# **Arkansas State Board of Athletic Training**

Board Meeting Minutes March 13, 2023

### **Attendees**

Board Members: Ron Carroll, Terry DeWitt, Tim Atkinson, and Sherry Riggins

Attorney General's Office: Douglas House

Others Present: Jason Cates, Cheria McDonald (DOE), Becky Crenshaw and Johnathan Elrod

Board Staff: Russell Burns

## A. Call To Order

Ron Carroll (Chairman) called the meeting to order and announced the roll call of attendees at 9:03 a.m. CST.

## **B. Minutes**

The minutes of the September 12, 2022 board meeting were unanimously approved.

Motion to approve: Tim Atkinson

2<sup>nd</sup>: Sherry Riggins

Vote: 5-0

## C. Financial Report

Russell Burns presented the reports from September 2022 – February 2023 to the board. The February Cash/Investments Ending Balance of \$239,147.60 was noted. The reports were unanimously approved.

Motion to approve: Sherry Riggins

2<sup>nd</sup>: Terry DeWitt

Vote: 5-0

#### D. Licensure Report

Ron Carroll presented the Licensure Report from the agenda A motion was made to approve the Licensure Report.

Motion to approve: Tim Atkinson

2<sup>nd</sup>: Terry DeWitt

Vote: 5-0

# E. Athletic Trainers Administering Medications Discussion

A discussion was held concerning Arkansas athletic Trainers administering shots to athletes for emergency conditions. Cheria McDonald (State School Nurse Consultant – Department of Education) explained the following key points:

- 1. State Board of Nursing Rules Practice Guidelines and School Nurse Roles and Responsibilities Guidelines state that an employee of, or an individual contracted with, a school can for maintenance or emergency care administer medications if they have been trained. It is the nurses' responsibility to train and record the training (Including who received the training) in the individual healthcare plans at the school level.
- 2. Administration of healthcare maintenance doses for a child requires parental consent and condition-specific training. The nurse is responsible for the training and documentation of the training which is usually attached to the individualized healthcare plan of the student. The documentation varies because is controlled at the local level.

- 3. Substitute athletic trainers (Not employed in or contracted with a school district) are not allowed to train for or administer life-saving medications to school athletes.
- 4. Training for administering medications and assuming the role of caregiver is on a voluntary basis and cannot be mandated.

Douglas House (AG Office) explained the following points:

- 1. For children under the age of 18 in school, the laws follow the points made by Cheria McDonald.
- 2. Narcan has a general statute that allows almost anyone to administer this medication to an individual in narcotic distress.
- 3. For individuals 18 years of age and over you are dealing with adults and the "Good Samaritan" law applies which states, "When you are faced with an emergency situation, you do what a reasonable person would do."
- 4. For individuals aged 18 or older, you should get the individual's permission for healthcare administration and documentation of this should be maintained.

Cheria McDonald and Jason Cates agreed to prepare two statements. The first would be issued from the board office urging school athletic trainers to get with the school nurses to discuss the topics covered in today's meeting, and the second would be issued from the DOE urging school nurses to get with the athletic trainers to discuss the same points.

### F. Board Fund Reduction

Russell Burns (Director) explained to the Board that the state legislature had passed a bill (1322) requiring state boards and commissions to lower their funds to a 3-year average annual expense level, and the Board would be addressing this in the near future.

## G. Code of Arkansas Rules Project

Russell Burns (Director) explained that the Arkansas Bureau of Legislative Research had contacted the board office to work on codifying the board rules. This was part of a multiyear effort to bring all Arkansas legislation and rules of boards & commissions into a unified common format and structure.

### H. Additional Business

- 1. It was reiterated that the Board had on record an annual amount of \$10,000.00 for reimbursement to the Arkansas Athletic Trainers Association annual continuing education conference.
- 2. A motion was unanimously approved for Ron Caroll to be Board Chairman

Motion: Tim Atkinson 2<sup>nd</sup>: Terry DeWitt

Vote: 5-0

3. A motion was unanimously approved for Terry DeWitt to be Board Secretary.

Motion: Tim Atkinson 2<sup>nd</sup>: Sherry Riggins

Vote: 5-0

3. Douglas House (AG Office) pressed that the Board Director is statutorily obligated to notify the Governor's office if a member misses 3 consecutive meetings. Also, it was emphasized that two or more board members should not discuss board business outside of an official meeting upon penalty of a class C misdemeanor.

#### I. Adjournment

The meeting adjourned at 10:05 am CST. The next scheduled board meeting will be on Monday September 11, 2023 at 9:00 am CST.