: Health and Human Services Academy
Website	http://highschool.mhbombers.com/students/academies/56
Contact	Alecia Czanstkowski, HHS Academy Leader - 870-425-1215 or aczanstkowski@mhbombers.com
Target Audience	Grades 10-12
Program Overview	MHHS is a wall-to-wall Career Academy school serving grades 10 – 12 with a 9th Grade Freshman Transition Academy. All students select one of the following academies in which to participate: (1) A.C.M.E. – Agriculture, Construction, Manufacturing, and Engineering; (2) C.A.B. – Communications, Art, and Business; or (3) H.H.S. – Health and Human Services. Student academy selection is required for a one-year period. Students may opt to change academies or remain in the same academy at the end of each school year. A beginning career exploration readiness and self-discovery course called Keystone is offered in the ninth grade level at our junior high, and a follow-up course called Capstone is offered at the high school for all students in grades 11-12 to transition students from high school to college, vocational training, or the world of work. Internships and Work Study permits are available to qualifying seniors.
	Arkansas State University Mountain Home offers CNA courses for MHHS students on the college campus.
	Health and Human Services Academy Programs of Study: Animal Systems – Agricultural Science Animal Science Early Childhood Development and Services Education and Training Family and Community Services National Security–NJROTC Therapeutic Services–Medical Professions Education
Attachments/Links	See page 79 - 80



NATIONAL OUTREACH FOR DIVERSITY IN MEDICINE	
Program Name	National Outreach for Diversity in Medicine (NOD)
Website	http://nodinmedicine.strikingly.com/
Contact	Students, parents, educators, or administrators interested in bringing NOD to your local K-12 school can sign up online for more information.
Target Audience	Grades K-12
Program Overview	"The mission of National Outreach for Diversity in Medicine is to inspire, recruit, and retain Underrepresented in Medicine (UIM) youth in medicine. Through pipeline programs, exposure to medicine, and mentorship, we advocate that ethnic minority youths have the capacity to become physicians. We instill the ambition and confidence in them to pursue a medical degree so that our future consists of more culturally-equipped physicians, serving medically underserved communities."
	Goals: To encourage under-represented minorities from K-12 public school systems to pursue medicine. To provide long-term mentorship and academic tools for students in an effort to increase their enrollment into college.

NEPRIS	
Program Name	NEPRIS
Website	https://nbsteam.nepris.com/
Contact	Contact sales@nepris.com to learn about ideas & solutions for your organization.
Target Audience	All ages
Program Overview	Bring classroom lessons to life! Educators can utilize this platform to expand their curriculum beyond textbooks into the world of work. By creating an account with NEPRIS, teachers can view with their students' sessions already available or prepare for live interactive videos with professionals in multiple fields for information or provide in classroom tours.
	Health profession fields are being added. Currently there are 4 Arkansas professionals listed identified as being in the medical field.
Cost	Cost to be a part of NEPRIS is low for schools to enroll.



NEW CAREER PATHWAYS	
Program Name	Career Pathways System
Sponsoring Organization	Arkansas Department of Career Education
Website	www.arcareereducation.org
Contact	Janeene Lynch - 501-683-5970
Geographic Coverage/Reach	Statewide
Target Audience	High schools, post-secondary and industry
Program Overview	Career Pathways offer an efficient way to align high school occupational education and training with opportunities to earn post-secondary credentials that are industry recognized, stackable and transferable and lead to multiple career opportunities along a career path.
Program Delivery	High school students earn industry recognized credentials while earning their high school diploma.
Cost	There is no cost for assistance in looking at career pathway opportunities. There would be costs in starting new programs and sustaining programs which would vary by program. Industry partnerships can offer ways to help offset some of these costs. Schools can apply for Perkins grant funding through Arkansas Department of Career Education.
Opportunities for Expansion/ Program Needs/ Other Comments	Career pathways should align with the industry needs of your area. These pathways should be evaluated and adjusted as changes in industry needs occur.
Attachments/Links	https://cte.ed.gov/initiatives/career-pathways-systems
Notes	Please let us know of current pathways offered in your areas so we can effectively support these pathways.



PRE-PROFESSIONAL SUPPORT FOR COLLEGE STUDENTS	
Program Name	Pre-professional Support for College Students
Sponsoring Organization	UAMS Regional Programs
Website	https://arkansashealthcareers.com/summer-camps/
Contact	Amber Marshall - AMMarshall2@uams.edu
Geographic Coverage/Reach	Offered throughout the state.
Target Audience	College pre-professional students (i.e., pre-medicine, pre-pharmacy, pre- dental)
Program Overview	UAMS recruiters are available to serve as advisors to college students and pre-professional clubs to provide guidance and support to connect students with the resources they need to succeed in their chosen career path. Workshops can help improve skills related to admissions interviews, applications, test taking, and personal statements. Other services include: Volunteer service opportunities MCAT (Medical College Admission Test) Exam preparation Mentoring/Shadowing opportunities
Program Delivery	Some groups, such as MCAT prep; mostly one-on-one advising.
Cost	Advising is provided free to students. MCAT prep courses include a discounted fee.
Opportunities for Expansion/ Program Needs/ Other Comments	Please contact Amber Marshall at AMMarshall2@uams.edu.



PROJECT H.E.A.R.T.	
Program Name	Project H.E.A.R.T. (Health Education Advocacy Reflection and Training)
Sponsoring Organization	New York Institute of Technology College of Osteopathic Medicine at Arkansas State University
Website	https://www.nyit.edu/arkansas
Contact	Miyah Washington - miyah.washington@nyit.edu
Geographic Coverage/Reach	Delta Region of Arkansas
Target Audience	Rising Juniors and Seniors in High School
Program Overview	A summer residential program held on the A-State campus. This program is designed for students to explore health care careers, learn about health care needs in the Delta, and discover ways they could make a difference in health care challenges in their communities. The medical students are the camp leaders. The purpose is to expose students to the possibility of pursuing higher education and furthering their interest in medical professions.
Program Delivery	Occurs yearly in June over four days and three nights.
Cost	No cost to the student.
Notes	The application process is competitive and requires a letter of recommendation from a school official.



	STAR - BEHAVIORAL HEALTH
Program Name	STAR (School Telemedicine in Arkansas) Behavioral Health
Sponsoring Organization	UAMS
Website	www.go.uams.edu/star
Contact	Alan Faulkner - akfaulkner@uams.edu Tina Pilgreen - kepilgreen@uams.edu
Geographic Coverage/Reach	School-based health centers in Arkansas
Target Audience	School aged children
Program Overview	Enhance student access to behavioral health providers by providing real- time, on-the-spot care. Increase the number of students treated for behavioral health related issues. Provide clinical consults and medication management in real time.
Program Delivery	As needed during school-based health center hours
Cost	Funded through a four-year HRSA grant which began in 2016. Free to students. STAR is a first-ever effort to bring telemedicine care to Arkansas's rural School-based Health Centers through a grant partnership between AR Department of Education and the UAMS Center for Distance Health.
Opportunities for Expansion/ Program Needs/ Other Comments	Continue to add more School-based Health Centers in Arkansas.
Attachments/Links	https://www.facebook.com/staruamscdh/ https://www.instagram.com/staruamscdh/ http://sites.uams.edu/star/newsroom/ See page 82



	STAR - HEALTHYNOW
Program Name	STAR (School Telemedicine in Arkansas) HealthyNOW
Sponsoring Organization	UAMS
Website	www.go.uams.edu/star
Contact	Alan Faulkner - akfaulkner@uams.edu Tina Pilgreen - kepilgreen@uams.edu
Geographic Coverage/Reach	Malvern, Jasper, Lamar, and Magazine school districts in AR
Target Audience	Middle school students
Program Overview	Provide one-on-one clinical consults with University of Arkansas for Medical Sciences Dietetic professionals and University of Central Arkansas Exercise Science students. Provide online educational resources, physical activity opportunities, and
Program Delivery	weekly health challenges. Weekly challenges; monthly clinical consults during school year (August-May)
Cost	Funded through a four-year HRSA grant which began in 2016. Free to students. STAR is a first-ever effort to bring telemedicine care to Arkansas's rural School-based Health Centers through a grant partnership between AR Department of Education and the UAMS Center for Distance Health.
Opportunities for Expansion/ Program Needs/ Other Comments	Expand to all ages and more schools in Arkansas.
Attachments/Links	https://www.facebook.com/staruamscdh/ https://www.instagram.com/staruamscdh/ http://sites.uams.edu/star/newsroom/ See page 82



