# MASSAGE THERAPY TECHNICAL ADVISORY COMMITTEE Quarterly meeting Monday, June 19, 2023 5800 West Tenth Street, Room 906 Little Rock, AR 9:05 a.m.

#### MINUTES

Members present: Wendy Scott, presiding; Krista Moore; Leigh Ann Warriner; Julie Eckert; Glen Fleming; Virtually- Kristy Strothers

Call to order -Scott

#### Roll Call -

## Approval of minutes

motion to amend and approve -Eckert; second-Warriner, three changes made to previous minutes; approved with changes

# Continuing Education Applications

- 1. Desensitizing Myofascial Release- course needs to be reworked. Need to clearly define specifics on the post-surgical category. References are needed for the sources cited. Need to elaborate on lecture and demonstration parts of class.

  Motion to table to make changes by Warriner, second by Eckert. Motion to table passes.
- 2. TMJ Function and Dysfunction Needs a listing of factual references of works cited, more information on lecture materials/diagrams used, need outline of lectures.

Motion to table to make changes by Moore, second by Warriner. Motion to table passes.

- 3. PNF Stretches for the Neck and Arms Need information on references cited Motion to table by Warriner, second by Fleming Motion to table passes
- 4. All About the Shoulder Motion to table by Warriner, based on needing information on references cited, second by Moore.
  Motion to table passes

(Continuing Education continued)

- 5. All About the Hip- Needs information on references cited, for previous reasons cited in #2 Motion to table by Fleming, second by Moore Motion to table passes
- 6. Releasing Myofascial Holding Patterns Motion to table by Warriner for previous reasons cited in #2, second by Strother
  Motion to table passes
- 7. Massage Assistant Teacher Training Course motion by Moore to amend to add that a prerequisite be added for taking this course.

  Motion died for lack of second, motion did not pass.

  Alex Hooper requested additional time for Department of Health to review and send evaluation to the committee of this CE course. Course will be under review
- 8. Structure and Function of the Upper Extremity for the Massage Therapist Motion to approve by Warriner, second by Strother.
  Motion to approve passes.
  Comment made by Warriner that this application is a master example of how to submit an application for CE.
- 9. The Science of Natural Holistic Whole Person Health With Massage Treatments and Other Modalities Motion by Warriner to not approve, outside of scope of practice; second by Moore Motion to not approve passes
- 10. Sequential Orthopedic Release Techniques,
  Treatments For Common Complaints
  Applicant stated this class was resubmitted over a
  month ago for reconsideration, but it was not received
  by the office.
  This will be resent and considered at the next meeting.

## Legal Update

Chuck Thompson

At regular quarterly meeting of the Board of Health in April, ADH presented MTTAC's recommendation that a state exam be developed. All Board of Health members were in attendance. The recommendation died for lack of a motion.

Legal Update continued Chuck Thompson

All legislation without emergency clauses or a delayed effective date goes into effect August 1.

Act 167 - expands definition of 'master massage therapist' to those with Associated of Applied Science degree in Massage Therapy approved by a regional, accredited college or university.

Act 45 - ADH legislation (also a part of a recommendation from MTTAC ad hoc committee) - for apprentice and traditional school level of licensure - passed. It goes into effect January 1, so that everyone by January 1 will have to have those licenses. The law itself goes into effect August 1. As a courtesy, if individuals wanted to start submitting applications after August 1, can start issuing those permits. For school owners and apprenticeship programs, if student/apprentices want to send applications in, can start issuing them after August. For current classes, can wait until next class, so no one who is mid-stream trying to get license. Students do not have to have license until January 1.

Act 531- added massage therapists to the list of mandated reporters under the Child Maltreatment Act.

Julie Eckert - comments on Act 531 - mandated reporter only applies to child abuse, less than 18 years of age. Many massage therapists may not see people less than 18.

Explanation of Act 531 and reporting of maltreatment/abuse to Child Abuse Hot Line.

Massage therapists need to know about new law and have clear understanding of the new mandated reporter law. Now if a massage therapist abuses their position of power over victim, it falls under sexual assault, third degree, which covers mandated reporters.

Discussion of what a massage therapist is responsible to do. Need to look up 514-126 and look at law.

Hooper - department will update its Frequently Asked Questions on the website on the new law.

## Legal Update continued

Moore - Question on updating rules and regulations to reference the mandated reporter law.

Thompson - Law is in the mandated reporter section. It will be updated on the website. Massage therapists can look at new law on website. Not necessary to put it in the rules.

Eckert -In Arkansas, complaints against massage therapists have to be filed within 90 days. Would like the (short) 90-day window to be reviewed. Hooper - That is an administrative function of the department; the office will take a look at the 90 days and report back to the committee.

## Program Updates

Kelli Kersey

Still working out glitches in online processes.

## Public Comment

Kirby Clark - there is a new association for massage therapists - the American Massage Therapy Association, Arkansas Chapter. There is a newly elected board, and participation is encouraged.

Adjourned at 10:40 a.m.
Next meeting September 18, 2023