

Arkansas Pregnancy Risk Assessment Monitoring System (PRAMS) Survey

2013 Surveillance Report

A Survey to Improve the Health of Babies and Mothers in Arkansas



**Arkansas Department of Health
Survey Unit, Health Statistics Branch
Center for Public Health Practice**

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Table of Contents

	Page
List of Tables by General Topic	i
Introduction	1
Maternal Demographics	2

BEFORE PREGNANCY

Preconception Health and Insurance

Table 1. Pre-pregnancy BMI	3
Table 2. Birth History	3
Table 3. Preconception Health	4
Table 4. Health Insurance before Pregnancy	4
Table 5. Multivitamin, Prenatal Vitamin, Folic Acid Use	5
Table 6. Advice on Pre-pregnancy Health	5
Table 7. Pre-pregnancy Health Conditions	5

Pregnancy Intention

Table 8. Feelings about Becoming Pregnancy	6
Table 9. Desire for Later Pregnancy	6
Table 10. Trying to Get Pregnant	6
Table 11. Trying to Keep from Getting Pregnant	7
Table 12. Reasons for Not Using Contraceptives to Prevent Pregnancy	7

DURING PREGNANCY

Prenatal Care

Table 13. Adequate Prenatal Care	7
Table 14. Source of Prenatal Care	8
Table 15. Health Insurance for Prenatal Care	8
Table 16. Health Care Worker Advice During Prenatal Visits	9
Table 17. HIV Testing During Pregnancy or Delivery	9
Table 18. Knowledge of Folic Acid in Preventing Birth Defects	9
Table 19. Flu Shots – Offered Shot by Health Care Worker	10
Table 20. Received Flu Shot 12 Months before Delivery	10
Table 21. Knowledge of Importance of Oral Health Care	10
Table 22. Women Who Took Child Birth Classes	11
Table 23. Home Visitor Help with New Baby	11
Table 24. Breastfeeding Information from WIC	11
Table 25. Gestational Diabetes	12

Pregnancy and Smoking

Table 26. Smoking Before, During, and After Pregnancy	12
Table 27. Women Who Quit Smoking Last Three Months and Resumed	13

Table 28. Drinking Before and During Pregnancy	13
--	----

Sources of Stress and Abuse

Table 29. Sources of Stress 12 Months Before Baby Born	14
--	----

Table 30. Prevalence and Source of Abuse 12 Months Before and During Pregnancy	14
---	----

Table 31. Weight Gain During Pregnancy	15
--	----

AFTER PREGNANCY

Infant Hospital Stay

Table 32. Infant Put in NICU After Birth	15
--	----

Table 33. Length of Infant Stay in Hospital After Delivery	15
--	----

Breastfeeding

Table 34. Mothers Who Ever Breastfed and Mothers Still Breastfeeding	16
--	----

Table 35. Hospital Breastfeeding Practices and Experiences.....	16
---	----

Infant Sleep Position

Table 36. Advice from Health Care Worker on Infant Sleep Position	17
---	----

Table 37. Infant Sleep Position.....	17
--------------------------------------	----

Well-Baby Care and Source of Care for Sick Infants

Table 38. Percentage of Infants Who Had Well-Baby Checkup and Source of Checkup	17
--	----

Table 39. Source of Care for Sick Baby	18
--	----

Table 40. Percentage of Mothers Receiving Infant Care Assistance from Home Visitor.....	18
--	----

Postpartum Contraceptive Use

Table 41. Percentage of Women Doing Something to Prevent Pregnancy and Reasons for Not Using Contraceptives.....	18
---	----

Table 42. Type of Postpartum Contraceptives Used.....	19
---	----

Mothers' Postpartum Health

Table 43. Percentage of Mothers Who Have Had Postpartum Checkup	19
---	----

Table 44. Postpartum Depression	19
---------------------------------------	----

Table 45. Percentage of Mother with Little Interest or Pleasure Since New Baby Born.....	20
---	----

Table 46. Source of Insurance at Time of Survey.....	20
--	----

OTHER EXPERIENCES

Table 47. Percentage of Mothers Who Had Miscarriage 12 Months Before Pregnancy	21
Table 48. Percentage of Mothers Who Tried to Get Pregnant Three Months Before Last Pregnancy.....	21
Table 49. Mothers' Feeling About Last Pregnancy	22
Table 50. Things that Happened Related to Breastfeeding Before Last Pregnancy	22
Table 51. Things that Make it Hard to Quit Smoking.....	23
Table 52. Mother's Emotional State During Pregnancy.....	23
Table 53. Abusive Things that Happened During Pregnancy.....	23
Table 54. Dental Care	24
Table 55. Reasons for Feeling Being Treated Unfairly During Pregnancy.....	24
Table 56. Yearly Household Income 12 Months Before New Baby Born	24

Introduction

The Arkansas Pregnancy Risk Assessment Monitoring System (PRAMS) survey is a joint research project between the Health Statistics Branch of the Arkansas Department of Health and the U.S. Centers for Disease Control and Prevention (CDC). The PRAMS survey was started by the CDC in 1987 to provide states with information needed to reduce the number and percentage of babies that are low birthweight and to prevent infant mortality. The program was later expanded to support the CDC's Safe Motherhood Initiative to help women have healthy pregnancies and deliver healthy babies. Arkansas has been conducting the survey since 1997.