	STAR - ORAL HEALTH
Program Name	STAR (School Telemedicine in Arkansas) Oral Health
Sponsoring Organization	UAMS
Website	www.go.uams.edu/star
Contact	Alan Faulkner - akfaulkner@uams.edu Tina Pilgreen - kepilgreen@uams.edu
Geographic Coverage/Reach	School-based health centers in Arkansas
Target Audience	School aged children
Program Overview	Enhance student access to oral health providers by providing real-time, on-the-spot care Increase the number of students treated for dental decay and sealants. Provide clinical consults and medication management in real time.
Program Delivery	As needed during school-based health center hours
Cost	Funded through a four-year HRSA grant which began in 2016. Free to students. STAR is a first-ever effort to bring telemedicine care to Arkansas's rural School-based Health Centers through a grant partnership between AR Department of Education and the UAMS Center for Distance Health.
Opportunities for Expansion/ Program Needs/ Other Comments	Continue to add more School-based Health Centers in Arkansas.
Attachments/Links	https://www.facebook.com/staruamscdh/ https://www.instagram.com/staruamscdh/ http://sites.uams.edu/star/newsroom/ See page 82



S	TRUCTURE FUNCTION AND TECHNOLOGY
Program Name	Structure Function and Technology
Sponsoring Organization	New York Institute of Technology College of Osteopathic Medicine at Arkansas State University
Website	https://www.nyit.edu/arkansas
Contact	Miyah Washington - miyah.washington@nyit.edu
Geographic Coverage/Reach	Arkansas, Missouri
Target Audience	High-school students
Program Overview	A one-day program for high school students that occurs during the school year. Students learn about and use different types of technology including ultrasound to 'see' anatomy on themselves before participating in an actual anatomy lab.
Program Delivery	Occurs in the Medical School at Wilson Hall on the A-State Campus
Cost	No cost to attendees



	TALLO
Program Name	Tallo
Website	www.hosa.org/tallo
Contact	Channelle Ragland, Director of Strategic Partnerships
Geographic Coverage/Reach	United States
Target Audience	High School/ College age
Program Overview	This program is a partner with HOSA and focuses on connecting high school and college-age students with employers seeking specific skill sets. This program is the High School/College version of LinkedIn. This program is the crossroads where students, colleges, and corporations meet.
Program Delivery	Social media, targeted toward high school/college-age. Information entered into this system is protected until the employer makes contact with the participant.
Cost	Free
Opportunities for Expansion/ Program Needs/ Other Comments	This information is shared with those schools that participate in the state HOSA program so that students can network in a safe environment with potential employers. Needs of the program would include continuing to share the information with our school districts in the state.



	TRIO & UPWARD BOUND PROGRAMS
Program Name	TRIO & Upward Bound Programs
Sponsoring Organization	The Arkansas Association of Student Assistance Programs (AASAP)
Website	http://www.arkansastrio.org/
Contact	Billy Ray Huggins, AASAP President - brhuggins@ualr.edu
Geographic Coverage/Reach	Statewide
Target Audience	Elementary School, Middle School, High School, College level students
Program Overview	AASAP is the state organization of the U.S. Department of Education TRIO Programs, which provide educational opportunities for first generation, low-income and students with disabilities in high school and college.
Program Delivery	Depends upon program.
Cost	Free - federally funded grant means NO cost to students.
Opportunities for Expansion/ Program Needs/ Other Comments	TRIO programs will feed into other TRIO programs (i.e. Upward Bound will feed into Student Support Services programs).
Notes	TRIO's goal is to assist low income, first generation college students with support, academic assistance, and many other items to plan to be successful in college.



	UAMS PHARMACY CAMP
Program Name	Pharmacy Camp
Sponsoring Organization	UAMS College of Pharmacy
Website	https://pharmcollege.uams.edu/prospective-students/doctor-of-pharmacy- program/pharmacy-camp/
Contact	Alex B. Holladay - abholladay@uams.edu
Geographic Coverage/Reach	Statewide
Target Audience	High school rising seniors and recently graduated high school students starting college in the fall.
Program Overview	The UAMS College of Pharmacy Summer Camp Program is designed for high school rising seniors and recently graduated high school students entering college interested in learning more about the challenging career pathway opportunities in the profession of pharmacy. This unique camp incorporates active participation in a broad scope of learning experiences including hands-on training in pharmacy practice skills, lectures by College of Pharmacy faculty and local Arkansas pharmacist practitioners, and field trips to actual pharmacy practice locations. The camp program reviews pharmacy education opportunities and the pharmacy curriculum at UAMS as well as recommended high school preparatory and collegiate pre-pharmacy course work.
Program Delivery	One week during the summer
Cost	Camp tuition is \$400.00 and includes housing, all meals, camp instruction materials, laboratory exercise supplies, and field trip transportation and expenses. Scholarships are available.



	UAMS HEALERS PROGRAM
Program Name	UAMS Healers (Health Education Active Learning Experience for Regional Scholars) Program
Sponsoring Organization	University of Arkansas for Medical Sciences
Website	https://uamshealth.com/patientsandguests/volunteer/hospitalvolunteer/ volunteerteenprograms/
Contact	Marcia Dunbar - (501) 686-5657 or mdunbar@uams.edu
Geographic Coverage/Reach	Pulaski County
Target Audience	High school students who will be entering their junior or senior year
Program Overview	<ul> <li>Hands-on, interactive program which allows students to:</li> <li>Learn and ask questions about a variety of medical careers directly from a professional in that field.</li> <li>Learn how to administer first aid to accident victims to include bandaging, control of bleeding, splinting and spinal immobilization.</li> <li>Learn how to administer Basic Life Support (CPR).</li> <li>Demonstrate a better understanding of medical terminology.</li> <li>Demonstrate an increased awareness of teenage health-related issues, enabling each individual to make better informed decisions based on scientific data.</li> <li>To gain experience in a clinical setting through active volunteering.</li> </ul>
Program Delivery	Two weeks during the summer
Attachments/Links	www.tinyurl.com/UAMSHealers



	UNITY HEALTH CAMP
Program Name	Unity Health CAMP (Careers and Medical Professions)
Sponsoring Organization	Unity Health
Website	https://www.unity-health.org/unity-health-camp
Contact	Delaney Vershum, Searcy Camp Director - 501-380-3381 or delaney.vershum@unity-health.org Michelle Foshee, Newport Camp Director - 870-512-3081 or
Target Audience	michelle.foshee@unity-health.org Grades 11-12
	CAMP is a special summer program designed for high school students who are interested in pursuing careers in the health care field. The program offers students opportunities to participate in medical-related activities such as first aid, CPR, and basic nursing skills.
	Additional Learning Opportunities Include:
Program Overview	Unity Health facility tours
	Guest speakers
	Shadowing medical personnel
	Disaster drill
	Health care job preparation
	Mock interviews
	One-week summer day camps offered at:
Program Delivery	Unity Health - White County Medical Center, Searcy, AR
	Unity Health - Harris Medical Center, Newport, AR
Cost	Free

# APPENDIX I Healthy Links





## Healthy Links Health Career Websites for Students & Teachers

#### http://www.hosa.org/node/50

HOSA – Health Occupations Students of America. This is a school program that promotes career opportunities for middle school students in grades 6-8 and secondary students 9-12 interested in the health care industry and Biomedical Sciences. Students often graduate with certificates. Schools apply to be involved with HOSA and get funding for the equipment required for the classes. To apply go online or contact Barbara Dimon at 501-682-1271 or Barbara.dimon@ arkansas.gov.

#### http://www.stempremier.com

HOSA has partnered with STEM Premier. STEM Premier assists all levels of talent in identifying career pathways from middle school through college. Students can create profiles for people to review and companies or colleges to contact and can update when activities or achievements are made. Contact Barbara Dimon at 501-682-1271 or Barbara.dimon@ arkansas.gov.

#### https://arcareereducation.org/

The Arkansas Department of Career Education has Health and Safety curriculum for grades 5-8 and Health and Safety Education and Physical Education for grades 9-12. Contact Tim Johnston at 501-682-6636 or tim.johnston@arkansas.gov

#### https://arkansashealthcareers.com/ and https://regionalprograms.uams.edu/students/

UAMS Regional Programs have health career recruitment specialists operating out of each of their eight regions to connect students and teachers with educators, programs, health care professionals and other resources around the state. These recruiters can educate students and counselors about various health care professions, offer and facilitate opportunities for hands-on experiences, explore mentoring and shadowing opportunities, and advise and prepare students to apply to health professional schools.

Some examples of program offerings available through Regional Programs include:

- M\*A\*S\*H (Medical Application of Science for Health) a two-week summer program for high school students, hosted by UAMS Regional Centers and community hospitals around the state.
- CHAMPS (Community Heath Applied in Medical Public Service) a 3-5 day spring or summer program for middle/ junior high students.
- Club Scrub/Med Pro-Ed School-based clubs (8th-12th grade) to encourage exploration of health careers through
  regular meetings and hands-on activities.
- Hands-on Healthcare Various group lessons expose students of all ages to hands-on activities to introduce health careers, while reinforcing science and math concepts in the classroom.
- Group Presentations Other age-appropriate presentations can be requested for clubs, groups, or school classroom settings.

For more information on opportunities, events, and resources available in your region, teachers, counselors and students are encouraged to consult the map in the "Locate Your Recruiter" from the site address and contact the recruiter closest to you.

