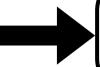


# RABIES Post-exposure Prophylaxis (PEP)



### Question

Does the Arkansas Department of Health (ADH) offer post-exposure prophylaxis for rabies at any local health unit or pay for the vaccine?



#### **Answer**

ADH <u>DOES NOT PAY</u> for or <u>provide</u>

<u>post-exposure</u> prophylaxis for rabies at any local health unit and <u>DOES NOT PAY</u> for the vaccine.

- ADH solely offers rabies consultations. It will be the individual's and their care provider's obligation to arrange and get the vaccine.
- Always administer post-exposure prophylaxis (PEP) if a patient was bitten or otherwise exposed to:
  - A rabies-positive animal
  - A rabies vector species that is unavailable for testing
- Consider PEP if a patient was bitten or otherwise exposed to a dog or cat that is unavailable for observation.
- Do not start PEP if the patient was bitten by a dog or cat that is healthy and can be observed for 10 days.
- Animals in Arkansas most likely to have rabies: skunks, bats, dogs, and cats.

#### **Steps for Vaccination**

#### **Never Vaccinated**

The patient has never received a complete regimen of either rabies pre- exposure prophylaxis (PrEP) or rabies PEP.

## Previously Vaccinated

The patient has received either rabies PEP for a previous exposure or rabies PrEP.\*

#### 1. Clean the wounds.

Thoroughly irrigate with soap and water or dilute water povidone-iodine solution.

Always.

Always.

2. Administer 20 international units per kilogram of human rabies immune globulin (HRIG). Thoroughly infiltrate the area in and around the wounds with a full dose of HRIG, if possible. Otherwise, inject the remaining volume intramuscularly in a site distant from the vaccine.

Yes.

No.

#### 3. Vaccinate.

Intramuscular vaccination in the deltoid or, for children, in the deltoid or anterolateral thigh.

Vaccination should **never** be given in the gluteal area.

**Yes** on days 0, 3, 7 and 14. Patients who are immunocompromised should receive an additional dose on day 28.

**Yes** on days 0 and 3 only.

#### **Important**

<u>DO</u> infiltrate all wounds with HRIG, unless the patient was previously vaccinated.

<u>DO</u> inject vaccine in deltoid or thigh (in children). Give tetanus booster, if appropriate.

<u>DO</u> report animal bites to local police, animal control and/or health department.

**DON'T** give HRIG to a previous recipient of PEP or PrEP.

**DON'T** inject vaccine at the same site as HRIG.

DON'T give more than recommended dose of HRIG.

**DON'T** inject vaccine in gluteal area.

**DON'T** give HRIG in the same syringe as vaccine.