The PRAMS survey collects information from new mothers about their experiences and behaviors before, during, and after their pregnancy that might affect the health of their baby or the health of the mother. Because the same data collection methods are used in all states conducting the survey, Arkansas data can be compared to data from other states.

Women who receive the survey are chosen from a sample of all Arkansas women who recently had a live birth in Arkansas and whose infant is 2 to 6 months at the time of the sample is selected. The sample is adjusted so that the results of the survey are applicable to all eligible women. Arkansas sends surveys to about 1,800 women a year.

PRAMS can be used in a number of ways:

- To develop programs or interventions to improve infant health
- To identify groups of women at high risk for infant health problems
- To monitor changes in factors related to infant health
- To measure progress towards goals in improving the health of infants

This surveillance report provides results for questions included in the 2013 Arkansas PRAMS survey. Questions on the survey were grouped to capture information on experiences and behaviors before, during, and after pregnancy and other experiences. A more detailed analysis (e.g., race/ethnicity, age, education, etc.) for any of the questions is available upon request. A copy of the 2013 (Phase 7) survey with the questions referenced in the report is available at <http://www.healthy.arkansas.gov/programsServices/healthStatistics/PRAMS/Pages/Questionnaires.aspx>.

For more information about Arkansas PRAMS please visit

<http://www.healthy.arkansas.gov/programsServices/healthStatistics/PRAMS/Pages/default.aspx>.

Information about CDC PRAMS is available at www.cdc.gov/prams.

Maternal Characteristics of Arkansas PRAMS Respondents, 2013

Characteristic	Sample Size (n) ⁱ	Weighted Sample	Weighted Percent ⁱⁱ	SE*
Race/Ethnicity				
White, NH	591	23,416	66.7	2.3
Black, NH	348	7,059	20.1	1.9
Other, NH	22	639	1.8	0.6
Hispanic	80	4,007	11.4	1.7
Total	1,041	35,122	100.0	
Age				
<20	131	2,947	8.4	1.3
20-24	341	10,708	30.5	2.3
25-34	480	18,619	53.0	2.5
35+	89	2,848	8.1	1.3
Total	1,041	35,122	100.0	
Education				
<High School	195	5,934	17.0	1.9
High School	482	14,336	41.1	2.5
>High School	349	14,600	41.9	2.4
Total	1,026	34,871	100.0	
Marital Status				
Married	461	18,542	52.8	2.5
Unmarried	578	16,556	47.2	2.5
Total	1,039	35,098	100.0	
On Medicaid**				
Yes	673	20,778	59.8	2.4
No	341	13,980	40.2	2.4
Total	1,014	34,757	100.0	
Received WIC During Pregnancy				
No	304	12,771	36.8	2.4
Yes	720	21,940	63.2	2.4
Total	1,024	34,711	100.0	

*Standard error

**Prenatal care paid for by Medicaid or ARKids First.

RESULTS FROM 2013 ARKANSAS PRAMS SURVEY

BEFORE PREGNANCY

Table 1. Body Mass Index (BMI) prior to pregnancy. Derived from survey questions 1-2 about height and weight just before getting pregnant

Pre-pregnancy BMI	Responses (n)	Weighted Percent	95% CI ⁱⁱⁱ	
Underweight (< 18.5)	66	6.2	3.8	8.6
Normal (18.5-24.9)	395	41.0	36.1	46.0
Overweight (25.0-29.9)	218	23.7	19.4	27.9
Obese (30.0 +)	293	29.1	24.5	33.7
Total	972	100.0		

Table 2. Birth history from survey questions 4-6. Prevalence of previous low birth weight and preterm infants among women who have had previous births.

Birth History	Responses (n)	Weighted Percent	95% CI	
Previous live birth				
No	427	39.4	34.6	44.1
Yes	591	60.6	55.9	65.4
Total	1,018	100.0		
Previous low birth weight infant				
No	445	84.2	79.6	88.8
Yes	132	15.8	11.2	20.4
Total	577	100.0		
Previous preterm birth				
No	451	82.5	77.7	87.4
Yes	126	17.5	12.6	22.3
Total	577	100.0		

Table 3. From survey question 7. Prevalence of behaviors during 12 months before getting pregnant with new baby (Preconception health). All applicable responses checked.