Additional information and resources may be found using the above websites: Contact Robin Howell at howellrobinA@uams.edu or Amber Marshall at ammarshall2@uams.edu



### **Healthy Links** - continued

#### Other UAMS partners with health programs for K-12:

- UAMS Center for Diversity Affairs: http://cda.uams.edu/prgm/ Contact Nick Pettus NAPettus@uams.edu
- UAMS HEALERS Program: https://uamshealth.com/patientsandguests/volunteer/hospitalvolunteer/v volunteerteenprograms/ Contact Jennifer Huie jlhuie@uams.edu
- UAMS College of Pharmacy- Pharmacy Camp: https://pharmcollege.uams.edu/prospective-students/ doctor-of-pharmacy-program/pharmacy-camp/ Contact Alex Holladay ABHolladay@uams.edu

#### https://nbsteam.nepris.com/

Bring classroom lessons to life! Educators can utilize this platform to expand their curriculum beyond textbooks into the world of work. By creating an account with NEPRIS, teachers can view with their students, sessions already available or prepare for live interactive videos with professionals in multiple fields for information or provide in classroom tours. Health profession fields are being added. Cost to be a part of NEPRIS is low for schools to enroll. To learn about specific ideas and solutions for your organization, contact sales@mepris.com

#### https://www.beprobeproud.org/news

This is actually a tricked-out tractor-trailer work station that will come to a site and give students hands on access to a variety of skills. While not completely related to the health industry, as a mentor or educator, this site provides workshops for all types of potential skilled professions. Remember, not every health profession has to be a doctor or nurse. There is a need for computer techs, lab techs, etc.

Contact Andrew Parker at 501-372-2222 or aparker@arkansasstatechamber.com

#### https://www.ruralhealthinfo.org/

The Rural Health Information Hub is a wealth of knowledge for all types of rural data, demographics, health workforce, maps, charts, etc. It lists courses, training, funding opportunities, program models, and innovations. For resource and referral service call 1-800-270-1898 or info@ruralhealthinfo.org

#### https://sites.uams.edu/star

School Telemedicine in Arkansas (STAR) brings telemedicine care to Arkansas rural School Based Health Centers (SBHC) by providing real-time on the spot care. This introduces students to health related professions. It includes three programs:

- **HealthyNOW!** https://sites.uams.edu/star/healthynow/ provides online educational resources, physical activity opportunities, and weekly health challenge.
- **Behavioral Health** https://sites.uams.edu/star/behavioral-health/ behavioral health means mental and emotional well being. The program helps identify youth risky behaviors and promote long-term emotional health

**Oral Health** - https://sites.uams.edu/star/oral-health/ This program will start in the 2018-2019 school year. Contact Tina Pilgreen; Health Educator/Outreach at 501-526-7419 or kepilgreen@uams.edu

#### https://www.uaex.edu/4h-youth/activities-programs/healthy-living

4-H – Head, Heart, Hands, & Health. The 4-H Healthy Living programs addresses issues including nutrition, fitness, substance abuse, safety, and social and emotional wellness. Programs are offered in each of Arkansas' counties and tailored to meet the needs of local youth such as Yoga for Youth. Contact your local county extension office or Lisa Washburn at 501-671-2099 or Iwashburn@uaex.edu.

#### http://www.arkansastrio.org/

The Arkansas Association of Student Assistance Programs (AASAP) is the state organization of the U.S. Department of Education TRIO Programs, which provide educational opportunities for first-generation, low income and students with disabilities in high school and college. Contact Billy Ray Huggins brhuggins@ualr.edu

#### Arkansas Farm Bureau https://www.arfb.com/pages/education/



# APPENDIX II Maps & Charts



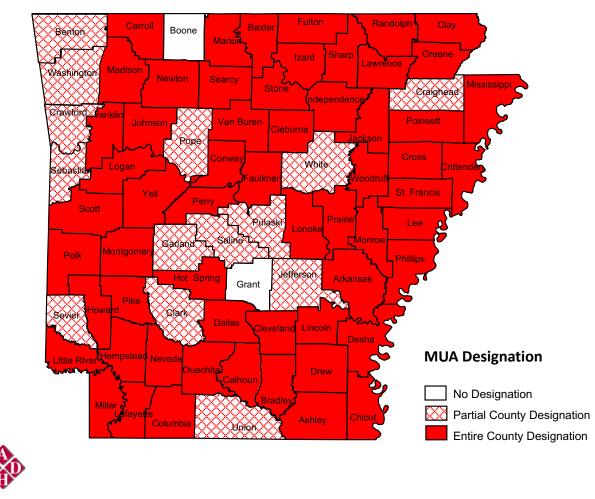


### MEDICALLY UNDERSERVED AREAS (MUAS)

MUAs identify geographic areas with a lack of access to primary care services. The MUA designation is based on the Index of Medical Underservice (IMU). IMU is calculated based on four criteria:

- the population to provider ratio
- the percent of the population below the federal poverty level
- the percent of the population over age 65
- the infant mortality rate

IMU can range from 0 to 100, where zero represents the completely underserved. Areas with IMUs of 62.0 or less qualify for designation as an MUA.



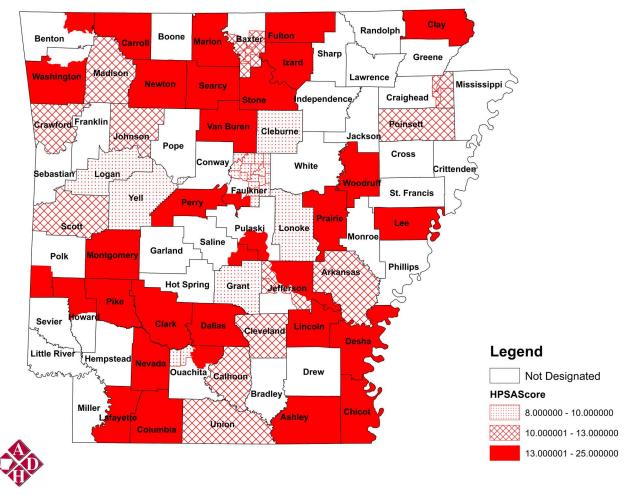
### Arkansas Medically Underserved Areas (MUA)

Source: Arkansas Department of Health, Office of Rural Health and Primary Care, 2018



#### HEALTH PROFESSIONAL SHORTAGE AREAS (HPSAS)

A Health Professional Shortage Area (HPSA) is a geographic area, population, or facility with a shortage of primary care, dental, or mental health providers and services. The Health Resources and Services Administration (HRSA) and State Primary Care Offices (PCOs) work together using public, private, and state-provided data to determine when such a shortage qualifies for designation as a HPSA. Once designated, HRSA scores HPSAs on a scale of 0-25 for primary care and mental health, and 0-26 for dental health, with higher scores indicating greater need.

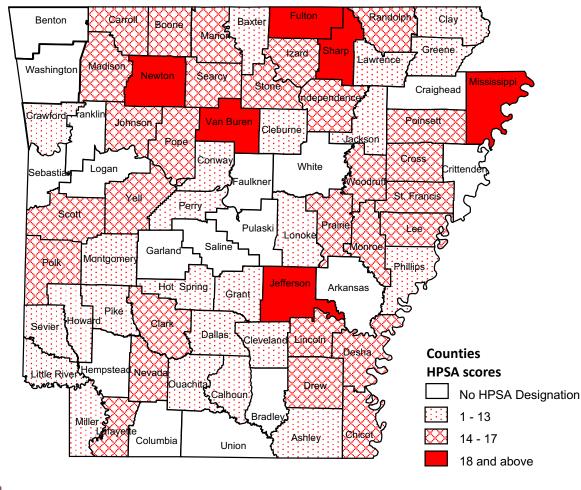


#### ARKANSAS Primary Care Health Professional Shortage Areas (HPSA)

Date: February 5, 2019 Source: Arkansas Department of Health Map created by: Naomi Sweeney Email: Naomi.Sweeney@arkansas.gov Office of Rural Health and Primary Care



#### ARKANSAS Dental Health Professional Shortage Areas (HPSA)

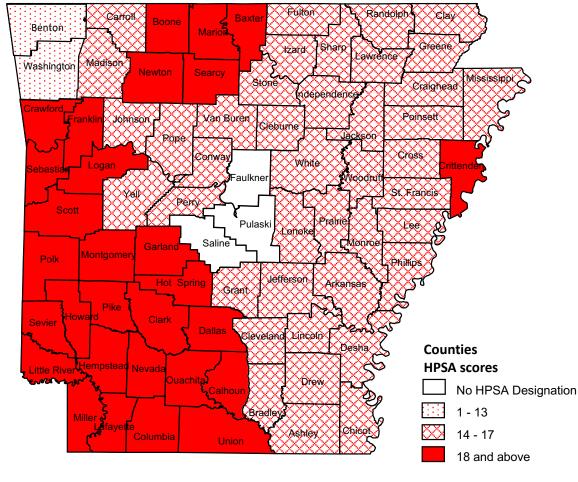




Source: Arkansas Department of Health, Data accessed from Health Resources & Service Administration (HRSA) February 2019



