



GUIDE TO BASIC X-RAY REQUIREMENTS

Arkansas State Board of Health - Rules and Regulations for Control of Sources of Ionizing Radiation

A) Required Documentation/Information to be maintained at each facility performing X-ray Procedures:

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| 1) Arkansas Rules and Regulations or internet access to the same | RH-2802.a.1. |
| 2) Arkansas License or certificate of registration | RH-2802.a.2. |
| 3) Operating Procedures | RH-2802.a.3. |
| 4) Notice to Employees, ADH FORM X | RH-2802.c. |

B) Operating Safety Procedures including holding of patients during X-ray Examinations:

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| 1) Safety procedures shall be provided to all operators of equipment | RH-1602.a.4. |
| 2) Safety procedures to be implemented when auxiliary support is needed | RH-1602.a.8.A.,B. |

C) Required for each X-ray Unit:

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| 1) Tube Rating Chart and Cooling Curves from manufacturer, Post near machine | RH-1602.a.12.D. |
| 2) Scale Room Drawing, maintain in the x-ray department | RH-1602.a.12.F. |
| 3) Technique Chart for Exams, posted near control panel | RH-1602.a.3. |
| 4) Patient Log, paper copy or electronic is acceptable | RH-1602.a.13. |

D) Posting of Area:

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| 1) "Caution Radiation Area" | RH-1303.b. |
| 2) "High Radiation Area" where 100 mR/hr is possible | RH-1303.c.1.
RH-1100. |

E) X-ray System Requirements:

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| 1) X-ray Control shall provide visual indicator | RH-1604.b.2.C. |
| 2) Multiple Tube Control must have visual indicator | RH-1602.b.6. |
| 3) Warning Label is to be placed on Control Panel | RH-1602.b.1. |

F) Personnel Exposure Monitoring required for anyone likely to receive 10% of annual limit of 5 rem:

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| 1) Employees/Operators | RH-1302.a.1. |
| 2) Minors and Pregnant workers | RH-1206., 1207.
RH-1302.a.2.,3. |
| 3) Annual Notification pursuant to Regulation | RH-2804.a.,b. |

G) Shielding/Protective Requirements:

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| 1) Gonadal Shielding required for patients unless interferes with area imaged | RH-1602.a.6. |
| 2) Lead Apron for whole body protection | RH-1602.a.5.B.,C. |
| 3) Protective Barrier, operator protection, holding of film or patient | RH-1602.a.5.C,8.B. |

SPECIFIC TO DENTAL FACILITIES

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| A) Diameter of useful beam | RH-1606.b.1. |
| B) Length of cone or spacer, 18 cm above 50 kVp | RH-1606.a. |
| C) Exposure Control | RH-1606.c.,d.,e. |
| D) Radiation Protection | |
| Protective Barrier | RH-1606.e.3.A. |
| Operator | RH-1602.a.2. |
| Holding of Tube Head | RH-1606.i.2. |
| Holding of film, image receptor or patient | RH-1602.a.8.B. |

SPECIFIC TO VETERINARY FACILITIES

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| A) Radiation Protection | |
| Operator should stand out of useful beam by at least 9 feet | RH-1609.c.2. |
| Holding of Film or Animal | RH-1609.c.3. |

No individual should be required to hold animals or film during exposures. If this is absolutely necessary, however, lead aprons and gloves shall be utilized, and these individuals shall have individual personnel monitoring.