Behaviors during 12 months before pregnancy	Responses (n)	Weighted Percent	95% CI	
Dieting to lose weight	272	28.4	24.0	32.8
Exercising 3 or days per week	366	39.5	34.7	44.4
Taking prescription medications other than birth control	201	17.7	14.0	21.4
Visited health care worker and was checked for diabetes	182	15.7	12.1	19.3
Visited health care worker and was checked for high blood pressure	276	23.7	19.5	27.8
Visited health care worker and was checked for depression or anxiety	183	15.2	11.7	18.6
Talked to health care worker about family medical history	286	27.3	22.9	31.6
Had teeth cleaned by dentist or dental hygienist	463	46.0	41.1	50.8

Table 4. Survey question 8. Type of health insurance a month before getting pregnant with new baby. Mother checked all that were applicable.

Source of health insurance before pregnancy	Responses (n)	Weighted Percent	95% CI	
Insurance from job or job of husband, partner, or parents	368	40.8	36.0	45.5
Insurance purchased directly from insurance company	†28	3.4	1.6	5.1
Medicaid	221	14.3	11.0	17.6
ARKids First	82	5.5	3.3	7.7
Tricare or other military	19	2.5	1.0	4.0
Other	40	4.5	2.4	6.6
None	353	35.8	31.1	40.6

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 5. Survey question 9. Multivitamin, prenatal vitamin, or folic acid vitamin use during month before getting pregnant with new baby.

How often vitamins taken	Responses (n)	Weighted Percent	95% CI	
Didn't take any vitamins	666	59.0	54.2	63.8
1-3 times a week	83	9.9	6.9	12.8
4-6 times a week	40	3.7	1.9	5.6
Every day of the week	240	27.4	23.0	31.8
Total	1,029	100.0		

Table 6. Survey question 10. Advice from health care worker about how to improve health before pregnancy.

Talked to about improving health	Responses (n)	Weighted Percent	95% CI	
No	822	83.5	79.9	87.1
Yes	208	16.5	12.9	20.1
Total	1,030	100.0		

Table 7. Survey question 11. Before pregnancy, told had health conditions by health care worker.

Health Condition	Responses (n)	Weighted Percent	95% CI	
Type 1 or 2 diabetes				
No	959	96.1	94.3	98.0
Yes	41	3.9	2.0	5.7
Total	1,000	100.0		
High blood pressure or hypertension				
No	905	93.8	91.7	96.0
Yes	101	6.2	4.0	8.3
Total	1,006	100.0		
Depression				
No	876	87.8	84.6	90.9
Yes	128	12.2	9.1	15.4
Total	1,004	100.0		

Table 8. Survey question 12. Feelings about becoming pregnant prior to this pregnancy.

Pregnancy feelings	Responses (n)	Weighted Percent	95% CI	
Wanted Later	296	29.1	24.7	33.6
Wanted sooner	104	10.7	7.8	13.6
Wanted then	301	33.2	28.6	37.9
Wanted never	118	11.0	7.8	14.1
Not sure how felt	201	16.0	12.4	19.6
Total	1,020	100.0		

Table 9. From survey question 12. Among women who wanted a later pregnancy, how much later.

How much later	Responses (n)	Weighted Percent	95% CI	
Less than 1 year	†29	9.7	4.4	14.9
1 year to 2 years	87	34.3	25.6	42.9
2 years to 3 years	76	23.4	15.7	31.0
3 years to 5 years	77	23.6	15.7	31.4
More than 5 years	28	9.1	3.8	14.5
Total	297	100.0		

Table 10. From survey question 14. Percentage of women trying to get pregnant when became pregnant.

Trying to get pregnant	Responses (n)	Weighted Percent	95% CI	
No	666	61.3	56.5	66.1
Yes	364	38.7	33.9	43.5
Total	1,030	100.0		

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 11. From survey question 15. Percentage of women who were not trying to get pregnant (Table 10) and were doing something to keep from getting pregnant.

Trying to keep from getting pregnant	Responses (n)	Weighted Percent	95% CI	
No	379	56.8	50.5	63.0
Yes	275	43.2	37.0	49.5
Total	654	100.0		

Table 12. Survey question 16. For women not trying to get pregnant (Q. 14) and not using contraceptives (Q. 15), reasons for not doing anything to keep from getting pregnant. All applicable reasons checked.

Reason for not doing anything	Responses (n)	Weighted Percent	95% CI	
Didn't mind	129	32.5	24.9	40.1
Thought could not get pregnant at that time	108	22.0	15.3	28.6
Had side effects from birth control	40	7.0	2.9	11.0
Problems getting birth control when needed	†20	6.2	2.2	10.1
Thought could not get pregnant at all	38	9.0	4.2	13.8
Husband/partner did not want to use anything	93	26.3	18.9	33.7
Forgot to use birth control	35	6.6	2.6	10.5
Other reason	52	13.2	7.6	18.8

DURING PREGNANCY

Table 13. Derived from survey question 17. Prevalence of prenatal care in the first trimester.