#### ARKANSAS Mental Health Professional Shortage Areas (HPSA)

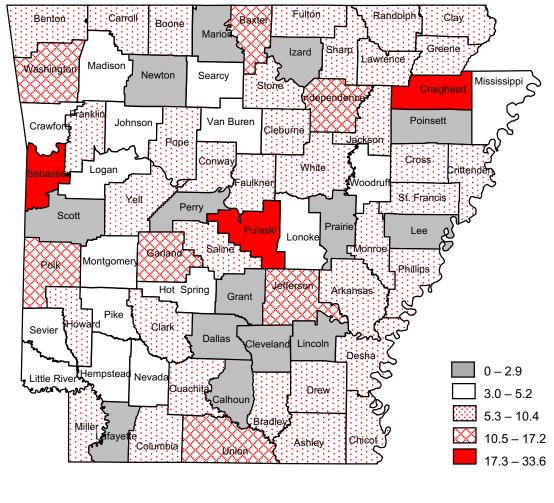




Source: Arkansas Department of Health, Data accessed from Health Resources & Service Administration (HRSA) February 2019



## Primary Care Physicians by Counties Per 10,000 Population

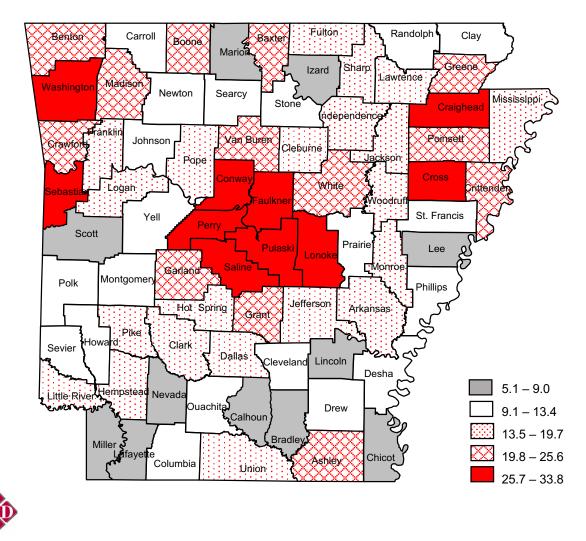




Source: Arkansas Department of Health, Office of Health Statistics, 2017



## **Dental Health Providers by Counties Per 10,000 Population**



Source: Arkansas Department of Health, Office of Health Statistics, 2017

	CODVEX FOREI	85779	392	528	1447	5565	910	275	106	407	212	490	344	597	256	543	523	4261	1415	1102	537	147	250
	> 2 H 2 M - N < M >	736	6	1	17	69	П	2	0	15	1	6	2	5	0	5	4	21	8	5	2	0	4
	KGOLOHIYY MCGONS	2619	9	9	27	198	22	6	5	8	4	15	12	11	4	7	22	193	41	27	20	3	4
	°CO−K⊐ ≶OKXBKS	2953	8	18	33	155	19	5	0	19	~	7	13	14	0	13	6	229	21	25	12	1	9
	KGOFOHCKSP	802	2	2	4	39	5	-	0	3	0	3	0	0	0	3	4	39	9	7	4	0	1
	4001×1×1×	86	0	0	2	7	0	0	0	0	0	0	0	0	0	0	0	8	0	3	0	0	0
	ウロンター しゅう 下田田 みんりん	3404	12	12	72	310	41	5	7	10	9	10	10	21	5	35	25	273	59	28	30	4	9
	<b>₽</b> H <b>A</b> M <b>A</b> O <b>X</b>	3747	26	22	50	273	30	9	3	17	15	33	16	31	6	22	23	196	99	34	21	4	13
	O A H O M A H A X	428	2	1	5	39	5	1	0	4	2	4	4	4	0	3	2	32	4	9	3	0	-
17	CARON CAREN	51832	261	374	934	2992	578	225	74	254	149	329	236	399	205	372	323	2277	935	750	356	109	180
S: 201	ESTUN ECHICARP DECNAVDA	3384	12	10	65	234	36	8	4	20	L	24	8	23	15	22	23	242	36	45	20	3	9
ARKANSAS: 2017	ABO-SFERED NDARE	34548	167	199	619	2183	377	109	27	176	91	199	125	258	134	239	184	1428	567	517	241	51	100
ARKA	HIGHNER FRACE-CE	13505	80	165	249	565	163	108	43	57	50	104	103	117	56	109	114	575	330	185	94	55	74
S IN /	OFERX ERATER FROFESS-ONALS	4287	15	24	70	290	28	7	11	14	10	24	21	25	16	33	27	226	75	57	23	13	10
HEALTH PROFESSIONALS IN	× H × H × H × H × D × D × D × D × D × D	2808	2	3	63	141	32	0	0	10	3	3	1	7	4	0	3	149	8	14	2	0	-
ESSIC	WW-MKRY OKRE FOFE	3966	15	13	61	271	39	8	1	19	~	15	10	18	1	20	16	242	25	32	10	2	6
ROFI	201414100	627	2	2	2	40	4	0	0	0	1	4	0	1	0	1	0	23	2	4	1	0	0
[H ]		328	2	3	3	23	3	1	0	1	1	2	1	0	0	2	1	27	0	1	0	0	0
EAL	PRIMAT RATESTAL RATESTAL	1396	0	1	29	93	6	0	0	2	2	4	2	2	0	3	2	92	2	21	0	0	2
Η	GENERAT VRACH-CE	16	0	2	1	2	0	0	0	0	0	-	0	2	0	2	0	7	2		2	0	2
-	TAM-JY TRACH-OB	1524	11	5	26	113	23	7	-	16	4	4	7	13	1	12	13	93	19	5	7	2	5
	SOLTETE	1 664	2	1	7	41	4	0		-	0	∞	0	4	1	4	9	22	5	2	4	0	0
	DENTED FORED	4 6951	30	43	90	1 660	84	9	4	32	9	33	18	46	11	24	57	334	155	108	48	11	15
		2 1634	14	11	33	161	13	2	0	7	-	10	3	7	7	7	16	88	47	18	21	3	4
	TAPES ANED	5 3912	11	23	38	371	50	-	3	19	2	13	10	28	4	7	38	172	91	62	18	9	7
	D H Z H Z H Z H Z H Z H Z H Z H Z H Z H	1405	5	6	19	128	21	3	-	9	3	10	5	11	0	10	3	74	17	28	6	2	4
	01-2022401-0	E 496	2	5	12	80	12	0	0	-	0	0	1	12	0	2	2	20	7	4	2	0	0
	COUNTY	STATE	ARKANSAS	ASHLEY	BAXTER	BENTON	BOONE	BRADLEY	CALHOUN	CARROLL	CHICOT	CLARK	CLAY	CLEBURNE	CLEVELAND	COLUMBIA	CONWAY	CRAIGHEAD	CRAWFORD	CRITTENDEN	CROSS	DALLAS	DESHA