Received prenatal care in 1st trimester	Responses (n)	Weighted Percent	95% CI	
Yes	737	73.7	69.3	78.0
No	234	25.7	21.4	30.1
No PNC	†20	0.6	0.1	1.1
Total	991	100.0		

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 14. Survey question 18. Where woman went most of the time for prenatal care visits.

Source of prenatal care	Responses (n)	Weighted Percent	95% CI	
Hospital clinic	218	31.6	26.9	36.4
Health Department clinic	87	5.4	3.2	7.6
Private doctor's office	571	52.4	47.4	57.4
Community health center	69	6.9	4.3	9.4
Midwife	†8	1.2	0.1	2.3
Other	†25	2.4	1.0	3.9
Total	978	100.0		

Table 15. Survey question 19. Type of health insurance used for prenatal care during most recent pregnancy. All applicable choices selected.

Type of insurance used	Responses (n)	Weighted Percent	95% CI	
Insurance from job or job of husband, partner, or parents partner, or parents	318	37.3	32.6	42.0
Insurance purchased directly from insurance company	†23	2.7	1.1	4.4
Medicaid	634	56.3	51.5	61.2
ARKids	65	5.3	3.1	7.5
Tricare or other military	†19	2.7	1.1	4.3
Other	†21	2.6	1.0	4.1
None	47	5.1	2.9	7.3

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 16. Survey question 20. Topics of discussion with health care worker during prenatal visits (%Yes). All applicable choices selected.

Topic of discussion	Responses (n)	Weighted Percent	95% CI	
Weight gain during pregnancy	707	70.1	65.6	74.6
How smoking can affect baby	743	68.4	63.8	73.0
Breastfeeding my baby	807	77.7	73.6	81.8
How drinking can affect baby	708	65.2	60.4	69.9
Using seat belt during pregnancy	457	43.1	38.2	48.0
Safe medicines during pregnancy	894	90.6	87.7	93.4
The effect of illegal drugs on baby	648	58.0	53.1	62.9
Screening for birth defects or diseases	772	78.0	73.9	82.2
Signs and symptoms of preterm labor	725	74.2	69.9	78.5
Getting tested for HIV	618	59.9	55.0	64.7
What to do about depression before and after pregnancy	602	59.3	54.5	64.2
Physical abuse by husband or partner	360	32.0	27.3	36.6

Table 17. Survey question 21. Test for HIV during most recent pregnancy or delivery.

Tested for HIV	Responses (n)	Weighted Percent	95% CI	
No	227	34.3	28.9	39.7
Yes	538	65.7	60.3	71.1
Total	765	100.0		

Table 18. Survey question 22. Ever heard or read that taking folic acid can prevent birth defects.

Heard or read about folic acid	Responses (n)	Weighted Percent	95% CI	
No	291	25.3	21.0	29.6
Yes	731	74.7	70.4	79.0
Total	1,022	100.0		

Table 19. Survey question 23. Health care worker offered or told to get flu shot 12 months before delivery of new baby.

Offered or told to get flu shot	Responses (n)	Weighted Percent	95% CI	
No	264	22.5	18.4	26.5
Yes	759	77.5	73.5	81.6
Total	1,023	100.0		

Table 20. Survey Question 24. Received flu shot 12 months before delivery of new baby.

Got flu shot	Responses (n)	Weighted Percent	95% CI	
No	515	46.5	41.6	51.4
Yes, before pregnancy	124	9.9	7.1	12.7
Yes, during pregnancy	374	43.6	38.7	48.5
Total	1,013	100.0		

Table 21. Survey question 26. Knowledge of care of teeth during most recent pregnancy (%Yes). All applicable responses checked.

Care of teeth	Responses (n)	Weighted Percent	95% CI	
Knew it was important to care for teeth and gums	883	87.4	84.2	90.6
Health care worker talked to me about care of teeth and gums	397	35.6	31.0	40.3
Had teeth cleaned by dentist or dental hygienist	396	38.4	33.6	43.1
Had dental insurance	562	54.3	49.4	59.2
Needed to see dentist for problem	282	25.6	21.3	30.0
Went to see dentist for problem	163	15.0	11.5	18.5

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 22. Survey question 27. Percentage of women who take a class to prepare for childbirth, labor, and delivery.

Took class	Responses (n)	Weighted Percent	95% CI	
No	894	84.6	81.1	88.1
Yes	132	15.4	11.9	18.9
Total	1,026	100.0		

Table 23. Survey question 28. Percentage of women who had a home visitor to help prepare for new baby.

Help from home visitor	Responses (n)	Weighted Percent	95% CI	
No	905	91.9	89.3	94.5
Yes	120	8.1	5.5	10.7
Total	1,025	100.0		

Table 24. Survey question 30. Women on WIC who received breastfeeding information during WIC visits.

Received breastfeeding information	Responses (n)	Weighted Percent	95% CI	
No	†19	1.8	0.3	3.3
Yes	693	98.2	96.7	99.7
Total	712	100.0		

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 25. Survey question 31. Told had gestational diabetes during most recent pregnancy.

Told had gestational diabetes	Responses (n)	Weighted Percent	95% CI	
No	916	90.1	87.1	93.1
Yes	100	9.9	6.9	12.9
Total	1,016	100.0		

Table 26. Derived from survey questions 32-35. Prevalence of smoking before, during, and after pregnancy. (Smoking questions asked of women who had smoked any cigarettes in the past two years.)

Smoked 3 months before pregnancy	Responses (n)	Weighted Percent	95% CI	
No	708	68.5	63.9	73.1
Yes	316	31.5	26.9	36.1
Total	1,024	100.0		

Smoked last 3 months of pregnancy

No	835	83.4	79.7	87.0
Yes	187	16.6	13.0	20.3
Total	1,022	100.0		

Smoke now (at time of survey)

No	776	76.8	72.6	81.0
Yes	249	23.2	19.0	27.4
Total	1,025	100.0		

Table 27. Derived from survey questions 32-25. Women who quit smoking during last 3 months of pregnancy and resumed after delivery.

Quit smoking or not during last 3 months of pregnancy	Responses (n)	Weighted Percent	95% CI	
Quit in last three months	129	48.0	39.0	57.0
Did not quit in last three months	185	52.0	43.0	61.0
Total	314	100.0		

Smoking status after delivery for women who quit during last 3 months

Smoking resumed after delivery	64	45.7	32.4	59.0
Smoking not resumed after delivery	65	54.3	41.0	67.6
Total	129	100.0		

Table 28. Derived from survey questions 36-38. Prevalence of drinking before and during pregnancy. (Drinking questions asked of women who had any alcoholic drinks in the past two years.)

Drinking and pregnancy	Responses (n)	Weighted Percent	95% CI	
Drank 3 months before pregnancy				
No	565	50.0	45.1	54.9
Yes	456	50.0	45.1	54.9
Total	1,021	100.0		
Drank last 3 months of pregnancy				
No	979	94.3	91.9	96.6
Yes	44	5.7	3.4	8.1
Total	1,023	100.0		

Table 29. Survey question 39. Sources of stress 12 months before baby was born (% Yes for all applicable sources).

Source of stress	Responses (n)	Weighted Percent	95% CI	
Close family member ill and in hospital	278	25.0	20.8	29.2
Got separated or divorced	116	10.9	7.8	14.0
Moved to new address	399	42.1	37.2	47.0
Homeless	30	3.1	1.4	4.9
Husband or partner lost job	129	13.3	10.0	16.7
Woman lost job and wanted to work	110	11.4	8.1	14.6
Woman, husband, or partner had cut in pay or work hours	181	20.9	16.8	24.9
Apart from husband or partner due to work or military deployment	58	6.2	3.8	8.5
Argued with husband or partner more than usual	356	32.7	28.1	37.4
Husband or partner didn't want pregnancy	92	10.5	7.4	13.6
Had problems paying bills	266	29.6	25.1	34.1
Husband, partner, or woman went to jail	79	7.1	4.6	9.7
Close person had drinking or drug problem	162	15.0	11.5	18.6
Someone close died	259	22.6	18.5	26.7

Table 30. Survey questions 40-43. Prevalence and source of abuse 12 months before pregnancy and during pregnancy.

Source of abuse	Responses (n)	Weighted Percent	95% CI	
<u>12 months before pregnancy</u>				
Abused by husband or partner	54	5.2	3.0	7.4
Abused by someone else	30	2.9	1.2	4.5
<u>During most recent pregnancy</u>				
Abused by husband or partner	44	4.6	2.5	6.7
Abused by someone else	†24	1.8	0.5	3.1

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 31. Derived from survey question 45. Weight gain during pregnancy.

Weight gain	Responses (n)	Weighted Percent	95% CI	
Gained weight	898	97.0	95.3	98.6
Lost weight	33	2.5	0.9	4.0
Weight did not change	†14	0.6	0.0	1.2
Total	945	100.0		

AFTER PREGNANCY

Table 32. Survey question 46. Percentage of infants put in neonatal intensive care unit (NICU) after birth.

Infant put in NICU	Responses (n)	Weighted Percent	95% CI	
No	796	88.1	85.3	90.9
Yes	219	11.9	9.1	14.7
Total	1,015	100.0		

Table 33. Survey question 47. Length of infant stay in hospital after delivery.