Health Professionals in Arkansas: 2017

		СРЖАРНР Кранте К С С С С С С С С С С С С С С С С С С	18         28         0         6         29         17         6         487	183         241         5         82         94         207         30         4385	16         18         0         0         2         12         5         433	10         15         0         1         2         5         1         350	133         127         5         27         89         83         39         3481	17         11         0         3         11         11         2         544	49         61         1         4         77         40         5         1356	13         22         0         2         15         8         3         455	27         18         0         3         21         12         7         861	7 13 1 1 3 9 5 344	48         65         1         5         25         29         8         1187	11         20         0         1         17         12         0         390	9 8 1 1 4 9 1 313	38         20         3         11         60         30         12         1762	9 21 0 6 6 8 7 341	4 0 0 0 1 0 0 133	10         22         0         1         7         14         3         451	0 3 0 0 3 3 0 131	6         4         0         0         4         1         1         257	6         8         0         1         1         2         0         293	13         22         0         5         3         6         3         494	91 70 1 16 57 81 13 2361	15         3         0         0         8         5         3         282
		KDHSHCA KAHEMOHRO	318 3	2541 18	310 1	274 0	2172 18	412 0	865 4	322 2	647 0	249 3	7 67 7	302 1	227 3	1236 4	213 1	114 1	309 0	99 1	220 0	234 0	370 3	1582 12	191 1
AS: 2017	NURSING	KUYKNOMU WKKOHHOM NDKWM	17	189	19	13	140	22	77	13	28	7	50	15	12	58	6	4	7	2	9	11	12	82	11
<b>ARKANSAS: 2017</b>		RORCZ LYCHONA CENTROL	124 176	536 1796	133 155	103 157	512 1502	105 282	240 539	142 167	235 380	113 128	240 473	113 174	100 114	344 830	89 115	61 49	128 171	29 68	64 150	95 127	162 196	324 1163	56 123
HEALTH PROFESSIONALS IN	0	STSTOTORS ARADNOCCS	4 16	87 308	2 27	1 10	141 174	0 23	16 80	3 20	3 31	3 22	41 61	0 14	3 9	43 71	12 15	0 7	3 40	1 8	0 12	0 17	1 24	7 132	0 11
OFESSIO	S	VEU-AFR-DS VE-MARY OARS FOFAT	1 15	18 121	0 11	0 8	18 170	0 4	3 35	2 8	0 17	0 8	3 52	0 1	1 11	7 108	0 14	0 2	0 11	0 2	0 1	1 4	6 0	1 23	0 6
<b>VLTH PR</b>	PHYSICIANS	NYG~80 CAG~80 EN-C-DEM LANRETIN-	1 2	29 16	1 0	2 0	85 11	0 0	5 2	0 0	5 0	0 0	27 6	0 0	1 2	32 9	2 2	0 0	2 0	0 0	0 0	0 0	0 0	4 0	0 0
HEZ		RECHTORNE VERTING	11 0	54 4	10 0	6 0	53 3	3 1	25 0	5 1	11 1	7 1	16 0	1 0	6 1	58 2	10 0	2 0	0 6	1 1	1 0	1 2	9 0	18 0	5 1
		SORTEL CLEAR	-	378 63 :	26 2	19 2	253 20 :	45 5	111 3	36 0	65 7	17 2	67 4	10 0	24 1	108 10	27 1	4 0	26 1	8 3	7 0	19 1	33 1	241 18	35 1
	DENTAL	DENTAL EXCLOSE		92	8 2	6 1	54	9 4	31 11	12 3	18 6	7 1	17 6	3 1	6 2	17 10	2 2	2 4	8 2	1	-	12 1	10 3	45	4 3
	DE	DENHAR SER	6 5	53 233	3 15	2 11	61 138	3 33	15 65	5 19	8 39	3 7	15 35	3 4	6 12	22 69	9 16	0 2	4 14	1 6	1 5	3 4	8 15	21 175	4 27
		01-2022401-0	4	27	1	2	30	0	5	D 1	с 3	1	ENCE 7	1	2	8	1	<b>E</b> 0	5	0	1	/ER 0	1	17	3
		COUNTY	DREW	FAULKNER	FRANKLIN	FULTON	GARLAND	GRANT	GREENE	HEMPSTEAD	HOT SPRING	HOWARD	INDEPENDENCE	IZARD	JACKSON	JEFFERSON	NOSNHOL	LAFAYETTE	LAWRENCE	LEE	LINCOLN	LITTLE RIVER	LOGAN	LONOKE	MADISON

		UODZEX EOEKA	1009	718	122	195	189	120	533	281	345	261	485	458	1412	148	16103	556	4686	165	184	3543	336	551	392	327
		ンドアビスースへんと	4	4	0	2	0	1	1	1	2	-	2	٢	14	1	126	5	17	7	2	37	1	4	2	2
		KOCCDHAKAKS	14	17	2	1	1	4	9	4	6	5	17	9	37	1	548	19	143	0	3	95	9	5	3	8
		SOULAT SORRERS	14	15	3	3	3	2	9	8	14	2	12	10	33	2	923	20	149	1	0	73	3	11	8	8
		KGOFOHCK S 7	5	4	0	1	0	0	0	1	2	0	2	4	15	3	295	1	27	0	0	30	1	1	3	1
		りつり ー ヘ 干 良 ア	0	1	0	0	0	0	-	0	0	0	0	0	2	0	20	1	4	0	0	6	0	0	0	0
		カヨンタージルリ T田田氏ホウン	17	15	1	5	5	5	18	9	7	9	24	18	78	4	503	26	143	5	5	143	11	25	11	9
		A H A M A O X	34	29	7	9	5	3	24	4	14	15	12	16	60	11	916	18	201	5	8	139	11	17	11	8
		041028143	3	9	0	1	1	0	5	0	4	2	-	4	11	0	65	2	23	1	0	25	0	3	2	1
L		NDW8-NQ FOF41	801	520	87	151	152	06	395	212	240	198	338	320	866	115	7841	380	3170	138	144	1926	262	422	283	248
: 201	DNG	KUNKING KKKOF-DE KDKWE	28	27	6	2	5	1	10	7	10	10	16	14	66	3	680	25	230	4	7	105	9	13	17	12
NSAS	NURSING	KAQ-VHEKEU NDKVE	520	313	60	76	81	59	198	129	176	115	184	161	568	73	5785	227	2380	75	86	1349	133	226	180	147
ARKANSAS: 2017		J-DENSED FRADE-DAJ ZDRSE	253	179	20	52	66	30	186	74	53	73	134	145	223	38	1229	124	517	59	51	466	120	181	86	89
	0	- HEAN HEANTH FROFESS-ONALS	33 2	6	3	5	11	3	24	6	6	10	15	17	73 2	2	819 1	42	250 :	3	8	158 4	14	15	14	15
<b>PROFESSIONALS IN</b>		SECONDERY SEECES	~	8	1	2	0	0	9	0	3	0	1	7	34 `	0	1334 8	3 4	27 2	0	1	196 1	0	0	4	3
SION		THE THE POLE	31	21	5	4	3	1	19	2	15	5	5	24	67 3	0	1325 13	11	78 2	2	4	280 1	6	11	17	11
)FES		SOLATA-DEP	5 3	3 2	2	2	0	0	0 1	0	3 1	0	1	3 2	10 6	0	349 13	1	15 7	0	, 0	26 28	2	0 1	2 1	0
I PR(	PHYSICIANS		0	2	0	1	0	0	2	0	2	0	0		9 1	0	111 3.	0	7 1	0	0	17 2	0	0	2	0
HEALTH	PHYS	PRMAAA AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA	2	5	0	0	0	0	3	0	1	0	1	3	17	0	570 1	1	23	0	0	128	1	4	4	0
HE/		CENERAL FRACE-CE	2	0	1	0	1	0	0	1	0	-	-	2	1	0	19	0	1	0	1	0	1	1	2	0
		FAZ-JY VKACH-OB	22	11	2	1	2	1	14	1	6	4	2	13	30	0	276	6	32	2	3	109	5	6	7	11
			3	2	1	3	1	0	2	3	2	-	0	-	7	0	207	4	36	0	0	28	0	1	0	1
		DAXF41 HOF41	40	64	12	10	7	6	23	29	21	15	55	22	109	6	1123	22	404	8	6	384	18	32	34	12
	AL	VHX-FZ-QKH FX-SHX	~	4	2	1	1	1	5	6	5	4	12	4	24	2	239	8	95	2	4	96	6	8	7	1
	DENTAL	OBNEED ESSESTER	15	48	9	7	5	8	6	20	13	6	40	11	58	7	556	6	268	4	4	206	8	17	19	8
		$\Sigma \cong Z \vdash -\infty \vdash \infty$	17	12	1	2	1	0	6	0	3	2	3	7	27	0	328	8	41	2	1	82	4	7	8	3
		しヨーミのトミルじエーじ	2	3	0	1	0	2	3	2	3	-	1	2	6	0	58	2	14	0	0	20	0	4	0	3
						RY																				
		COUNTY	MILLER	MISSISSIM	MONROE	MONTGOMERY	NEVADA	NEWTON	OUACHITA	PERRY	SALLLING	PIKE	POINSETT	POLK	POPE	PRAIRIE	PULASKI	RANDOLPH	SALINE	SCOTT	SEARCY	SEBASTIAN	SEVIER	SHARP	ST FRANCIS	STONE

		CODZEX FOES	1211	390	6588	2281	126	335
		> B F B K + Z K K	7	7	112	24	0	6
		SFEEDE FAFEOLOGX	27	8	279	87	3	3
		SON-47 SORXBRS	23	5	358	74	4	4
		400F0H0Ksr	9	5	82	14	0	0
		400-4FX>	0	0	6	1	0	0
		クロンタージャレー T田田 たんりン	67	13	315	66	0	13
		A H A M A O X	42	19	304	135	5	13
		0 d F O M B H M M	7	0	46	10	0	0
7		NDM8-NQ FOF41	805	261	3232	1359	66	239
5: 201	SUIG	KUVKNAU VKKOL-OB NDKVB	39	10	254	84	6	5
HEALTH PROFESSIONALS IN ARKANSAS: 2017	NURSING	KEG-SFERED NDKSE	417	148	2363	897	50	145
ARKA		J-CHANED FACH-CAL ZDMAN	349	100	607	365	40	89
S IN A	0	- HBK HBAJFH PKOKBSS-ONAJS	71	19	331	125	1	19
NAL		NBCCCCKX> NFBC-4J-NFN	23	2	273	47	0	8
OISSIO	PHYSICIANS	FR-MERN OFRE FOFF	47	9	391	75	3	0
ROFE		トリワーベード・フッ	4	1	46	10	0	0
[H P]			3	0	43	5	0	0
EAL		-NFRANKJ MED-O-NR	15	1	130	25	0	0
Η		GENERAL FRACH-OR	2	0	8	1	0	2
		FAX-J> FRADE-OB	23	4	164	34	3	13
		0-9F9F-0	-	2	75	18	-	5
		DENHAT HOHAT	78	40	717	200	10	25
	DENTAL	DRAFCJ EXG-RAFS	13	L	157	49	2	9
		DEXESS Society	43	26	409	126	7	14
		タ ユ タ ー ユ Z 近 ひ	22	L	151	25		5
		0 H - 20 A 2 C F - 0	7	3	64	13	0	0
		COUNTY	NOIND	VAN BUREN	WASHINGTON	WHITE	WOODRUFF	YELL

Arkansas Department of Health, 2018. Arkansas Health Professions Manpower Statistics 2017. Available at https://www.healthy.arkansas.gov/images/uploads/pdf/Manpower\_Report\_2017-Revised.pdf

# APPENDIX III Resources





#### WEBSITES

#### Arkansas Department of Education (ADE) Data Center

#### https://adedata.arkansas.gov/statewide/Default.aspx

The ADE Data Center is a collection of data systems, data tools and informational reports for educators, policy makers, teachers, parents, school districts, and anyone interested in official data from the Arkansas Department of Education (ADE). This site is maintained by the ADE Office of Information Technology and most data is provided by Arkansas public school districts.