Length of stay	Responses (n)	Weighted Percent	95% CI	
< 1 day	34	4.3	2.2	6.4
1-2 days	591	68.3	63.9	72.8
3-5 days	208	18.0	14.1	21.8
6-14 days	62	4.1	2.3	5.8
More than 14 days	106	3.6	2.4	4.8
Infant not born in hospital	†10	1.6	0.3	3.0
Infant still in hospital	†4	0.1	0.0	0.2
Total	1,015	100.0		

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 34. Survey questions 50 and 51. Percentage of mothers who ever breastfed or pumped breast milk and those still breastfeeding.

Ever breastfeed and still breastfeeding	Responses (n)	Weighted Percent	95% CI	
<u>Ever breastfeed or pump breast milk</u>				
No	342	27.7	23.3	32.1
Yes	652	72.3	67.9	76.7
Total	994	100.0		
<u>Mothers who ever breastfed and still breastfeeding or feeding pumped milk to baby (at time survey)</u>				
No	418	56.5	50.7	62.3
Yes	234	43.5	37.7	49.3
Total	652	100.0		

Table 35. Survey question 53. Things that happened at hospital where new baby was born. (Hospital breastfeeding practices)

Things that happened	Responses (n)	Weighted Percent	95% CI	
Given information about breastfeeding	583	93.4	90.5	96.4
Baby stayed in same room	481	86.8	83.2	90.4
Hospital staff helped with breastfeeding	453	72.2	66.8	77.5
Breastfed first hour after delivery	329	61.5	55.8	67.2
Breastfed baby in hospital	497	89.1	85.6	92.6
Baby fed only breast milk at hospital	310	61.7	56.0	67.5
Told to breastfeed on demand	448	81.4	77.1	85.7
Hospital gave me breast pump	236	25.0	20.0	29.9
Hospital gave me gift pack with formula	447	64.8	59.2	70.5
Hospital gave telephone number to call for help with breastfeeding	456	81.8	77.3	86.2
Hospital staff gave baby a pacifier	484	67.6	62.0	73.1

Table 36. Survey question 54. Advice from health care worker on how to lay new infant down to sleep.

Received advice on infant sleep position	Responses (n)	Weighted Percent	95% CI	
No	163	19.5	15.5	23.5
Yes	828	80.5	76.5	84.5
Total	991	100.0		

Table 37. Survey question 55. One position most often used to lay baby down to sleep.

Sleep position most often used	Responses (n)	Weighted Percent	95% CI	
Side	208	19.7	15.7	23.6
Back	618	67.2	62.6	71.8
Stomach	152	11.4	8.3	14.4
Other	†12	1.8	0.5	3.1
Total	990	100.0		

Table 38. Survey questions 56 and 57. Well baby care and all sources of care for sick infant.

Well-baby checkup and source of checkup	Responses (n)	Weighted Percent	95% CI	
<u>Infant had well-baby checkup</u>				
No	†24	1.8	0.5	3.1
Yes	963	98.2	96.9	99.5
Total	987	100.0		
<u>Source of well-baby checkup</u>				
Hospital clinic	165	23.8	19.4	28.2
Private doctor's office	647	62.8	57.8	67.7
Community health clinic	111	11.7	8.4	15.0
Other	†22	1.7	0.4	3.0

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 39. Survey question 59. Where new baby taken when sick and needed care. All applicable sources checked.

Source of care for sick baby	Responses (n)	Weighted Percent	95% CI	
Hospital clinic	126	26.5	20.5	32.6
Hospital emergency room	173	26.3	20.4	32.2
Private doctor's office	356	56.0	49.3	62.7
Community health clinic	47	6.8	3.5	10.2
Other	†21	3.4	0.9	5.9

Table 40. Survey question 60. Assistance from home visitor to take care of self and new baby.

Mother had assistance	Responses (n)	Weighted Percent	95% CI	
No	810	88.0	85.0	91.1
Yes	190	12.0	8.9	15.0
Total	1,000	100.0		

Table 41. Survey questions 61 and 62. Mother and husband or partner doing something now to keep from getting pregnant (Q. 61). Reasons for not doing something to keep from getting pregnant for women who answered "No (Q. 62)." % Yes for all applicable reasons checked.

Doing something to prevent pregnancy	Responses (n)	Weighted Percent	95% CI	
No	191	17.1	13.4	20.8
Yes	824	82.9	79.2	86.6
Total	1,015	100.0		

Reasons for not doing something to prevent pregnancy

Not having sex	44	22.5	12.8	32.1
Want to get pregnant	†23	7.5	2.3	12.7
Don't want to use birth control	55	28.0	17.9	38.2
Worried about side effects	53	28.3	18.0	38.7
Husband/partner doesn't want to	34	15.8	7.4	24.3
Problems getting birth control	†21	6.8	1.3	12.2
Had tubes tied or blocked	34	21.7	11.9	31.4
Pregnant now	†13	7.0	0.8	13.2
Other	32	16.7	8.4	25.0

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 42. Survey question 63. Type of birth control being used now (postpartum) by woman, husband, partner.

Postpartum birth control used	Responses (n)	Weighted Percent	95% CI	
Tubes tied or blocked	123	11.9	8.4	15.3
Vasectomy	†17	3.2	1.3	5.0
Birth control pill	212	25.9	21.2	30.6
Condoms	278	30.5	25.6	35.5
Injection (Depo-Provera)	144	11.0	7.7	14.3
Contraceptive implant	†21	2.7	0.8	4.5
Contraceptive patch or vaginal ring	†23	2.9	1.1	4.7
IUD	78	11.3	7.8	14.8
Natural family planning, inc. rhythm	†23	3.5	1.5	5.6
Withdrawal	136	16.8	12.8	20.9
Not having sex (abstinence)	93	13.8	10.0	17.6

Table 43. Survey question 64. Percentage of women who have had a postpartum checkup since new baby was born.

Had postpartum checkup	Responses (n)	Weighted Percent	95% CI	
No	172	15.1	11.6	18.7
Yes	850	84.9	81.3	88.4
Total	1,022	100.0		

Table 44. Survey question 65. Since new baby was born, how often mother felt down, depressed, or hopeless.

How often felt down, depressed, hopeless	Responses (n)	Weighted Percent	95% CI	
Always	46	2.8	1.2	4.3
Often	131	12.2	9.0	15.4
Sometimes	262	24.4	20.2	28.6
Rarely	272	28.6	24.2	33.0
Never	310	32.1	27.4	36.7
Total	1,021	100.0		

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 45. Survey question 66. Since new baby born, how often mother had little interest or pleasure in doing things.

How often had little interest or pleasure	Responses (n)	Weighted Percent	95% CI	
Always	48	3.3	1.6	5.0
Often	108	9.1	6.3	11.8
Sometimes	261	21.4	17.4	25.4
Rarely	313	32.9	28.3	37.5
Never	289	33.3	28.7	38.0
Total	1,019	100.0		

Table 46. Survey question 67. What kind of insurance mother has now (at time of survey). All applicable types checked.

Type of insurance	Responses (n)	Weighted Percent	95% CI	
Insurance from job, job of husband, partner, or parents	342	38.8	34.1	43.6
Insurance purchased directly from insurance company	40	3.9	2.0	5.7
Medicaid	274	20.6	16.7	24.5
ARKids First	58	5.3	3.1	7.4
Tricare or other military	†17	2.7	1.1	4.2
Other	40	2.7	1.2	4.3
None	326	32.2	27.6	36.9

†Results with less than 30 responses may not be reliable and should be used with caution.

OTHER EXPERIENCES

Table 47. Survey questions 68 and 69. Miscarriage, fetal death, or stillbirth during 12 months before getting pregnant with new baby (Q. 68). Length of pregnancy before miscarriage, fetal death, or stillbirth (Q. 69).

Miscarriage 12 months before new pregnancy	Responses (n)	Weighted Percent	95% CI	
No	906	90.0	87.2	92.9
Yes	117	10.0	7.1	12.8
Total	1,023	100.0		

For mothers who had miscarriage, how long pregnancy lasted

Less than 20 weeks (4 months)	85	85.6	75.2	95.9
20-28 weeks (4-6 months)	†19	10.4	1.9	18.9
More than 28 weeks (6 months)	†5	4.0	0.0	10.4
Total	109	100.0		

Table 48. Survey question 70. Trying to get pregnant three months before got pregnant.

If trying to get pregnant	Responses (n)	Weighted Percent	95% CI	
Trying to get pregnant	351	38.3	33.5	43.1
Trying not to get pregnant, but not trying hard	527	51.2	46.3	56.2
Trying hard not to get pregnant	135	10.4	7.5	13.4
Total	1,013	100.0		

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 49. Survey question 71. How mother felt when found out pregnant with new baby.

How felt about pregnancy	Responses (n)	Weighted Percent	95% CI	
Very unhappy	53	5.0	2.8	7.3
Unhappy	63	7.1	4.4	9.8
Not sure	276	21.2	17.3	25.2
Happy	225	21.6	17.6	25.6
Very happy	395	45.0	40.1	49.9
Total	1,012	100.0		

Table 50. Survey question 72. Things that happened related to breastfeeding before new baby born (% Yes). All applicable choices checked.

Things that happened	Responses (n)	Weighted Percent	95% CI	
Questions about breastfeeding answered	547	55.3	50.4	60.1
Was offered class on breastfeeding	358	41.5	36.7	46.4
Attended class on breastfeeding	76	10.3	7.3	13.2
Decided to feed only breastmilk to baby	414	48.7	43.9	53.6
Discussed feeding only breast milk with family	382	43.5	38.7	48.4
Discussed feeding only breast milk with health care worker	310	33.2	28.6	37.8
Planned to breastfeed first hour after giving birth	456	52.3	47.4	57.2

Table 51. Survey question 73. Things that make it hard to quit smoking (%Yes). (Responses from women who smoked three months before getting pregnant.)