#### Arkansas Health Careers

#### http://arkansashealthcareers.com/

The Arkansas Health Careers website was created by UAMS Regional Programs in 2010 to provide a central resource for Arkansas students, parents, teachers and counselors seeking information on the many different health careers, educational and training options, and enrichment programs available across the state. Because this resource is not restricted to UAMS programs exclusively, we would welcome a neutral organization taking over the hosting and maintenance of this website domain, to serve as the central repository for all Rural Health Summit student information going forward.

#### **Health Professionals Statistics**

#### https://www.healthy.arkansas.gov/programs-services/topics/health-professionals-statistics

The Health Professions Manpower Assessment, maintained by the Health Statistics Branch of the Arkansas Department of Health, is the primary source of data on Arkansas's health care workforce. Data is collected on an annual basis from professional licensing boards (PLB). PLB's collect and provide our branch with information on their members including date of birth, address, and licensing specialties. This data is used to gather information on health profession shortages and medically underserved areas

#### **Perkins Grants**

#### Arkansas Department of Career Education

https://arcareereducation.org/

Contact: Maria Swicegood maria.swicegood@arkansas.gov

Perkins funds are federal funds used to support career and technical education (CTE). There are guidelines that must be followed regarding the use of funds, but each school district or education cooperative in Arkansas has a CTE Coordinator on staff trained on how to utilize these funds.

#### **Rural Health Information Hub**

#### https://www.ruralhealthinfo.org/

RHIhub is a wealth of knowledge for all types of rural data, demographics, health workforce, maps, charts, etc. It lists courses, training, funding opportunities, program models, and innovations.



#### **COUNTIES - STUDENT ENROLLMENT BY GRADE SPAN (2017-2018)**

Location County ID	Location County Name	Grade K-05	Grade 06-08	Grade 09-12	GED	Ungraded	Total
01	ARKANSAS	1,343	622	831	0	8	2,804
02	ASHLEY	1,642	746	1,075	0	0	3,463
03	BAXTER	2,220	1,206	1,582	0	6	5,014
04	BENTON	21,324	10,337	13,660	0	11	45,332
05	BOONE	2,751	1,365	1,732	0	2	5,850
06	BRADLEY	966	494	599	0	0	2,059
07	CALHOUN	277	128	179	0	0	584
08	CARROLL	1,796	895	1,164	0	0	3,855
09	CHICOT	700	291	358	0	1	1,350
10	CLARK	1,192	581	713	0	1	2,487
11	CLAY	1,015	559	721	0	3	2,298
12	CLEBURNE	1,500	750	1,005	0	0	3,255
13	CLEVELAND	638	340	434	0	0	1,412
14	COLUMBIA	1,788	863	1,086	0	0	3,737
15	CONWAY	1,477	723	944	0	0	3,144
16	CRAIGHEAD	9,035	4,206	5,388	0	23	18,652
17	CRAWFORD	4,945	2,442	3,409	0	13	10,809
18	CRITTENDEN	4,701	2,184	2,950	0	2	9,837
19	CROSS	1,541	770	976	0	2	3,289
20	DALLAS	389	174	201	0	0	764
21	DESHA	1,146	548	727	0	0	2,421
22	DREW	1,396	649	912	0	0	2,957
23	FAULKNER	8,777	4,282	5,614	0	2	18,675
24	FRANKLIN	1,507	741	952	0	2	3,202
25	FULTON	733	413	495	0	0	1,641
26	GARLAND	7,088	3,441	4,398	0	14	14,941
27	GRANT	2,137	1,092	1,430	0	0	4,659
28	GREENE	3,461	1,768	2,242	0	17	7,488
29	HEMPSTEAD	1,635	737	955	0	5	3,332
30	HOT SPRING	2,442	1,227	1,539	0	0	5,208
31	HOWARD	1,427	652	827	0	0	2,906
32	INDEPENDENCE	2,912	1,459	1,858	0	2	6,231
33	IZARD	796	433	511	0	0	1,740
34	JACKSON	943	498	555	0	0	1,996
35	JEFFERSON	4,790	2,434	3,312	0	1	10,537
36	JOHNSON	2,154	1,054	1,375	0	0	4,583
37	LAFAYETTE	284	116	180	0	3	583
38	LAWRENCE	1,339	706	908	0	0	2,953
39	LEE	363	129	226	0	0	718
40	LINCOLN	711	354	472	0	0	1,537
41	LITTLE RIVER	877	429	610	0	0	1,916
42	LOGAN	1,497	682	1,005	0	0	3,184
43	LONOKE	6,236	3,152	4,208	0	1	13,597



#### **COUNTIES - STUDENT ENROLLMENT BY GRADE SPAN (2017-2018)**

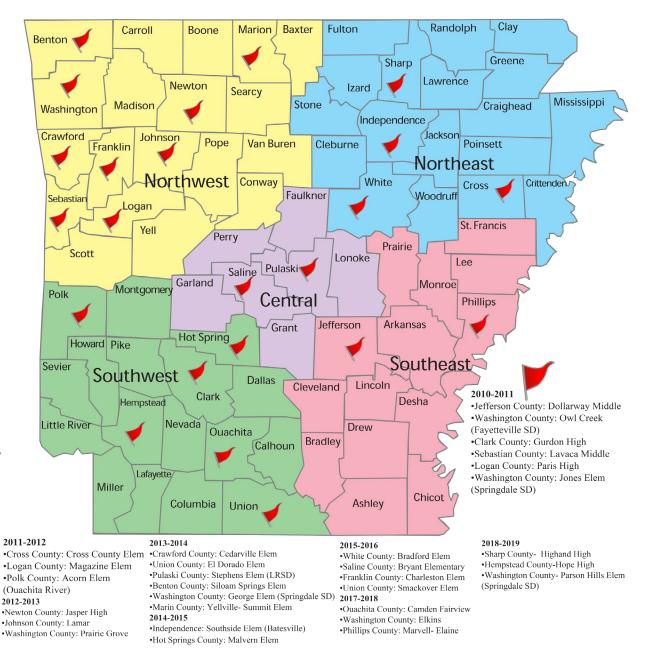
Location County ID	Location County Name	Grade K-05	Grade 06-08	Grade 09-12	GED	Ungraded	Total
44	MADISON	1,025	527	705	0	1	2,258
45	MARION	749	349	482	0	0	1,580
46	MILLER	3,132	1,364	1,798	0	0	6,294
47	MISSISSIPPI	3,410	1,590	2,166	0	2	7,168
48	MONROE	496	199	259	0	0	954
49	MONTGOMERY	473	243	322	0	0	1,038
50	NEVADA	610	336	428	0	0	1,374
51	NEWTON	499	305	403	0	1	1,208
52	OUACHITA	1,906	873	1,157	0	1	3,937
53	PERRY	701	364	473	0	0	1,538
54	PHILLIPS	1,670	937	1,150	0	2	3,759
55	PIKE	937	462	601	0	0	2,000
56	POINSETT	1,889	905	1,199	0	8	4,001
57	POLK	1,608	802	1,057	0	0	3,467
58	POPE	4,634	2,268	3,016	0	15	9,933
59	PRAIRIE	516	261	354	0	0	1,131
60	PULASKI	28,498	12,961	16,450	0	19	57,928
61	RANDOLPH	1,187	571	744	0	0	2,502
62	ST FRANCIS	1,560	627	955	0	0	3,142
63	SALINE	8,160	3,984	5,241	0	2	17,387
64	SCOTT	683	346	416	0	0	1,445
65	SEARCY	651	333	453	0	0	1,437
66	SEBASTIAN	9,469	4,609	6,483	0	9	20,570
67	SEVIER	1,636	690	954	0	0	3,280
68	SHARP	1,259	654	893	0	4	2,810
69	STONE	743	397	477	0	0	1,617
70	UNION	3,390	1,622	2,153	0	75	7,240
71	VAN BUREN	980	521	688	0	1	2,190
72	WASHINGTON	19,377	9,612	12,365	0	18	41,372
73	WHITE	5,893	2,830	3,800	0	6	12,529
74	WOODRUFF	510	214	315	0	0	1,039
75	YELL	1,976	939	1,212	0	3	4,130

Arkansas Department of Education Data Center,

https://adedata.arkansas.gov/statewide/ReportList/Counties/EnrollmentByGradeSpan.aspx, accessed on January 23, 2019.



### SCHOOL-BASED HEALTH CENTERS MAP 2010-2019



Arkansas Department of Education, http://www.arkansased.gov/public/userfiles/Learning\_Services/School\_Health\_Services/2010\_2019\_ SBHC\_locations\_UPDATE.pdf, accessed on February 5, 2019.

# APPENDIX IV Additional Information





#### Mobile Health Unit Frequently Asked Questions

#### What is the AMHC Mobile Health Unit (MHU)?

A Mobile Health Unit (MHU) is a screening clinic on wheels. This initiative would provide an avenue to double our preventive screenings by reaching people where they are within the state. The MHU will provide preventive screenings, health education and allow an opportunity of coordination of care with the MHU coordinator. The Mobile Health Unit coordinator will follow-up with patients that have abnormal results and share information on county level resources for follow-up medical care. The MHU would support a partnership with Arkansas Foodbanks statewide.

#### Why is the MHU needed?

The MHU will provide an opportunity to increase AMHC reach to all 75 Arkansas counties.

#### How will the MHU be staffed?

The AMHC will employ a coordinator to staff and schedule the unit. The coordinator will provide follow up calls to connect Arkansans screened with services at the county level. The AMHC will contract with a nurse to provide preventive screenings and health education.

#### What screenings are offered?

Screenings will include: Blood pressure, Cholesterol, Glucose, A1C, HIV, Prostate, height, weight and BMI.

#### Will the MHU have a referral system?

The MHU coordinator will utilize the UAMS Fay W. Boozman College of Public Health Public Health in Arkansas' Communities Search to provide county level health resources including doctors, dentists, hospitals and preventive care services to community members screened. <u>http://uams.edu/phacs/</u>

#### What happens if there is an emergency?

In case of an emergency, the AMHC will utilize 9-1-1 and local emergency medical services (EMS). In preparation of traveling to each location, the AMHC coordinator will call the local EMS to make them aware of the date and times the MHU will be in their area to provide screenings, and that EMS will be called if/when medical emergency situations occur. This protocol was established as a recommendation from the Director of the Arkansas Department of Health.



#### Will screenings be the only services offered?

The Mobile Health Unit coordinator and nurse will provide health education information and materials to each person screened. Care-coordination will be provided for all abnormal screenings, and follow up calls will be conducted at 3, 6 and 12 months.

#### What are the targeted populations and areas?

The AMHC targeted populations are minorities, however screenings are available to all populations. While the AMHC would like to focus on AR red counties, the goal is to reach all 75 counties. Red counties include counties where the life expectancy is up to 10 years less than other counties.

#### Why not primary care services?

The initiated act specifies the AMHC will increase awareness, provide screenings, develop interventions, and maintain a database. The MHU is another tool to ensure the Arkansas Minority Health Commission achieves its mission in accordance with the initiated act.

#### What about security?

Signage on the Mobile Health Unit will include messages on either side indicating only screenings are provided and no medication is on the unit. The MHU will be parked on the gated lot of the AR Foodbank for overnight security.

#### How will data be collected?

The AMHC has a SharePoint database that will be utilized during screening visits by the MHU nurse and coordinator to enter data (demographic and screening) for each person screened.

#### Will the MHU be on the road daily?

The MHU will alternate traveling 3 days/week (Monday, Wednesday, Friday & Tuesday, Thursday, Saturday).

#### Can partners make requests for MHU services?

Yes! The AMHC will allow partners to request the Mobile Health Unit via website (https://www.arminorityhealth.com/).



## Scholarship Opportunities \*\*\*Applications Open in Mid-February\*\*\*

With locations nationwide, Camp Cardiac is a 1-week summer day camp open to all high school students (including Spring/Summer graduates) 15-18 years of age as of first day of assigned session and currently residing in the US. Although Camp Cardiac's primary focus is on care and maintenance of the heart, it provides an excellent starting point for careers in all fields of medicine. For more information, please visit <u>CampCardiac.org</u>.

## Camp dates, deadlines, and applications details will be updated on CampCardiac.org in mid-February.



All of the following and more is included:

CPR Certification Hands-on Workshops Basic Knowledge Lectures Introduction to Various Careers in Healthcare Heart Dissection (pig) Medical Student Forum Daily Lunch Healthy Living Exercise Graduation Certificate



## **Summer 2017**

With locations nationwide, Camp Neuro is a 1-week summer day camp open to all high school students (including Spring/Summer 2017 graduates) 15-18 years of age as of first day of assigned session. Although Camp Neuro's primary focus is on care and maintenance of the brain as well as psychology, it provides an excellent starting point for careers in all fields of medicine.

For more information, including locations, dates, deadlines, and applications details, please visit **www.campneuro.org**.



\*\*\* Scholarships Available \*\*\*

All of the following and more is included:

Hands-on Workshops Basic Knowledge Lectures Introduction to Various Careers in Healthcare Brain Dissection (pig) Medical Student Forum Daily Healthy Lunch Healthy Living Exercise Graduation Certificate



# Arkansas Career and Technical Education Programs

OCCUPATIONAL AREA	CLUSTER	PATHWAY	PROGRAM OF STUDY (POS)					
		Agribusiness Systems	Agribusiness Systems					
		Agricultural Power, Structural, and	Agricultural Power, Structural,					
		Technical Systems	and Technical Systems					
		Animal Systems	Animal Systems					
Agriculture Science and Technology	Agriculture, Food, and		Food Products and Processing					
	Natural Resources	Food Products and Processing	Systems Meat Processing Systems					
		Natural Resources/Environmental Service	Natural Resources/Environmental					
		Systems	Service Systems					
		Plant Systems	Plant Systems					
			Medical Office Administration					
	Business Management	Administrative Services	Office Administration					
	and Administration	General Management	Management					
		Accounting	Accounting					
	Finance	Banking Services	Banking					
		Securities and Investments	Securities and Investments					
Business and	Hospitality and							
Marketing Technology	Tourism	Travel and Tourism	Hospitality and Tourism					
	Information	Web Design and Digital Communications	Social Media and Communications					
	Technology		Web Design					
	Marketing Sales and	Marketing Management	Entrepreneurship					
	Services	Marketing Research	Marketing					
	Transportation,	Logistics Planning and Management						
	Distribution and	Services	Supply Chain and Logistics					
	Logistics Education and							
	Training	Teaching and Training	Education and Training					
	Hospitality and		Culinary Arts					
	Tourism	Restaurant and Food and Beverage Services	Food Production, Management,					
			and Services					
		Consumer Services	Consumer Services					
Family and Consumer		Early Childhood Development and Services	Child Care Guidance, Management, and Services					
Sciences			Advanced Nutrition and Dietetics					
			FACS EducationFood and					
	Human Services	Family and Community Services	Nutrition					
		Family and Community Services	FACS EducationFamily Studies					
			FACS EducationEntrepreneurial					
			Design					
		Personal Care Services	Cosmetology					
	Architecture and	Design and Pre-Construction	Architectural/CAD					
	Construction		Engineering/CAD					
	Health Science	Biotechnology Research and Development	Biomedical Science (PLTW)					
Science, Technology,	Information	Network Systems	Computer Engineering					
Engineering, and	Technology	Programming and Software Development	Mobile Application Development					
Mathematics (STEM)			Programming					
	STEM (Science,		Pre-Engineering					
	Technology, Engineering, and	Engineering and Technology	Pre-Engineering (PLTW)					
	Mathematics)		Unmanned Aerial Systems					

## HARDING UNIVERSITY \* // th annual \* PHARMACY CAMP script your own future! June 16-21, 2019

Harding University College of Pharmacy, in partnership with Walgreens, will host the 11th annual Pharmacy Summer Camp June 16-21, 2019, on the University's campus. If you are a high school junior or senior interested in health care, come learn about serving others through the profession of pharmacy. Through classes, hands-on learning experiences and other activities, discover your potential as a future pharmacist.

## harding.edu/pharmacycamp



#### Is being a pharmacist your calling?

During your week on campus, you will get a feel for what a career in pharmacy looks like, as well as what it's like to be a Harding student. You will live in residence halls, work in our state-of-the-art labs and facilities, meet other campers who share the same interests, and interact with College of Pharmacy faculty, staff and students.

When choosing a college or university, there are many factors to consider: academic rigor, faculty excellence, a degree that helps you reach your goals, and a feeling of belonging. We believe Pharmacy Camp will prove these to be true for you. **You belong at Harding!** 

#### Apply in three easy steps:

- 1. Apply (with \$100 deposit) at harding.edu/pharmacycamp.
- 2. Submit a letter of recommendation from a high school counselor or teacher.
- 3. Send a copy of your high school transcript.