Things that make it hard to quit	Responses (n)	Weighted Percent	95% CI	
Cost of medicines to help quit	122	44.9	35.7	54.1
Cost of classes to help quit	93	37.0	27.9	46.1
Fear of gaining weight	115	41.0	31.9	50.2
Loss of way to handle stress	203	69.0	60.5	77.5
Other people around me smoking	211	71.4	63.2	79.5
Cravings for cigarette	237	76.9	69.2	84.6
Lack of support from others to quit	87	32.4	23.6	41.2
Worsening depression	114	31.6	23.0	40.1
Worsening anxiety	143	44.3	35.2	53.4
Some other reason	†28	12.4	5.4	19.4

Table 52. Survey question 74. Emotional state during pregnancy.

Emotional state	Responses (n)	Weighted Percent	95% CI	
Happiest time	283	30.4	25.9	35.0
Happy time with few problems	417	41.4	36.6	46.3
Moderately hard time	172	15.4	11.8	18.9
Very hard time	103	10.3	7.3	13.4
Worst time of life	35	2.5	1.0	4.0
Total	1,010	100.0		

Table 53. Survey question 75. Things that happened during pregnancy (% Yes).
All applicable choices checked.

Things that happened	Responses (n)	Weighted Percent	95% CI	
Threatened by husband or partner	67	7.7	5.1	10.4
Frightened due to threats or anger of husband or partner	44	5.4	3.1	7.6
Husband or partner tried to control activities	95	7.9	5.3	10.6
Forced to take part in sexual activity by husband or partner	†25	2.4	0.9	4.0

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 54. Survey questions 76 and 77. Dental care.

Dental care	Responses (n)	Weighted Percent	95% CI	
Ever had teeth cleaned by dentist or dental hygienist (Q. 76)				
No	136	13.8	10.3	17.3
Yes	882	86.2	82.7	89.7
Total	1,018	100.0		
How long since teeth cleaned (Q. 77). Responses from women who had ever had teeth cleaned.				
Within past year	392	42.9	37.7	48.1
1 to 2 years	167	18.4	14.4	22.5
2 to less than 5 years	195	23.9	19.4	28.4
5 or more years	133	14.8	11.0	18.6
Total	887	100.0		

Table 55. Survey question 78. Felt treated unfairly for various reasons (% Yes). All applicable responses checked.

Reason felt treated unfairly	Responses (n)	Weighted Percent	95% CI	
Race	58	3.6	1.8	5.4
Age	70	5.2	3.0	7.3
Language	†24	1.6	0.4	2.8
Citizenship	†19	1.1	0.2	2.1
Inability to pay	102	10.5	7.4	13.6
Don't know why	65	5.8	3.5	8.1
Other	41	3.2	1.5	5.0
Not treated unfairly	435	48.9	43.8	54.0

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 56. Survey questions 79 and 80. Yearly total household income 12 months before new baby born (Q. 79). Number of people depending on income (Q. 80)

Household income	Responses (n)	Weighted Percent	95% CI	
\$ 0 TO \$15,000	446	37.4	32.5	42.2
\$15,001 TO \$19,000	117	12.9	9.4	16.3
\$19,001 TO \$22,000	63	7.1	4.5	9.7
\$22,001 TO \$26,000	46	4.3	2.3	6.3
\$26,001 TO \$29,000	†25	2.8	1.1	4.6
\$29,001 TO \$37,000	59	5.6	3.4	7.8
\$37,001 TO \$44,000	53	6.3	3.9	8.8
\$44,001 TO \$52,000	38	4.9	2.7	7.0
\$52,001 TO \$56,000	†18	2.5	1.0	3.9
\$56,001 TO \$67,000	†25	2.8	1.2	4.3
\$67,001 TO \$79,000	†27	3.8	1.9	5.6
\$79,001 OR MORE	76	9.7	6.8	12.6
Total	993	100.0		

Number of people depending on income, including respondent.

0	†24	2.0	0.6	3.5
1	121	10.6	7.5	13.7
2	304	28.7	24.3	33.1
3	269	28.4	24.0	32.9
4	161	17.8	14.0	21.6
5	70	6.0	3.8	8.3
6	26	1.7	0.5	3.0
7	†16	3.1	1.3	5.0
8	†7	0.6	0.0	1.3
9	†2	0.5	0.0	1.3
10	†1	0.2	0.0	0.7
11	†1	0.0	0.0	0.0
12	†1	0.2	0.0	0.7
Total	1,003	100.0		

†Results with less than 30 responses may not be reliable and should be used with caution.

ⁱ Unadjusted or unweighted sample size. See introduction.

ⁱⁱ Percentage based on weighted or adjusted sample. See introduction

ⁱⁱⁱ Confidence Interval