Check your mail for acceptance notification and more details. **Program Cost** 

The fee is \$350, which covers all activities, housing and meals.

#### Collaborate

- Meet undergraduate admission staff.
- · Learn from College of Pharmacy faculty and students.
- Work with your pre-pharmacy advisor.

#### Experience

- Perform pharmaceutical compounding & research experiments.
- Practice blood pressure & glucose monitoring.
- Engage in health awareness projects.

#### Discover

- Learn about careers in all areas of pharmacy.
- · Shadow practitioners in real-life pharmacy settings.
- Serve the community and abroad through mission opportunities.

script your own future!

### APPLY NOW AT HARDING.EDU/PHARMACYCAMP

#### **Health Sciences Entrepreneurship Boot Camp**



Applications are now open for the Health Sciences Entrepreneurship Boot Camp, a weeklong training program for undergraduate and graduate students that equips them with the skills and knowledge they need to start and fund their own health sciences ventures. In its third year, the camp has propelled dozens of college students into their post-graduate careers, and it recently won an Innovations in Research and Research Education Award from the Association of American Medical Colleges. The camp is a joint initiative of the Conductor, University of Arkansas for Medical Sciences (UAMS), BioVentures and Arkansas INBRE.

At the Camp, students from around the state convene on the University of Central Arkansas campus for one week to go through an intensive, hands-on training program in which they work in teams to develop and vet new venture ideas in the health sciences space. The students receive a crash course in new venture creation, patent filing, building an entrepreneurial team, funding a venture and more. The curriculum also offers leadership and recreational opportunities to the students. The students come in contact with nearly 70 mentors and experts throughout the course of the week.

The residential boot camp will be held May 19-24 at the University of Central Arkansas. The camp is all-expenses-paid for accepted students, and is funded through UAMS, BioVentures and the Conductor. Eligible students must have completed their sophomore year of college. Space permitting, there will spots available for immediate graduates and graduate students.

The application period begins on December 6, 2018, and candidates may apply at <a href="https://goo.gl/forms/NrniFz3RTjgTON502">https://goo.gl/forms/NrniFz3RTjgTON502</a>. The early consideration deadline for the Camp is Friday, February 24, 2019. All other applications are due by Friday, March 24, 2019.

To learn more about the Health Sciences Entrepreneurship Boot Camp, visit the <u>webpage</u>, <u>watch the 2018 Boot Camp video</u>, and hear the student testimonies from the 2017 Camp <u>here</u>.

#### About the Conductor

The <u>Conductor</u>, a public-private partnership with the University of Central Arkansas and Startup Junkie Consulting, drives innovation, entrepreneurship and economic development in central Arkansas through high-impact programming, one-on-one consulting, commercialization support, talent development and collaboration.





### HOSA ARKANSAS

National Website: www.hosa.org

#### How many schools in AR participate? 60 total in school programs

- Mix of Skills USA and HOSA.
- Don't have to have a med pro program to participate in HOSA.
- Enrolled in health CTE classes or interested in pursuing a health career field.
- Annual State and National competitions.

#### Are their individual programs or just 1 overall state HOSA?

- 1 state HOSA program through the Dept. of Career Orientation.
- Individual chapters through school's/med pro programs/etc.

#### How do students enroll in HOSA?

- Med Pro program has to have a HOSA or Skills USA component.
- HOSA has 30 contest, and Skills USA has 4.

#### What requirements do they have to meet to be in HOSA?

• Students have to be enrolled in Health CTE classes or have an interest in pursuing a health career field.

#### What commitment does it involve on the student's part?

- Work toward their competition if they compete.
- Officers of the organization require more time commitment than participants.

#### Do you have a framework of how this is implemented in the schools?

- Yes, example provided.
- This program is all tied in through Med Pro programs and covers more than medical components. Leadership and Community are also big pieces.

#### What routes do you use to get into the school systems?

- Provide funding opportunities to start the program.
- You can start a program without receiving the grant funding.
- Variety of ways the schools get interested, local business, contacts, etc.

#### How is it funded? Only state level or are there any local level funding sources?

- State and Federal funding available.
- Breakdown of startup cost provided.
- Application process.
- Approximately \$2M available.
- 15-20 grants available each cycle.



#### What are the benefits to the program?

- Pulls community and education together.
- Can create a program to supply needed workforce.
- Must have an advisory council, which consist of a mix of education and local community, medical professionals, that will offer their time, talents, and opportunities to the program.

#### What age range are the students allowed to join? Is it promoted in the lower grades?

- Ability to join in High School.
- Discussed as possible education path in Middle School, where strong programs are established.

#### Goals of Dept. of Career Orientation, HOSA, and Skills USA

- Provide students with sustainable career options that are local.
- Help break cycles of poverty.

#### Areas of Need

- Pushing this program and the opportunities out to the local level.
- Funding, in order to be able to provide more grants to start local programs.
- Directors priority: Make this program available in every school in the state.

#### Other notes:

- Currently have about 2,000 members and usually have about 700 attend annual conference in Hot Springs.
- Coding/Billing is an option for the education path, this includes business office management duties.
- 2 Prerequisites
  - A&P
  - Foundations of Healthcare- course focus is all health professions overview, licensure requirements, hygiene, conduct, etc.



Pathways

Human Services

Health and Human Services Academy	School and Community	Mentoring Program	Internships	HHS Community Connections:	Baxter Regional Medical Center	States Attorney's Office	MH Police Department	Arkansas State Attorney's Office	Veterinary Clinics	Vision Clinics	Pharmacies	Law Offices	Physical Therapy	Schools	Pre-schools	Day Care	Elementary	Game and Fish	MOUNTAIN HOME	Blood Drive	Donors	
	<u>Mission Statement</u>	HHS Academy exists to serve the students interested in the fields of health and human services. Through attention	to the intellectual, physical, emotional and social needs of our students, HHS	Academy provides challenges and	achieve his or her goals.		Health and Human	Services Academy	Designated	"MODEL ACADEMY"		National Career Academy Coalition	May 2008	Þ						HHS Academy Representatives		
	Health and Human Services	Academy <u>Programs of Study</u>	Animal Systems — Agricultural Science/ Animal Science	Early Childhood Development and Services	Education and Training Family and Community Services	National Security—NJROTC	Therapeutic Services—Medical Professions	Education						Concurrent Credit Anatomy Class	:	<u>Concurrent Creatt</u> Arbanese Stata Hniversity		College English I and II	AP English	Anatomy and Physiology I and II	Articulated Credit for Medical Terminology German II and III	



## **Medical Professions**

Northeast Arkansas Career and Technical Center » Programs & Certifications » Medical Professions



#### What's up doc?

The Medical Professions course in the Health Science Technology program at the Career & Tech Center is a health career program of study in a project based learning environment. Medical Professions is generally regarded as an introductory course for the Medical Procedures - CNA course of study, recommended for students in their second year of study in Health Science.

The entire Health Science Technology program was renovated and expanded with new classrooms, a new medical lab housed in the medical commons area complete with new medical lab equipment and supplies.

Health Science Technology introduces students to health care careers through guest speakers who work in jobs as nurses, EMT's, paramedics, dental assistants, radiologists, home health aides, and both marketing and human resource managers in the medical industry.

Students are encouraged to continue their education and training in post secondary colleges. Students are encouraged to take this course in their sophomore or junior years and continue the following school year with our Medical Procedures Health Science Technology course, which offers CNA (Certified Nursing Assistant) certification once the CNA test is completed. Once the two-year course path is completed, students are poised to enter the medical job market with adequate training and job skills for immediate employment in healthcare.

Certifications offered: CPR, AED, First Aid (American Heart Association).





## **STAR (School Telemedicine in Arkansas)**

 First ever effort to bring telemedicine care to Arkansas' rural School Based Health Centers through a grant partnership between ADE & UAMS Center for Distance Health

## **STAR PROGRAMS**

- Behavioral Health
- HealthyNOW
- Oral Health

## **STAR BENEFITS**

- Increase student wellness
- Enhance access to specialty care
- Decrease travel time & transportation
- Decrease student absenteeism
- Increase student & family/caregiver engagement
- Provide individualized one-on-one care
- Expand knowledge to improve & maintain a healthy lifestyle
- Real time on-the-spot care

UAMS<sup>®</sup> Center for Distance Health





# ST R ONLINE go.uams.edu/star

#### **HealthyNOW!**

Quick 10 minute physical activity videos to get kids moving, relieve stress, and have fun!

- No Equipment? No problem!
- Mindful exercise for a busy day
- Field Day Activities with a Buddy
- Dance-Inspired Rhythmic Workout
- 12x12 workouts

## **Learning Modules**

Modules developed according to state curriculum frameworks to educate on common issues and increase emotional and mental well being.

- Bullying
- Sress Factor
- I Value Myself
- Healthy Relationships
- Suicide and Depression
- Fitness 101

JAMS Center fo

**Center for Distance Health** 

For more information on how to use these modules at school, contact **Tina Pilgreen (501) 526-7419 or kepilgreen@uams.edu** 

